

SUMMARY OF PRODUCT CHARACTERISTIC

1. Name of the Medicinal Product

TELADO

2. Qualitative and Quantitative Composition

Each film - coated tablet contains:

50 mg of Dolutegravir equivalent to 52.6 mg of Dolutegravir sodium

300 mg of Lamivudine USP

300 mg of Tenofovir disoproxil fumarate equivalent to 245 mg of Tenofovir disoproxil.

For Excipients see point 6.1

3. Pharmaceutical Form

Tablet

4. Clinical Particulars

4.1. Therapeutic indications

Dolutegravir 50mg + Lamivudine 300mg + Tenofovir disoproxil fumarate 300mg Tablet is indicated for the treatment of HIV infection in adults and adolescents over 12 years of age.

4.2. Posology and method of administration

For the treatment of HIV that is resistant to other medicines similar to Dolutegravir, Tenofovir Disoproxil Fumarate and Lamivudine Tablets 50mg/300mg/300mg, the usual dose of Dolutegravir, Tenofovir Disoproxil Fumarate and Lamivudine Tablets 50mg/300mg/300mg is one tablet, once a day. Swallow the tablet with some liquid. Dolutegravir, Tenofovir Disoproxil Fumarate and Lamivudine Tablets 50mg/300mg/300mg can be taken with or without food.

4.3. Contraindications

Hypersensitivity to the active substances or to any of the excipients. Co-administration with dofetilide

4.4. Special warnings and precautions for use

Dolutegravir

While effective viral suppression with antiretroviral therapy has been proven to substantially reduce the risk of sexual transmission, a residual risk cannot be excluded. Precautions to prevent transmission should be taken in accordance with national guidelines.

Integrase class resistance of particular concern

The decision to use dolutegravir in the presence of integrase class resistance should take into account that the activity of dolutegravir is considerably compromised for viral strains harbouring Q148+≥2 secondary mutations from G140A/C/S, E138A/K/T, L74I. To what extent dolutegravir provides added efficacy in the presence of such integrase class resistance is uncertain.

Hypersensitivity reactions

Hypersensitivity reactions have been reported with dolutegravir, and were characterized by rash, constitutional findings, and sometimes, organ dysfunction, including severe liver reactions. Dolutegravir and other suspect agents should be discontinued immediately if signs or symptoms of hypersensitivity reactions develop (including, but not limited to, severe rash or rash accompanied by raised liver enzymes, fever, general malaise, fatigue, muscle or joint aches, blisters, oral lesions, conjunctivitis, facial oedema, eosinophilia, angioedema). Clinical status including liver

aminotransferases and bilirubin should be monitored. Delay in stopping treatment with dolutegravir or other suspect active substances after the onset of hypersensitivity may result in a life-threatening allergic reaction.

Immune Reactivation Syndrome

In HIV-infected patients with severe immune deficiency at the time of institution of combination antiretroviral therapy (CART), an inflammatory reaction to asymptomatic or residual opportunistic pathogens may arise and cause serious clinical conditions, or aggravation of symptoms. Typically, such reactions have been observed within the first few weeks or months of initiation of CART. Relevant examples are cytomegalovirus retinitis, generalised and/or focal mycobacterial infections, and *Pneumocystis jirovecii* pneumonia. Any inflammatory symptoms should be evaluated and treatment instituted when necessary. Autoimmune disorders (such as Graves' disease) have also been reported to occur in the setting of immune reconstitution, however, the reported time to onset is more variable and these events can occur many months after initiation of treatment.

Liver biochemistry elevations consistent with immune reconstitution syndrome were observed in some hepatitis B and/or C co-infected patients at the start of dolutegravir therapy. Monitoring of liver biochemistries is recommended in patients with hepatitis B and/or C co-infection. Particular diligence should be applied in initiating or maintaining effective hepatitis B therapy (referring to treatment guidelines) when starting dolutegravir-based therapy in hepatitis B co-infected patients.

Opportunistic infections

Patients should be advised that dolutegravir or any other antiretroviral therapy does not cure HIV infection and that they may still develop opportunistic infections and other complications of HIV infection. Therefore, patients should remain under close clinical observation by physicians experienced in the treatment of these associated HIV diseases.

Drug interactions

Factors that decrease dolutegravir exposure should be avoided in the presence of integrase class resistance. This includes co-administration with medicinal products that reduce dolutegravir exposure (e.g. magnesium/ aluminium-containing antacid, iron and calcium supplements, multivitamins and inducing agents, etravirine (without boosted protease inhibitors), tipranavir/ritonavir, rifampicin, St. John's wort and certain anti-epileptic medicinal products).

Dolutegravir increased metformin concentrations. A dose adjustment of metformin should be considered when starting and stopping coadministration of dolutegravir with metformin, to maintain glycaemic control. Metformin is eliminated renally and, therefore, it is of importance to monitor renal function when co-treated with dolutegravir. This combination may increase the risk for lactic acidosis in patients with moderate renal impairment (stage 3a creatinine clearance [CrCl] 45– 59 mL/min) and a cautious approach is recommended. Reduction of the metformin dose should be highly considered.

Osteonecrosis

Although the aetiology is considered to be multifactorial (including corticosteroid use, bisphosphonates, alcohol consumption, severe immunosuppression, higher body mass index), cases of osteonecrosis have been reported in patients with advanced HIV-disease and/or long-term exposure to CART. Patients should be advised to seek medical advice if they experience joint aches and pain, joint stiffness or difficulty in movement.

Lamivudine + Tenofovir

General: Elderly patients are more likely to have decreased renal function; therefore caution should be exercised when treating elderly patients with tenofovir disoproxil fumarate. HBV antibody testing should be offered to all HIV infected patients before initiating tenofovir therapy. Patients must be advised that tenofovir has not been proven to prevent the transmission of HIV or HBV to others through sexual contact or contamination with blood. Appropriate precautions must continue to be used.

Co-administration of other medicinal products

Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets should not be administered with any other medicinal products containing tenofovir disoproxil fumarate, adefovir dipivoxil, lamivudine or emtricitabine.

Co-administration of tenofovir disoproxil fumarate and didanosine is not recommended, as this may increase the risk of didanosine-related adverse events. Rare cases of pancreatitis and lactic acidosis, sometimes fatal, have been reported. Furthermore, co-administration of tenofovir disoproxil fumarate and didanosine at a dose of 400 mg daily has been associated with a significant decrease in CD4 cell count, possibly due to an intracellular interaction increasing phosphorylated (i.e. active) didanosine. A decreased dosage of 250 mg didanosine co-administered with tenofovir

disoproxil fumarate therapy has been associated with reports of high rates of virological failure within several tested combinations for the treatment of HIV-1 infection.

Triple therapy with nucleosides/nucleotides: There have been reports of a high rate of virological failure and of emergence of resistance at early stage in HIV patients when tenofovir disoproxil fumarate and lamivudine was combined with abacavir or didanosine.

Renal function.

Tenofovir is primarily excreted by the kidneys through a combination of glomerular filtration and active tubular secretion. Thus, clearance is decreased in patients with impaired renal function. There are limited data on the safety and efficacy of tenofovir disoproxil fumarate in patients with impaired renal function (< 80 ml/min). In such patients, Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets should only be used if the potential benefits of treatment are considered to outweigh the potential risks.

In patients with moderate to severe renal impairment, the plasma half-life of lamivudine is increased due to decreased clearance. Decreased doses are recommended for patients with creatinine clearance < 50 ml/min. The use of Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets is not recommended in patients with creatinine clearance < 50 ml/min, since appropriate dose reductions cannot be achieved with the combination tablet. Renal failure, renal impairment, elevated creatinine, hypophosphataemia and proximal tubulopathy (including Fanconi syndrome) have been reported with the use of tenofovir disoproxil fumarate in clinical practice. It is recommended that creatinine clearance be calculated in all patients prior to initiating therapy and as clinically appropriate during therapy with Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets. Routine monitoring of calculated creatinine clearance and serum phosphate should be performed in patients at risk for renal impairment.

In patients receiving tenofovir disoproxil fumarate renal function should be re-evaluated within one week, including measurements of blood glucose, blood potassium and urine glucose concentrations, if serum phosphate is < 1.5 mg/dl (0.48 mmol/l) or creatinine clearance decreases below 50 ml/min. Consideration should also be given to interrupting treatment with Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets in patients whose creatinine clearance falls below 50 ml/min or whose serum phosphate decreases below 1.0 mg/dl (0.32 mmol/l). where discontinuation of therapy with one of the components is indicated or where dose modification is necessary, separate preparations of dolutegravir, lamivudine and tenofovir disoproxil are available.

Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets should be avoided with concurrent use of a nephrotoxic medicinal product (e.g. aminoglycosides, amphotericin B, foscarnet, ganciclovir, pentamidine, vancomycin, cidofovir or interleukin-2). If concomitant use of tenofovir disoproxil fumarate and nephrotoxic agents is unavoidable, renal function should be monitored weekly. Tenofovir disoproxil has not been clinically evaluated in patients receiving medicinal products which are secreted by the same renal pathway, including the transport proteins human organic anion transporter (hOAT) 1 and 3 or MRP 4 (e.g. cidofovir, a known nephrotoxic medicinal product). These renal transport proteins may be responsible for tubular secretion and in part, renal elimination of tenofovir and cidofovir. Consequently, the pharmacokinetics of these medicinal products, which are secreted by the same renal pathway including transport proteins hOAT 1 and 3 or MRP 4, might be modified if they are coadministered. Unless clearly necessary, concomitant use of these medicinal products which are secreted by the same renal pathway is not recommended, but if such use is unavoidable, renal function should be monitored weekly.

Bone effects: In a controlled clinical study decreases in bone mineral density of spine and changes in bone biomarkers from baseline were observed in both treatment groups, but were significantly greater in the tenofovir disoproxil fumarate treatment group than in the comparator group treated with stavudine (each in combination with lamivudine and efavirenz) at 144 weeks. Decreases in bone mineral density of hip were significantly greater in this group until 96 weeks. However, there was no increased risk of fractures or evidence for clinically relevant bone abnormalities over 144 weeks. In HIV-1 infected adolescents 12 years of age and older, the mean rate of bone gain was less in the tenofovir disoproxil -treated group compared to the placebo group. Skeletal growth (height) appeared to be unaffected. Markers of bone turnover in tenofovir disoproxil-treated adolescents suggest increased bone turnover, consistent with the effects observed in adults. Due to the possible effects of tenofovir on bone metabolism, should only be used in adolescents under the age of 18 if the benefits are considered to exceed the risk. Bone abnormalities (infrequently contributing to fractures) may be associated with proximal renal tubulopathy. If bone abnormalities are suspected, then appropriate consultation should be obtained. Bone abnormalities (infrequently contributing to fractures) may be associated with proximal renal tubulopathy. If bone abnormalities are suspected then appropriate consultation should be obtained.

Osteonecrosis: although the etiology is considered to be multifactorial (including corticosteroid use, alcohol consumption, severe immunosuppression, higher body mass index), cases of osteonecrosis have been reported particularly in patients with advanced HIV-disease and/or long-term exposure to combination antiretroviral therapy.

Patients should be advised to seek medical advice if they experience joint aches and pain, joint stiffness or difficulty in movement.

Patients with HIV and hepatitis B or C virus co-infection: Patients with chronic hepatitis B or C treated with antiretroviral therapy are at an increased risk for severe and potentially fatal hepatic adverse reactions. Physicians should refer to current HIV treatment guidelines for the optimal management of HIV infection in patients co-infected with hepatitis B virus (HBV) or hepatitis C virus. In case of concomitant antiviral therapy for hepatitis B or C, please refer also to the relevant Summary of Product Characteristics for these medicinal products.

Lamivudine and tenofovir have anti-HBV activity when used in antiretroviral combination therapy to control HIV infection. The combination of tenofovir disoproxil fumarate 300 mg and lamivudine 300 mg has not been studied for the treatment of HBV. Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets is not indicated for the treatment of chronic HBV infection.

Discontinuation of therapy with Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets in patients co-infected with HIV and HBV may be associated with severe acute exacerbations of hepatitis. Patients co-infected with HIV and HBV who discontinue Lamivudine/Tenofovir Disoproxil Fumarate

300mg/300mg Tablets should be closely monitored with both clinical and laboratory follow-up for at least six months after stopping treatment. If appropriate, resumption of hepatitis B therapy may be warranted. In patients with advanced liver disease or cirrhosis, treatment discontinuation is not recommended since post-treatment exacerbation of hepatitis may lead to hepatic decompensation.

Liver disease: Patients with pre-existing liver dysfunction, including chronic active hepatitis, have an increased frequency of liver function abnormalities during combination antiretroviral therapy, and should be monitored according to standard practice. If there is evidence of worsening liver disease in such patients, interruption or discontinuation of treatment must be considered.

Lactic acidosis is a rare but severe, potentially life-threatening complication associated with use of nucleoside reverse transcriptase inhibitors (NRTI). Several other agents of this class are known to cause lactic acidosis. Preclinical and clinical data suggest that the risk of occurrence of lactic acidosis, a class effect of nucleoside analogues, is very low for tenofovir disoproxil fumarate. However, this risk cannot be excluded, as tenofovir is structurally related to nucleoside analogues. Lactic acidosis may occur after a few to several months of NRTI treatment. Patients with hyperlactataemia may be asymptomatic, critically ill, or may have non-specific symptoms such as dyspnoea, fatigue, nausea, vomiting, diarrhoea and abdominal pain. Risk factors for NRTI-related lactic acidosis include female gender and obesity. Patients at increased risk should be closely monitored clinically. Screening for hyperlactataemia in asymptomatic patients treated with NRTIs, however, is not recommended. Symptomatic patients usually have levels > 5 mmol/l and require discontinuation of all NRTIs. Lactic acid levels > 10 mmol/l usually are a medical emergency.

Lipodystrophy: Combination antiretroviral therapy has been associated with the redistribution of body fat (lipodystrophy) in HIV-infected patients. Whereas for some other antiretrovirals there is considerable evidence for this adverse reaction, the evidence for tenofovir as a causative agent is weak; indeed switching from a thymidine analogue (e.g. stavudine) to tenofovir has been shown to increase limb fat in patients with lipoatrophy. A higher risk of lipodystrophy has been associated e.g. with older age of the patient, longer duration of antiretroviral therapy and related metabolic disturbances. Clinical examination should include evaluation for physical signs of fat redistribution. Measurement of fasting serum lipids and blood glucose as well as appropriate management of lipid disorders should be considered.

Mitochondrial dysfunction: Nucleoside and nucleotide analogues have been demonstrated, in vitro and in vivo, to cause a variable degree of mitochondrial damage. There have been reports of mitochondrial dysfunction in HIV-negative infants exposed in utero and/or postnatally to nucleoside analogues. The main adverse events reported are haematological disorders (anaemia, neutropenia) and metabolic disorders (hyperlactataemia, hyperlipasaemia). These events are often transitory. Some late onset neurological disorders have been reported (hypertonia, convulsion, abnormal behaviour). Whether the neurological disorders are transient or permanent is currently unknown. Any child exposed in utero to nucleoside and nucleotide analogues, even HIV-negative children, should have clinical and laboratory follow-up and should be fully investigated for possible mitochondrial dysfunction in case of relevant signs or symptoms. These findings do not affect current national recommendations to use antiretroviral therapy in pregnant women to prevent vertical transmission of HIV.

Pancreatitis

Treatment with Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets should be stopped immediately if clinical signs, symptoms or laboratory abnormalities suggestive of pancreatitis occur. **Immune Reactivation Syndrome:** in HIV-infected patients with pre-existing severe immune deficiency, typically in the first few weeks or months after initiation of combination ART, an inflammatory reaction to asymptomatic or residual opportunistic pathogens (e.g.

CMV retinitis, mycobacterial infections, Pneumocystis pneumonia) may arise and cause serious clinical conditions or aggravation of symptoms. Treatment should be instituted when necessary.

Excipients: Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

Weight and metabolic parameters

An increase in weight and in levels of blood lipids and glucose may occur during antiretroviral therapy. Such changes may in part be linked to disease control and lifestyle. For lipids, there is in some cases evidence for a treatment effect, while for weight gain there is no strong evidence relating this to any particular treatment. Established HIV treatment guidelines should be consulted on monitoring blood lipids and glucose. Lipid disorders should be managed as clinically appropriate.

4.5. Interaction with other medicinal products and other forms of interaction

No drug interaction studies have been performed using TELADO. As this medicine contains dolutegravir, lamivudine and tenofovir disoproxil, any interactions that have been identified with these agents individually may occur with this combination tablet. Interaction studies with these agents have only been performed in adults.

Dolutegravir

Effect of other agents on the pharmacokinetics of dolutegravir

All factors that decrease dolutegravir exposure should be avoided in the presence of integrase class resistance. This includes concomitant use of medicines that reduce blood concentration of dolutegravir (e.g. magnesium or aluminium-containing antacid, iron and calcium supplements, multivitamins and inducing agents, etravirine (without boosted protease inhibitors), tipranavir/ritonavir, rifampicin, St. John's wort and certain antiepileptic medicines). Dolutegravir is eliminated mainly through metabolism by UGT1A1. Dolutegravir is also a substrate of UGT1A3, UGT1A9, CYP3A4, Pgp, and BCRP; therefore medicinal products that induce those enzymes may decrease dolutegravir plasma concentration and reduce the therapeutic effect of dolutegravir. Co-administration of dolutegravir and other medicinal products that inhibit these enzymes may increase dolutegravir plasma concentration. The absorption of dolutegravir is reduced by certain anti-acid agents.

Effect of dolutegravir on the pharmacokinetics of other agents

In vivo, dolutegravir did not have an effect on midazolam, a CYP3A4 probe. Based on in vivo and/or in vitro data, dolutegravir is not expected to affect the pharmacokinetics of medicinal products that are substrates of any major enzyme or transporter such as CYP3A4, CYP2C9 and P-gp.

In vitro, dolutegravir inhibited the renal organic cation transporter 2 (OCT2) and multidrug and toxin extrusion transporter (MATE) 1. In vivo, a 10-14% decrease of creatinine clearance (secretory fraction is dependent on OCT2 and MATE-1 transport) was observed in patients. In vivo, dolutegravir may increase plasma concentrations of medicinal products in which excretion is dependent upon OCT2 or MATE-1 (e.g. dofetilide, metformin).

In vitro, dolutegravir inhibited the renal uptake transporters, organic anion transporters (OAT1) and OAT3. Based on the lack of effect on the in vivo pharmacokinetics of the OAT substrate tenofovir, in vivo inhibition of OAT1 is unlikely. Inhibition of OAT3 has not been studied in vivo. Dolutegravir may increase plasma concentrations of medical products in which excretion is dependent upon OAT3. Established and theoretical interactions with selected antiretrovirals and non-antiretroviral medicinal products are listed in below Table.

Interaction table

Interactions between dolutegravir and co-administered medicinal products are listed in below Table (increase is indicated as "↑", decrease as "↓", no change as "↔", area under the concentration versus time curve as "AUC", maximum observed concentration as "C_{max}", concentration at end of dosing interval as "C_{tr}").

Drug Interactions

Medicinal products by therapeutic areas	Interaction Geometric mean change (%)	Recommendations concerning co-administration
HIV-1 Antiviral Agents		
Non-nucleoside Reverse Transcriptase Inhibitors		

Etravirine without boosted protease inhibitors	Dolutegravir ↓ AUC ↓ 71% C _{max} ↓ 52% C _t ↓ 88% Etravirine ↔ (induction of UGT1A1 and CYP3A enzymes)	Etravirine without boosted protease inhibitors decreased plasma dolutegravir concentration. The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with etravirine without boosted protease inhibitors. In paediatric patients the weight-based once daily dose should be administered twice daily. Dolutegravir should not be used with etravirine without co-administration of atazanavir/ritonavir, darunavir/ritonavir or lopinavir/ritonavir in INI-resistant patients.
Lopinavir/ritonavir + etravirine	Dolutegravir ↔ AUC ↑ 11% C _{max} ↑ 7% C _t ↑ 28% LPV ↔ RTV ↔	No dose adjustment is necessary.
Darunavir/ritonavir + etravirine	Dolutegravir ↓ AUC ↓ 25% C _{max} ↓ 12% C _t ↓ 36% DRV ↔ RTV ↔	No dose adjustment is necessary.
Efavirenz	Dolutegravir ↓ AUC ↓ 57% C _{max} ↓ 39% C _t ↓ 75% Efavirenz ↔ (historical controls) (induction of UGT1A1 and CYP3A enzymes)	The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with efavirenz. In paediatric patients the weight-based once daily dose should be administered twice daily. In the presence of integrase class resistance alternative combinations that do not include efavirenz should be considered.
Nevirapine	Dolutegravir ↓ (Not studied, a similar reduction in exposure as observed with efavirenz is expected, due to induction)	The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with nevirapine. In paediatric patients the weight-based once daily dose should be administered twice daily. In the presence of integrase class resistance alternative combinations that do not include nevirapine should be considered.
Rilpivirine	Dolutegravir ↔ AUC ↑ 12% ; C _{max} ↑ 13% ; C _t ↑ 22% Rilpivirine ↔	No dose adjustment is necessary.
Nucleoside Reverse Transcriptase Inhibitors		
Tenofovir	Dolutegravir ↔ AUC ↑ 1% C _{max} ↓ 3% C _t ↓ 8% Tenofovir ↔	No dose adjustment is necessary.
Emtricitabine	-	TELADO should not be coadministered, due to the similarity between emtricitabine and lamivudine, and consequently expected additive toxicity and no benefit in efficacy.
Protease Inhibitors		

Atazanavir	Dolutegravir ↑ AUC ↑ 91% C _{max} ↑ 50% C _t ↑ 180% Atazanavir ↔ (historical controls) (inhibition of UGT1A1 and CYP3A enzymes)	No dose adjustment is necessary. Dolutegravir should not be dosed higher than 50 mg twice daily in combination with atazanavir due to lack of data.
Atazanavir/ritonavir	Dolutegravir ↑ AUC ↑ 62% C _{max} ↑ 34% C _t ↑ 121% Atazanavir ↔ Ritonavir ↔ (inhibition of UGT1A1 and CYP3A enzymes)	No dose adjustment is necessary. Dolutegravir should not be dosed higher than 50 mg twice daily in combination with atazanavir due to lack of data.
Tipranavir/ritonavir (TPV+RTV)	Dolutegravir ↓ AUC ↓ 59% C _{max} ↓ 47% C _t ↓ 76% (induction of UGT1A1 and CYP3A enzymes)	The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with tipranavir/ritonavir. In paediatric patients the weight- based once daily dose should be administered twice daily. In the presence of integrase class resistance this combination should be avoided.
Fosamprenavir/ ritonavir (FPV+RTV)	Dolutegravir ↓ AUC ↓ 35% C _{max} ↓ 24% C _t ↓ 49% (induction of UGT1A1 and CYP3A enzymes)	No dose adjustment is necessary in the absence of integrase class resistance. In the presence of integrase class resistance alternative combinations that do not include fosamprenavir/ritonavir should be considered.
Nelfinavir	Dolutegravir ↔ (Not studied)	No dose adjustment is necessary.
Darunavir/ritonavir	Dolutegravir ↓ AUC ↓ 22% C _{max} ↓ 11% C ₂₄ ↓ 38% (induction of UGT1A1 and CYP3A enzymes)	No dose adjustment is necessary.
Lopinavir/ritonavir	Dolutegravir ↔ AUC ↓ 4% C _{max} ↔ 0% C ₂₄ ↓ 6%	No dose adjustment is necessary.
Other Antiviral agents		
Telaprevir	Dolutegravir ↑ AUC ↑ 25% C _{max} ↑ 19% C _t ↑ 37% Telaprevir ↔ (historical controls) (inhibition of CYP3A enzyme)	No dose adjustment is necessary.
Boceprevir	Dolutegravir ↔ AUC ↑ 7% C _{max} ↑ 5% C _t ↑ 8% Boceprevir ↔ (historical controls)	No dose adjustment is necessary.
Daclatasvir	Dolutegravir ↔ AUC ↑ 33% C _{max} ↑ 29% C _t ↑ 45% Daclatasvir ↔	Daclatasvir did not change dolutegravir plasma concentration to a clinically relevant extent. Dolutegravir did not change daclatasvir plasma concentration. No dose adjustment is necessary.

Other agents		
Antiarrhythmics		
Dofetilide	Dofetilide ↑ (Not studied, potential increase via inhibition of OCT2 transporter)	Dolutegravir and dofetilide co-administration is contraindicated due to potential life-threatening toxicity caused by high dofetilide concentration.
Anticonvulsants		
Carbamazepine	Dolutegravir ↓ AUC ↓ 49% C _{max} ↓ 33% C _t ↓ 73%	The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with carbamazepine. In paediatric patients the weight- based once daily dose should be administered twice daily. Alternatives to carbamazepine should be used where possible for INI resistant patients.
Oxcarbazepine Phenytoin Phenobarbital	Dolutegravir ↓ (Not studied, decrease expected due to induction of UGT1A1 and CYP3A enzymes, a similar reduction in exposure as observed with carbamazepine is expected)	The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with these metabolic inducers. In paediatric patients the weight- based once daily dose should be administered twice daily. Alternative combinations that do not include these metabolic inducers should be used where possible in INI-resistant patients.
Azole anti-fungal agents		
Ketoconazole Fluconazole Itraconazole Posaconazole Voriconazole	Dolutegravir ↔ (Not studied)	No dose adjustment is necessary. Based on data from other CYP3A4 inhibitors, a marked increase is not expected.
Herbal products		
St. John's wort	Dolutegravir ↓ (Not studied, decrease expected due to induction of UGT1A1 and CYP3A enzymes, a similar reduction in exposure as observed with carbamazepine is expected)	The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with St. John's wort. In paediatric patients the weight-based once daily dose should be administered twice daily. Alternative combinations that do not include St. John's wort should be used where possible in INI-resistant patients.
Antacids and supplements		
Magnesium/ aluminium-containing antacid	Dolutegravir ↓ AUC ↓ 74% C _{max} ↓ 72% (Complex binding to polyvalent ions)	Magnesium/ aluminium-containing antacid should be taken well separated in time from the administration of dolutegravir (minimum 2 hours after or 6 hours before).
Calcium supplements	Dolutegravir ↓ AUC ↓ 39% C _{max} ↓ 37% C ₂₄ ↓ 39% (Complex binding to polyvalent ions)	Calcium supplements, iron supplements or multivitamins should be taken well separated in time from the administration of dolutegravir (minimum 2 hours after or 6 hours before).
Iron supplements	Dolutegravir ↓ AUC ↓ 54% C _{max} ↓ 57% C ₂₄ ↓ 56% (Complex binding to polyvalent ions)	

Multivitamin	Dolutegravir ↓ AUC ↓ 33% C _{max} ↓ 35% C ₂₄ ↓ 32% (Complex binding to polyvalent ions)	
Corticosteroids		
Prednisone	Dolutegravir ↔ AUC ↑ 11% C _{max} ↑ 6% C _t ↑ 17%	No dose adjustment is necessary.
Antidiabetics		
Metformin	Metformin ↑ When co-administered with dolutegravir 50mg once daily: Metformin AUC ↑ 79% C _{max} ↑ 66% When co-administered with dolutegravir 50mg twice daily: Metformin AUC ↑ 145 % C _{max} ↑ 111%	A dose adjustment of metformin should be considered when starting and stopping coadministration of dolutegravir with metformin, to maintain glycaemic control. In patients with moderate renal impairment a dose adjustment of metformin should be considered when coadministered with dolutegravir, because of the increased risk for lactic acidosis in patients with moderate renal impairment due to increased metformin concentration
Antimycobacterials		
Rifampicin	Dolutegravir ↓ AUC ↓ 54% C _{max} ↓ 43% C _t ↓ 72% (induction of UGT1A1 and CYP3A enzymes)	The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with rifampicin in the absence of integrase class resistance. In paediatric patients the weight-based once daily dose should be administered twice daily. In the presence of integrase class resistance this combination should be avoided.
Rifabutin	Dolutegravir ↔ AUC ↓ 5% C _{max} ↑ 16% C _t ↓ 30% (induction of UGT1A1 and CYP3A enzymes)	No dose adjustment is necessary.
Oral contraceptives		
Ethinyl estradiol (EE) and Norelgestromin (NGMN)	Dolutegravir ↔ EE ↔ AUC ↑ 3% C _{max} ↓ 1% NGMN ↔ AUC ↓ 2% C _{max} ↓ 11%	Dolutegravir had no pharmacodynamic effect on Luteinizing Hormone (LH), Follicle Stimulating Hormone (FSH) and progesterone. No dose adjustment of oral contraceptives is necessary when co-administered with dolutegravir.
Analgesics		
Methadone	Dolutegravir ↔ Methadone ↔ AUC ↓ 2% C _{max} ↔ 0% C _t ↓ 1%	No dose adjustment is necessary of either agent.

Paediatric population

Interaction studies have only been performed in adults.

Lamivudine + Tenofovir

Interaction studies have only been performed in adults.

Based on the results of in vitro experiments and the known elimination pathways of lamivudine and tenofovir, the potential for CYP450 mediated interactions with other medicinal products is low.

Interactions relevant to lamivudine:

Co-administration with trimethoprim / sulfamethoxazole results in a 40% increase in lamivudine area under the concentration curve. No dose adjustment of Lamivudine/Tenofovir Disoproxil Fumarate

300mg/300mg Tablets is necessary. Lamivudine has no effect on the pharmacokinetics of trimethoprim or sulfamethoxazole. Co-administration of lamivudine with high doses of cotrimoxazole for the treatment of Pneumocystis pneumonia (PCP) and toxoplasmosis should be avoided.

Interactions relevant to tenofovir

Didanosine: Co-administration of tenofovir disoproxil fumarate and didanosine is not recommended. Renally eliminated medicinal products: Since tenofovir is primarily eliminated by the kidneys, coadministration of tenofovir disoproxil fumarate with medicinal products that reduce renal function or compete for active tubular secretion via transport proteins hOAT 1, hOAT 3 or MRP 4 (e.g. cidofovir) may increase serum concentrations of tenofovir and/or the co-administered medicinal products. Tenofovir disoproxil fumarate should be avoided with concurrent use of a nephrotoxic medicinal product. Some examples include, but are not limited to, aminoglycosides, amphotericin B, foscarnet, ganciclovir, pentamidine, vancomycin, cidofovir or interleukin-2.

Given that tacrolimus can affect renal function, close monitoring is recommended when it is coadministered with tenofovir disoproxil fumarate.

Other interactions: Interactions between Tenofovir Disoproxil Fumarate and Lamivudine Tablets

300mg/300mg and HIV protease inhibitors, as well as antiviral agents other than protease inhibitors, are listed in Table below (increased exposure is indicated as “↑”, decreased exposure as “↓”, no change as “↔”, twice daily as “b.i.d.”, and once daily as “q.d.”).

Table: Interactions between tenofovir disoproxil fumarate and other medicinal products

Medicinal products by therapeutic areas (dose in mg)	Effects on drug levels Mean % change in AUC, Cmax, Cmin	Recommendation concerning co-administration with tenofovir disoproxil fumarate 300 mg
ANTI-INFECTIVES		
Antiretrovirals		
Protease inhibitors		
Atazanavir (400 mg q.d.)	Atazanavir: AUC: ↓ 25% Cmax: ↓ 21% Cmin: ↓ 40% Tenofovir: AUC: ↑ 24% Cmax: ↑ 14% Cmin: ↑ 22%	If atazanavir and Tenofovir Disoproxil Fumarate and Lamivudine Tablets 300mg/300mg are coadministered, atazanavir should be given at the dose 300 mg q.d. together with ritonavir 100 mg q.d.
Atazanavir/Ritonavir (300 mg/100 mg q.d.)	Atazanavir: AUC: ↓ 25% Cmax: ↓ 28% Cmin: ↓ 26% Tenofovir: AUC: ↑ 37% Cmax: ↑ 34% Cmin: ↑ 29%	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate tenofovir associated adverse events, including renal disorders. Renal function should be closely monitored.
Lopinavir/Ritonavir (400 mg/100 mg b.i.d.)	Lopinavir/ritonavir: No significant effect on lopinavir/ritonavir PK parameters. Tenofovir: AUC: ↑ 32% Cmax: ↔ Cmin: ↑ 51%	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate tenofovir associated adverse events, including renal disorders. Renal function should be closely monitored.

Darunavir/Ritonavir (300 mg/100 mg b.i.d.)	Darunavir: No significant effect on darunavir/ritonavir PK parameters. Tenofovir: AUC: ↑ 22% Cmin: ↑ 37%	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate tenofovir associated adverse events, including renal disorders. Renal function should be closely monitored.
NRTIs		
Didanosine (400 mg q.d.)	Didanosine AUC ↑ 40-60%	The risk of didanosine-related adverse effects (e.g., pancreatitis, lactic acidosis appears to be increased, and CD4 cells may decrease significantly on co-administration. Also didanosine at 250 mg co-administered with tenofovir within several different antiretroviral combination regimens has been associated with a high rate of virological failure. Co-administration of Tenofovir Disoproxil Fumarate and Lamivudine Tablets 300mg/300mg and didanosine is not recommended.
Adefovir dipivoxil	AUC: ↔ Cmax: ↔	Tenofovir Disoproxil Fumarate and Lamivudine Tablets 300mg/300mg should not be administered concurrently with <u>adefovir dipivoxil</u> .
Entecavir (1 mg q.d.)	AUC: ↔ Cmax:	No clinically significant pharmacokinetic interactions when Tenofovir Disoproxil Fumarate and Lamivudine Tablets 300mg/300mg is co-administered with entecavir.
Antivirals against hepatitis		
Dactalasvir	↔ Daclatasvir AUC : 1.10 (1.01-1.21) Cmax : 1.06 (0.98, 1.15) Cmin : 1.15 (1.02, 1.30) ↔ Tenofovir AUC : 1.10 (1.05-1.15) Cmax : 0.95 (0.89, 1.02) Cmin : 1.17 (1.10, 1.24)	No dose adjustment is necessary
Sofosbuvir	Tenofovir ↑ Cmax 1.25, 91.08, 1.45) ↔ AUC 0.98 (0.91, 1.05) ↔ Cmin 0.99 (0.91, 1.07) Sofosbuvir ↓ Cmax 0.81 (0.06, 1.10) ↔ AUC 0.94 (0.76, 1.16) Cmin (NA) GS-331007 (predominant inactive metabolite of sofosbuvir) Cmax 0.77 (0.70, 0.84)	No dose adjustment of sofosbuvir or tenofovir is required when sofosbuvir and tenofovir are used concomitantly.

Ledipasvir/ sofosbuvir + Dolutegravir (+Emtricitabine)	Sofosbuvir AUC : ↔ Cmax : ↔ GS-3310072 AuC : ↔ Cmax : ↔ Cmin : ↔ Ledipasvir : AUC : ↔ Cmax : ↔ Cmin : ↔ Dolutegravir AUC : ↔ Cmax : ↔ Cmin : ↔ Emtricitabine : AUC : ↔ Cmax : ↔ Cmin : ↔ Tenofovir: AUC : ↑ 65% Cmax : ↑ 61 % Cmin : ↑ 115 %	Monitor for tenofovir-associated adverse reaction in patients receiving ledipasvir/sofosbuvir concomitantly with tenofovir. Renal function should be closely monitored.
Sofosbuvir/ velpatasvir	Sofosbuvir : AUC : ↔ Cmax : ↔ GS-3310072 : AUC : ↔ Cmax : ↔ Cmin : ↑ 42 % Velpatasvir : AUC : ↑ 42 % Cmax : ↑ 55 % Cmin: ↑ 301 % Tenofovir : AUC : ↔ Cmax : ↑ 55 % Cmin: ↑ 39 %	Sofosbuvir/ velpatasvir has been shown to increase tenofovir exposure (P-gp-inhibition). The increase in tenofovir exposure (AUC and Cmax) was around 40-80% during cotreatment with sofosbuvir/velpatasvir and tenofovir disoproxil as part of various HIV regimens. The safety of tenofovir disoproxil when used with sofosbuvir/velpatasvir and a pharmacokinetic enhancer (e.g. ritonavir or cobicistat) has not been established. Patients receiving tenofovir disoproxil and sofosbuvir/velpatasvir concomitantly should be monitored for adverse reactions associated with tenofovir disoproxil.

Sofosbuvir/ Velpatasvir/Voxilaprevir (+Emtricitabine + Darunavir/ritonavir)	Sofosbuvir : AUC : ↔ Cmax : ↓ 30 % Cmin : N/A GS-3310072 : AUC : ↔ Cmax : ↔ Cmin : N/A Velpatasvir : AUC : ↔ Cmax : ↔ Cmin : ↔ Voxilaprevir : AUC : ↑ 143 % Cmax : ↑ 72 % Cmin : ↑ 300 % Tenofovir : AUC : ↑ 39 % Cmax : ↑ 48 % Cmin : ↑ 47 %	Sofosbuvir/velpatasvir/voxilaprevir has been shown to increase tenofovir exposure (P-gp inhibition). The increase in tenofovir exposure (AUC and Cmax) was around 40% during co-treatment with sofosbuvir/velpatasvir/voxilaprevir and darunavir + ritonavir + tenofovir disoproxil/ emtricitabine. The safety of tenofovir disoproxil when used with sofosbuvir/velpatasvir/voxilaprevir and a pharmacokinetic enhancer (e.g. ritonavir or cobicistat) has not been established. Patients receiving tenofovir disoproxil and sofosbuvir/velpatasvir/voxilaprevir concomitantly should be monitored for adverse reactions associated with tenofovir disoproxil.
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Studies conducted with other medicinal products: There were no clinically significant pharmacokinetic interactions when Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets is coadministered with indinavir, efavirenz, nelfinavir, saquinavir (ritonavir boosted), methadone, ribavirin, rifampicin, tacrolimus, or the hormonal contraceptive norgestimate/ethinyl oestradiol.

Food effect: Tenofovir disoproxil fumarate must be taken with food, as food enhances the bioavailability of tenofovir.

4.6 Pregnancy and lactation

Dolutegravir

Pregnancy

There are limited amount of data from the use of dolutegravir in pregnant women. The effect of dolutegravir on human pregnancy is unknown. In reproductive toxicity studies in animals, dolutegravir was shown to cross the placenta. Animal studies do not indicate direct or indirect harmful effects with respect to reproductive toxicity. Dolutegravir should be used during pregnancy only if the expected benefit justifies the potential risk to the foetus.

Breast-feeding

It is unknown whether dolutegravir is excreted in human milk. Available toxicological data in animals has shown excretion of dolutegravir in milk. In lactating rats that received a single oral dose of 50 mg/kg at 10 days postpartum, dolutegravir was detected in milk at concentrations typically higher than blood. It is recommended that HIV infected women do not breast-feed their infants under any circumstances in order to avoid transmission of HIV.

Lamivudine + Tenofovir

Pregnancy

Animal studies do not indicate direct or indirect harmful effects of tenofovir disoproxil fumarate with respect to pregnancy, foetal development, parturition or postnatal development. In humans, the safety of tenofovir in pregnancy has not been fully established. Sufficient numbers of first trimester exposures have been monitored, however, to detect at least a twofold increase in the risk of overall birth defects. No increase in birth defects was seen.

No increased risk of birth defects has been reported for lamivudine. However, risks to the fetus cannot be ruled out. Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets should be used during pregnancy only if the

potential benefit justifies the potential risk to the foetus. Current recommendations on antiretroviral therapy in pregnancy (e.g. those from the WHO) should be consulted before advising patients on this matter.

Lactation

In animal studies it has been shown that tenofovir is excreted into milk. It is not known whether tenofovir is excreted in human milk. Lamivudine is excreted into the breast milk of lactating mothers.

Current recommendations on HIV and breastfeeding (e.g. those from the WHO) should be consulted before advising patients on this matter. Preferred options may vary depending on the local circumstances.

4.7 Effects on ability to drive and use machines

No studies on the effects on the ability to drive and use machines have been performed. However, patients should be informed that dizziness has been reported during treatment with tenofovir disoproxil fumarate. If this occurs, patients should not drive, use hazardous tools or machines.

4.8 Undesirable effects

Dolutegravir

The adverse reactions considered at least possibly related to dolutegravir are listed by body system, organ class and absolute frequency. Frequencies are defined as very common ($\geq 1/10$), common ($\geq 1/100$ to $< 1/10$), uncommon ($\geq 1/1,000$ to $< 1/100$), rare ($\geq 1/10,000$ to $< 1/1,000$), very rare ($< 1/10,000$)

Immune system disorders	Uncommon	Hypersensitivity
	Uncommon	Immune Reconstitution Syndrome
Psychiatric disorders	Common	Insomnia
	Common	Abnormal dreams
	Common	Depression
	Uncommon	Suicidal ideation or suicide attempt (particularly in patients with a pre-existing history of depression or psychiatric illness)
Nervous system disorders	Very	Headache
	Common	Dizziness
Gastrointestinal disorders	Very common	Nausea
	Very common	Diarrhoea
	Common	Vomiting
	Common	Flatulence
	Common	Upper abdominal pain
	Common	Abdominal pain
	Common	Abdominal discomfort
Hepatobiliary disorders	Uncommon	Hepatitis
Skin and subcutaneous tissue disorders	Common	Rash
	Common	Pruritus
Musculoskeletal and connective tissue disorders	Uncommon	Arthralgia
	Uncommon	Myalgia
General disorders and administration site conditions	Common	Fatigue

Investigations	Common	Alanine aminotransferase (ALT) and/or Aspartate aminotransferase (AST) elevations
	Common	Creatine phosphokinase (CPK) elevations

Lamivudine + Tenofovir

Adverse events considered at least possibly related to treatment with lamivudine are listed below by body system, organ class and absolute frequency. Frequencies are defined as very common ($\geq 1/10$), common ($\geq 1/100$, $< 1/10$), uncommon ($\geq 1/1000$, $< 1/100$), rare ($\geq 1/10,000$, $< 1/1000$), very rare ($< 1/10,000$), unknown (frequency cannot be estimated from the available data).

Blood and lymphatic systems disorders

Uncommon: neutropenia, anaemia (occasionally severe), thrombocytopenia

Very rare: pure red cell aplasia

Metabolism and nutrition disorders

Very common: hypophosphataemia Rare: lactic acidosis

Unknown: hypokalaemia

Nervous system disorders

Very common: dizziness

Common: headache and insomnia

Very rare: peripheral neuropathy (paraesthesia)

Respiratory, thoracic and mediastinal disorders

Common: cough, nasal symptoms

Very rare: dyspnoea

Gastrointestinal disorders

Very common: diarrhoea, nausea, vomiting

Common: abdominal pain/cramps, flatulence

Rare: pancreatitis, elevated serum amylases

Hepatobiliary disorders

Uncommon: transient elevation in liver enzymes

Rare: hepatitis

Unknown: hepatic steatosis

Skin and subcutaneous tissue disorders

Common: Rash, hair loss

Musculoskeletal and connective tissue disorders

Common: arthralgia, muscle disorder

Unknown: rhabdomyolysis, osteomalacia (manifested as bone pain and infrequently contributing to fractures), muscular weakness, myopathy, osteonecrosis

Renal and urinary disorders:

Rare: acute renal failure, renal failure, proximal renal tubulopathy (including Fanconi syndrome), increased serum creatinine

Very rare: acute tubular necrosis

Unknown: nephritis (including acute interstitial nephritis), nephrogenic diabetes insipidus

General disorders and administration site disorders:

Common: fatigue, malaise, fever

Very rare: asthenia

Unknown: immune reconstitution syndrome

The following adverse reactions, listed under the body system headings above, may occur as a consequence of proximal renal tubulopathy: rhabdomyolysis, osteomalacia (manifested as bone pain and infrequently contributing to fractures), hypokalaemia, muscular weakness, myopathy and hypophosphataemia. These events are not considered to be causally associated with tenofovir disoproxil fumarate therapy in the absence of proximal renal tubulopathy.

In HBV infected patients, clinical and laboratory evidence of exacerbations of hepatitis have occurred after discontinuation of HBV therapy. Combination antiretroviral therapy has been associated with metabolic abnormalities such as hypertriglyceridaemia, hypercholesterolaemia, insulin resistance, hyperglycaemia and hyperlactataemia.

Combination antiretroviral therapy has been associated with redistribution of body fat (lipodystrophy) in HIV patients including the loss of peripheral and facial subcutaneous fat, increased intra-abdominal and visceral fat, breast hypertrophy and dorsocervical fat accumulation (buffalo hump).

4.9. Overdose

Dolutegravir

There is currently limited experience with overdosage in dolutegravir. Limited experience of single higher doses (up to 250 mg in healthy subjects) revealed no specific symptoms or signs, apart from those listed as adverse reactions.

Further management should be as clinically indicated or as recommended by the national poisons centre, where available. There is no specific treatment for an overdose of dolutegravir. If overdose occurs, the patient should be treated supportively with appropriate monitoring, as necessary. As dolutegravir is highly bound to plasma proteins, it is unlikely that it will be significantly removed by dialysis.

Lamivudine + Tenofovir

If overdose occurs the patient must be monitored for evidence of toxicity, and standard supportive treatment applied as necessary. Tenofovir can be removed by haemodialysis; the median haemodialysis clearance of tenofovir is 134 ml/min. The elimination of tenofovir by peritoneal dialysis has not been studied. Because a negligible amount of lamivudine was removed via (4-hour) haemodialysis, continuous ambulatory peritoneal dialysis, and automated peritoneal dialysis, it is not known if continuous haemodialysis would provide clinical benefit in a lamivudine overdose event.

5. Pharmacological Properties

5.1. Pharmacodynamic properties

Pharmacotherapeutic group: Antivirals for treatment of HIV infections, combinations

Dolutegravir

Mechanism of action

Dolutegravir inhibits HIV integrase by binding to the integrase active site and blocking the strand transfer step of retroviral Deoxyribonucleic acid (DNA) integration which is essential for the HIV replication cycle.

Lamivudine + Tenofovir

Mechanism of action and pharmacodynamic effects: Lamivudine, the negative enantiomer of 2'- deoxy-3'-thiacytidine, is a dideoxynucleoside analogue. Tenofovir disoproxil fumarate is converted in vivo to tenofovir, a nucleoside monophosphate (nucleotide) analogue of adenosine monophosphate. Lamivudine and tenofovir are phosphorylated by cellular enzymes to form lamivudine Triphosphate and tenofovir diphosphate, respectively.

Lamivudine triphosphate and tenofovir diphosphate competitively inhibit HIV-1 reverse transcriptase (RT), resulting in DNA chain termination. Both substances are active against HIV-1 and HIV-2, as well as against hepatitis B virus.

Resistance:

The K65R mutation is selected in vitro when HIV-1 is cultured in the presence of increasing tenofovir concentrations. It may also emerge in vivo upon virological failure of a treatment regimen including tenofovir. K65R reduces tenofovir susceptibility in vitro approximately 2-fold, and has been associated with a lack of response to tenofovir-containing regimens. Clinical studies in treatment experienced patients have assessed the anti-HIV activity of tenofovir against strains of HIV-1 with thymidine analogue mutations (TAMs), which are not selected for by tenofovir. Patients whose HIV expressed 3 or more TAMs that included either the M41L or L210W mutation showed reduced response to tenofovir.

In many cases when a lamivudine-containing treatment regimen fails (though less often when the treatment regimen contains a ritonavir-boosted protease inhibitor), the M184V mutation will be selected for at an early stage. M184V causes high-level resistance to lamivudine (>300-fold reduced susceptibility). Virus with M184V replicates less well than does wild type virus. M184V causes high level resistance to lamivudine (>300-fold reduced susceptibility). In vitro data tend to suggest that the continuation of lamivudine in an antiretroviral regimen despite the development of M184V might provide residual anti-retroviral activity (likely through impaired viral fitness). The clinical relevance of these findings is not established. Therefore, maintaining lamivudine therapy despite emergence of M184V mutation should only be considered when the activity of the best available NRTI backbone is significantly compromised.

Cross-resistance conferred by the M184V mutation is limited within the nucleoside/nucleotide inhibitor class of antiretroviral agents. M184V confers full cross-resistance against emtricitabine. Zidovudine and stavudine maintain their antiretroviral activities against lamivudine-resistant HIV-1. Abacavir maintains its antiretroviral activities against lamivudine-resistant HIV-1 harbouring only the M184V mutation. The M184V mutant shows a <4-fold decrease in susceptibility to didanosine; the clinical significance of this is unknown.

Clinical results: When tenofovir and lamivudine were combined with efavirenz in treatment-naïve patients with HIV-1, the proportion of patients (ITT) with HIV-RNA <50 copies/ml were 76.3% and

67.8% at 48 and 144 weeks, respectively.

5.2. Pharmacokinetic properties

Dolutegravir

Dolutegravir pharmacokinetics are similar between healthy and HIV-infected subjects. The PK variability of dolutegravir is low to moderate. In Phase I studies in healthy subjects, between-subject CVb% for AUC and C_{max} ranged from ~20 to 40% and C_{tr} from 30 to 65% across studies. The between-subject PK variability of dolutegravir was higher in HIV-infected subjects than healthy subjects. Within-subject variability (CVw%) is lower than between-subject variability.

Bioequivalence has not been unequivocally shown for 1x50 mg tablet compared to 5x10 mg tablets. Therefore, the 50 mg once daily dose should not be given as five 10 mg tablets.

Absorption

Dolutegravir is rapidly absorbed following oral administration, with median T_{max} at 2 to 3 hours post dose for tablet formulation. Food increased the extent and slowed the rate of absorption of dolutegravir. Bioavailability of dolutegravir depends on meal content: low, moderate, and high fat meals increased dolutegravir AUC_(0-∞) by 33%, 41%, and 66%, increased C_{max} by 46%, 52%, and 67%, prolonged T_{max} to 3, 4, and 5 hours from 2 hours under fasted conditions, respectively. These increases may be clinically relevant in the presence of certain integrase class resistance. Therefore, Dolutegravir is recommended to be taken with food by patients infected with HIV with integrase class resistance. The absolute bioavailability of dolutegravir has not been established.

Distribution

Dolutegravir is highly bound (>99%) to human plasma proteins based on in vitro data. The apparent volume of distribution is 17 L to 20 L in HIV-infected patients, based on a population pharmacokinetic analysis. Binding of dolutegravir to plasma proteins is independent of dolutegravir concentration. Total blood and plasma drug-related radioactivity concentration ratios averaged between 0.441 to 0.535, indicating minimal association of radioactivity with blood cellular components. The unbound fraction of dolutegravir in plasma is increased at low levels of serum albumin (<35 g/L) as seen in subjects with moderate hepatic impairment.

Dolutegravir is present in cerebrospinal fluid (CSF). In 13 treatment-naïve subjects on a stable dolutegravir plus abacavir/lamivudine regimen, dolutegravir concentration in CSF averaged 18 ng/mL (comparable to unbound plasma concentration, and above the IC50).

Dolutegravir is present in the female and male genital tract. AUC in cervicovaginal fluid, cervical tissue and vaginal tissue were 6-10% of those in corresponding plasma at steady state. AUC in semen was 7% and 17% in rectal tissue of those in corresponding plasma at steady state.

Biotransformation

Dolutegravir is primarily metabolized through glucuronidation via UGT1A1 with a minor CYP3A component. Dolutegravir is the predominant circulating compound in plasma; renal elimination of unchanged active substance is low (< 1% of the dose). Fifty-three percent of total oral dose is excreted unchanged in the faeces. It is unknown if all or part of this is due to unabsorbed active substance or biliary excretion of the glucuronide conjugate, which can be further degraded to form the parent compound in the gut lumen. Thirty-two percent of the total oral dose is excreted in the urine, represented by either glucuronide of dolutegravir (18.9% of total dose), N-dealkylation metabolite (3.6% of total dose), and a metabolite formed by oxidation at the benzylic carbon (3.0% of total dose).

Elimination

Dolutegravir has a terminal half-life of ~14 hours. The apparent oral clearance (CL/F) is approximately 1L/hr in HIV infected patients based on a population pharmacokinetic analysis.

Tenofovir disoproxil fumarate

Tenofovir disoproxil fumarate is a water-soluble ester prodrug, which is rapidly converted in vivo to tenofovir and formaldehyde. Tenofovir is converted intracellularly to tenofovir monophosphate and to the active component, tenofovir diphosphate.

Absorption

Following oral administration of tenofovir disoproxil fumarate to HIV infected patients, tenofovir disoproxil fumarate is rapidly absorbed and converted to tenofovir. Following single dose administration of Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets in healthy volunteers, the mean ($\pm$ SD) tenofovir C_{max} value was 312 ng/ml ($\pm$ 68) and the corresponding value for AUC was 2754 ng.h/ml ($\pm$ 586). The mean ($\pm$ SD) tenofovir T_{max} value was 2.06 ($\pm$ 0.61) hours. The oral bioavailability of tenofovir from tenofovir disoproxil fumarate in fasted patients was approximately 25%. Administration of tenofovir disoproxil fumarate with a high fat meal enhanced the oral bioavailability, with an increase in tenofovir AUC by approximately 40% and C_{max} by approximately 14%. However, administration of tenofovir disoproxil fumarate with a light meal did not have a significant effect on the pharmacokinetics of tenofovir.

Distribution

Following intravenous administration the steady-state volume of distribution of tenofovir was estimated to be approximately 800 ml/kg. In vitro protein binding of tenofovir to plasma or serum protein was less than 0.7 and 7.2%, respectively, over the tenofovir concentration range 0.01 to 25 µg/ml.

Elimination

Tenofovir is primarily excreted by the kidney, both by filtration and an active tubular transport system with approximately 70-80% of the dose excreted unchanged in urine following intravenous administration. Total clearance has been estimated to be approximately 230 ml/h/kg (approximately 300 ml/min). Renal clearance has been estimated to be approximately 160 ml/h/kg (approximately 210 ml/min), which is in excess of the glomerular filtration rate. This indicates that active tubular secretion is an important part of the elimination of tenofovir. Following oral administration the terminal half-life of tenofovir is approximately 12 to 18 hours. Studies have established the pathway of active tubular secretion of tenofovir to be influx into proximal tubule cell by the human organic anion transporters (hOAT) 1 and 3 and efflux into the urine by the multidrug resistant protein 4 (MRP 4). In vitro studies have determined that neither tenofovir disoproxil fumarate nor tenofovir are substrates for the CYP450 enzymes.

Age and gender

Limited data on the pharmacokinetics of tenofovir in women indicate no major gender effect. Pharmacokinetic studies have not been performed in children and adolescents (under 18 years) or in the elderly (over 65 years). Pharmacokinetics have not been specifically studied in different ethnic groups.

Renal impairment

Pharmacokinetic parameters of tenofovir were determined following administration of a single dose of tenofovir disoproxil fumarate 300 mg to 40 non-HIV, non-HBV infected patients with varying degrees of renal impairment defined according to baseline creatinine clearance (CrCl) (normal renal function when CrCl > 80 ml/min; mild with CrCl = 50-79 ml/min; moderate with CrCl = 30-49 ml/min and severe with CrCl = 10-29 ml/min). Compared with patients with normal renal function, the mean (%CV) tenofovir exposure increased from 2,185 (12%) ng·h/ml in subjects with CrCl > 80 ml/min to respectively 3,064 (30%) ng·h/ml, 6,009 (42%) ng·h/ml and 15,985 (45%) ng·h/ml in patients with mild, moderate and severe renal impairment. The dosing recommendations in patients with renal impairment, with increased dosing interval, are expected to result in higher peak plasma concentrations and lower C_{min} levels in patients with renal impairment compared with patients with normal renal function. The clinical implications of this are unknown.

In patients with end-stage renal disease (ESRD) (CrCl < 10 ml/min) requiring haemodialysis, between dialysis tenofovir concentrations substantially increased over 48 hours achieving a mean C_{max} of

1,032 ng/ml and a mean AUC_{0-48h} of 42,857 ng·h/ml. It is recommended that the dosing interval for tenofovir disoproxil fumarate 300 mg is modified in patients with creatinine clearance < 50 ml/min or in patients who already have ESRD and require dialysis.

The pharmacokinetics of tenofovir in non-haemodialysis patients with creatinine clearance < 10 ml/min and in patients with ESRD managed by peritoneal or other forms of dialysis have not been studied.

Hepatic impairment

A single 300 mg dose of tenofovir disoproxil fumarate was administered to non-HIV, non-HBV infected patients with varying degrees of hepatic impairment defined according to Child-Pugh- Turcotte (CPT) classification. Tenofovir pharmacokinetic parameters were not substantially altered in subjects with hepatic impairment suggesting that no dose adjustment is required in these subjects. The mean (%CV) tenofovir C_{max} and AUC_{0-∞} values were 223 (34.8%) ng/ml and 2,050 (50.8%) ng·h/ml, respectively, in normal subjects compared with 289 (46.0%) ng/ml and 2,31 (43.5%) ng·h/ml in subjects with moderate hepatic impairment, and 305 (24.8%) ng/ml and 2,740 (44.0%) ng·h/ml in subjects with severe hepatic impairment.

Intracellular pharmacokinetics

Tenofovir diphosphate has an intracellular half-life of 10 hours in activated and 50 hours in resting peripheral blood mononuclear cells (PBMCs).

Lamivudine

Lamivudine is rapidly absorbed following oral administration. Bioavailability is between 80 and 85%. Following single dose administration of Lamivudine/Tenofovir Disoproxil Fumarate 300mg/300mg Tablets in healthy volunteers, the mean (±SD) lamivudine C_{max} value was 2.24 µg/ml (±0.69) and the corresponding value for AUC was 10.54 µg·h/ml (±2.94). The mean (±SD) lamivudine T_{max} value was 2.15 hours (± 0.87). Co-administration of lamivudine with food results in a delay of t_{max} and a lower C_{max} (decreased by 47%). However, the extent (based on the AUC) of lamivudine absorbed is not influenced.

Distribution

Intravenous studies with lamivudine showed that the mean apparent volume of distribution is 1.3 l/kg. Lamivudine exhibits linear pharmacokinetics over the therapeutic dose range and displays limited binding to the major plasma protein albumin (< 36% serum albumin in vitro).

Metabolism

Metabolism of lamivudine is a minor route of elimination. Lamivudine is predominantly cleared unchanged by renal excretion. The likelihood of metabolic drug interactions with lamivudine is low due to the small extent of hepatic metabolism (5 - 10%) and low plasma protein binding.

Elimination

The observed lamivudine half-life of elimination is 5 to 7 hours. The half-life of intracellular lamivudine triphosphate has been estimated to approximately 22 hours. The mean systemic clearance of lamivudine is approximately 0.32 l/h/kg, with predominantly renal clearance (> 70%), including tubular secretion through the organic cationic transport system.

Special populations

Renal impairment: Studies in patients with renal impairment show that lamivudine elimination is affected by renal dysfunction. Dose reduction is recommended for patients with creatinine clearance

≤50 ml/min.

5.3. Preclinical safety data

Dolutegravir

Dolutegravir was not mutagenic or clastogenic in bacteria and cultured mammalian cells, and an *in vivo* rodent micronucleus assay. Dolutegravir was not carcinogenic in long-term studies in the mouse and rat. Dolutegravir did not affect male or female fertility in rats at doses up to 24 times the 50 mg twice daily human clinical exposure based on AUC. Oral administration of dolutegravir to pregnant rats at doses up to 27 times the 50 mg twice daily human clinical exposure based on AUC from days 6 to 17 of gestation did not cause maternal toxicity, developmental toxicity or teratogenicity.

Oral administration of dolutegravir to pregnant rabbits at doses up to 1000 mg/kg daily from days 6 to 18 of gestation did not elicit developmental toxicity or teratogenicity. In rabbits, maternal toxicity (decreased food consumption, reduced urine or faeces, suppressed bodyweight gain) was observed at 1000 mg/kg.

In a juvenile toxicity study in rats, there were two pre-weanling deaths at dolutegravir dose of 75 mg/kg daily. Over the pre-weaning period, mean bodyweight gain was decreased and the decrease persisted throughout the study for females during the post-weaning period. The systemic exposure at this dose (based on AUC) to dolutegravir was about 17 to 20-fold higher than in humans at the recommended paediatric exposure. No new target organs were identified in juveniles compared to adults. In the rat prenatal and postnatal development study, bodyweight decreased in the developing offspring during lactation at a maternally toxic dose (about 27 times human exposure at the maximum recommended dose).

The primary effect of high doses of dolutegravir and prolonged daily treatment (up to 26 weeks in rats and up to 38 weeks in monkeys) was gastrointestinal intolerance or irritation in rats and monkeys at doses that produce systemic exposures about 21 and 0.82 times the 50 mg twice daily human clinical exposure based on AUC, respectively. Because gastrointestinal intolerance is considered to be due to local effects of the active substance, comparison based on bodyweight or on body surface area is appropriate for this toxicity. Gastrointestinal intolerance in monkeys occurred at 15 times the human mg/kg equivalent dose (based on a 50-kg human), and 5 times the human mg/m² equivalent dose for a clinical dose of 50 mg twice daily.

Tenofovir

Preclinical studies conducted in rats, dogs and monkeys revealed target organ effects in gastrointestinal tract, kidney, bone and a decrease in serum phosphate concentration. Bone toxicity was diagnosed as osteomalacia (monkeys) and reduced bone mineral density (rats and dogs). Findings in the rat and monkey studies indicated that there was a substance-related decrease in intestinal absorption of phosphate with potential secondary reduction in bone mineral density. However, no conclusion could be drawn on the mechanism(s) underlying these toxicities. Reproductive studies were conducted in rats and rabbits. There were no effects on mating or fertility parameters or on any pregnancy or foetal parameter. There were no gross foetal alterations of soft or skeletal tissues. Tenofovir disoproxil fumarate reduced the viability index and weight of pups in peripost natal toxicity studies.

Genotoxicity studies have shown that tenofovir disoproxil fumarate was negative in the *in vivo* mouse bone marrow micronucleus assay but was positive for inducing forward mutations in the *in vitro* L5178Y mouse lymphoma cell assay in the presence or absence of S9 metabolic activation. Tenofovir disoproxil fumarate was positive in the Ames test (strain TA 1535) in two out of three studies, once in the presence of S9 mix (6.2- to 6.8-fold increase) and once without S9 mix. Tenofovir disoproxil fumarate was also weakly positive in an *in vivo* / *in vitro* unscheduled DNA synthesis test in primary rat hepatocytes.

Tenofovir disoproxil fumarate did not show any carcinogenic potential in a long-term oral carcinogenicity study in rats. A long-term oral carcinogenicity study in mice showed a low incidence of duodenal tumours, considered likely related to high local concentrations of tenofovir disoproxil fumarate in the gastrointestinal tract at a dose of 600 mg/kg/day. While the mechanism of tumour formation is uncertain, the findings are unlikely to be of relevance to humans.

Lamivudine

Administration of lamivudine in animal toxicity studies at high doses was not associated with any major organ toxicity.

Lamivudine was not mutagenic in bacterial tests, but showed activity in an in vitro cytogenetic assay and the mouse lymphoma assay. Lamivudine was not genotoxic in vitro at doses that gave plasma concentrations around 40-50 times higher than the anticipated clinical plasma levels. As the in vitro mutagenic activity of lamivudine could not be confirmed in in vivo tests, it is concluded that lamivudine should not represent a genotoxic hazard to patients undergoing treatment.

The results of long-term carcinogenicity studies in rats and mice did not show any carcinogenic potential relevant for humans.

6. Pharmaceutical Particulars

6.1. List of Excipients

Microcrystalline Cellulose Pregelatinised Starch Croscarmellose sodium Magnesium Stearate Mannitol

Ferric oxide yellow Sodium starch glycolate Povidone

Sodium stearyl fumarate Instacoat Universal White Hypromellose

Triacetin

Titanium Dioxide

6.2. Incompatibilities

Not applicable

This medicinal product must not be mixed with other medicinal products except those mentioned in

6.3. Shelf life

24 months

6.4. Special precautions for storage

Store below 30°C in dry place, protect from light

As with all medicines, keep this product out of the reach of children. Do not keep outdated medicine or medicine no longer needed.

6.5. Nature and contents of container

30's HDPE Container

30 Tablets packed in HDPE container and CT closure with 2 X 3gm silica sachets. Container packed in carton with leaflet.

6.6. Special Precaution for disposal

No special requirements.

Any unused product or waste material should be disposed of in accordance with local requirements.

7. Manufacturer and Marketing Authorization Holder

PT. Sampharindo Retroviral Indonesia

Jalan Tambak Aji Timur V No.50 Semarang

Phone: +622484313513

Fax: +62248660463

E-mail: sri@sampharindo.com

TELADO Tablet Salut Selaput

Dolutegravir/Lamivudine/Tenofovir Disoproxil Fumarate (50mg/300mg/300mg)

Baca leaflet ini secara seksama sebelum menggunakan obat.

- Simpan leaflet ini. Anda mungkin perlu membacanya kembali.
- Jika Anda mempunyai pertanyaan lebih lanjut, bertanyalah kepada dokter atau apoteker Anda.
- Obat ini diresepkan hanya untuk Anda dan jangan diberikan kepada pasien lain karena dapat membahayakan mereka walaupun mempunyai gejala penyakit yang sama seperti Anda.
- Apabila Anda mengalami efek samping, bicarakan dengan dokter atau apoteker Anda, termasuk efek samping yang mungkin tidak tercantum dalam leaflet ini.

Leaflet ini berisi :

1. Apa itu TELADO dan kegunaannya
2. Apa yang perlu Anda ketahui sebelum menggunakan TELADO
3. Bagaimana cara meminum TELADO
4. Kemungkinan efek samping yang terjadi
5. Bagaimana cara penyimpanan TELADO
6. Isi dalam kemasan dan informasi lainnya

1. Apa itu TELADO dan kegunaannya.

TELADO digunakan untuk pengobatan infeksi Human Immunodeficiency Virus (HIV) pada orang dewasa dan remaja dengan usia diatas 12 tahun. TELADO adalah obat yang mengandung tiga zat aktif yaitu Dolutegravir, Lamivudine dan Tenofovir Disoproxil Fumarate. Ketiga zat aktif tersebut adalah obat antiviral. Dolutegravir adalah inhibitor integrase (INIs). Sedangkan Lamivudine dan Tenofovir Disoproxil Fumarate adalah nucleoside reverse transcriptase inhibitor (NRTI). TELADO tidak menyembuhkan infeksi HIV, tetapi mengurangi jumlah virus yang ada dalam tubuh Anda, dan menjaganya agar tetap rendah. Sebagai hasilnya, TELADO akan meningkatkan sel CD4 yang ada dalam darah. CD4 adalah sel darah putih yang sangat penting untuk membantu tubuh melawan infeksi. TELADO tidak bekerja sama baiknya pada semua orang. Penyedia layanan kesehatan Anda akan memeriksa seberapa baik obat ini bekerja pada infeksi Anda. Untuk mengontrol infeksi HIV, dan untuk menghentikan perkembangan penyakit yang semakin memburuk, Anda harus tetap mengonsumsi obat kecuali dokter Anda menginstruksikan untuk berhenti.

2. Apa yang perlu Anda ketahui sebelum menggunakan TELADO Jangan menggunakan TELADO :

- Jika Anda alergi (hipersensitif) terhadap Dolutegravir, Lamivudine, Tenofovir Disoproxil Fumarate atau salah satu bahan lainnya
- Jika Anda mengonsumsi obat Dofetilide (untuk mengobati gangguan jantung). Jika Anda merasa hal tersebut terkait dengan diri Anda, maka beritahu dokter Anda.

Hati-hati dengan penggunaan TELADO :

Sebelum Anda menggunakan TELADO, Anda harus memberitahu dokter atau penyedia layanan kesehatan Anda :

- Jika Anda menderita penyakit ginjal atau hati (seperti hepatitis)
- Jika Anda mempunyai diabetes dan sedang menggunakan insulin
- Jika Anda obesitas

Beberapa orang yang menerima pengobatan infeksi HIV dapat mengalami perkembangan kondisi lain yang serius meliputi :

- Gejala infeksi atau peradangan
- Nyeri sendi, kekakuan dan masalah tulang

Penting bagi dokter, atau penyedia pelayanan kesehatan Anda mengetahui tentang semua gejala yang Anda alami, bahkan jika Anda berpikir gejala itu tidak berkaitan dengan infeksi HIV.

Penyakit hati

Berbicaralah kepada dokter atau penyedia layanan kesehatan Anda jika Anda mempunyai riwayat penyakit hati. Pasien dengan hepatitis kronis B atau C yang diterapi dengan antiretroviral dapat meningkatkan keparahan dan kemungkinan efek samping yang fatal serta Anda kemungkinan memerlukan tes darah untuk memonitor fungsi hati. Jika Anda mempunyai infeksi hepatitis B, jangan menghentikan pengobatan tanpa pengarahannya dari dokter atau penyedia layanan kesehatan Anda, karena Anda mungkin mengalami kekambuhan hepatitis. Kekambuhan ini mungkin lebih parah jika Anda memiliki penyakit hati yang serius.

Asidosis laktat

Wanita terutama dengan kelebihan berat badan dan pasien penyakit hati mungkin lebih berisiko terkena efek samping serius ini meskipun jarang. Asidosis laktat merupakan penumpukan asam laktat di dalam tubuh dan biasanya berkembang setelah beberapa bulan pengobatan. Napas yang cepat dan dalam, kantuk, serta gejala non spesifik seperti mual, muntah, dan sakit perut mungkin mengindikasikan perkembangan kondisi ini. Saat Anda dirawat, dokter atau penyedia layanan kesehatan Anda akan melakukan pemantauan terkait tanda-tanda Anda mengalami asidosis laktat.

Distibusi lemak

Redistribusi, akumulasi atau kehilangan lemak tubuh mungkin dapat terjadi pada pasien yang menerima kombinasi terapi antiretroviral. Hubungi dokter atau penyedia layanan kesehatan Anda jika Anda melihat adanya perubahan pada tubuh Anda.

Immune Reactivation Syndrome

Pada beberapa pasien dengan infeksi HIV lanjutan (AIDS) dan riwayat terkait infeksi AIDS (oportunistik), tanda-tanda dan gejala peradangan dari infeksi sebelumnya dapat terjadi segera setelah pengobatan anti-HIV dimulai. Dipercayai bahwa gejala-gejala ini disebabkan oleh perbaikan respon imun pada tubuh, memungkinkan tubuh untuk melawan infeksi yang mungkin ada tanpa gejala yang jelas. Gangguan autoimun (sistem kekebalan tubuh yang menyerang jaringan tubuh yang sehat) juga dapat terjadi setelah Anda mulai minum obat untuk pengobatan infeksi HIV Anda. Ini mungkin terjadi berbulan-bulan setelah dimulainya pengobatan. Jika Anda mengalami gejala infeksi atau gejala lain seperti kelemahan otot yang dimulai pada tangan dan kaki lalu menjalar ke seluruh tubuh, palpitasi, tremor, atau hiperaktif, harap segera beri tahu dokter atau penyedia layanan kesehatan Anda untuk mencari pengobatan yang diperlukan.

Masalah tulang

Beberapa pasien yang memakai terapi kombinasi antiretroviral dapat berkembang menjadi penyakit tulang yang disebut osteonekrosis (kematian jaringan tulang). Risiko terkena penyakit ini mungkin lebih tinggi jika kekebalan tubuh sangat lemah, pengguna kortikosteroid seperti Dexamethasone, Prednisone, kelebihan berat badan, atau pada seorang peminum alkohol. Jika Anda mengalami kekakuan sendi, sakit dan nyeri (terutama di pinggul, lutut dan bahu) dan kesulitan bergerak, beri tahu dokter atau penyedia layanan kesehatan Anda. Masalah tulang (kadang-kadang menyebabkan patah tulang) juga dapat terjadi karena kerusakan pada sel-sel ginjal.

Lainnya

Anda perlu meminum TELADO setiap hari. Obat ini membantu mengontrol kondisi Anda, tetapi bukan obat untuk Infeksi HIV. Anda mungkin masih bisa mendapatkan infeksi dan penyakit lain yang terkait dengan HIV (mis. infeksi oportunistik). Infeksi atau penyakit tambahan ini akan membutuhkan perawatan khusus dan terkadang membutuhkan tindakan pencegahan. Anda harus tetap melakukan kontak rutin dengan dokter atau penyedia layanan kesehatan Anda. Anda tidak boleh berhenti minum obat tanpa berbicara dengan dokter atau penyedia layanan kesehatan Anda. Berhati-hatilah agar tidak menginfeksi orang lain, TELADO tidak menghilangkan risiko penularan HIV kepada orang lain melalui hubungan seksual atau kontaminasi dengan darah. Anda harus terus mengambil tindakan pencegahan untuk menghindari hal ini.

Melindungi orang lain

Infeksi HIV disebarkan melalui kontak seksual dengan seseorang yang terinfeksi, atau melalui transfer darah yang terinfeksi (misalnya, dengan penggunaan jarum suntik bersamaan). Anda masih bisa menularkan HIV saat minum obat ini walaupun risikonya berkurang. Diskusikan dengan dokter Anda tindakan pencegahan yang diperlukan untuk menghindari penularan kepada orang lain.

Anak-anak

Jangan berikan obat ini kepada anak di bawah 12 tahun, dengan berat kurang dari 30 kg atau dengan infeksi HIV yang resisten terhadap obat lain yang mirip dengan tablet Dolutegravir, Tenofovir Disoproxil Fumarate dan Lamivudine 50mg/300mg/300mg. Penggunaan TELADO pada anak di bawah 12 tahun belum diteliti.

Obat-obatan lain

Beri tahu dokter, apoteker, atau penyedia layanan kesehatan jika Anda sedang meminum atau baru saja meminum obat - obatan lain, termasuk obat-obatan yang diperoleh tanpa resep dokter. TELADO tidak boleh digunakan bersama Kotrimoksazol dosis besar (Sulfametoksazol/ Trimetoprim), Dofetilide yang digunakan untuk mengobati kondisi jantung, dan Adefovir Dipivoxil pada saat bersamaan.

Obat lain yang mengandung Didanosine (untuk infeksi HIV) : Mengonsumsi TELADO dengan obat-obatan yang mengandung didanosine akan meningkatkan kadar Didanosine dalam darah. Keadaan jarang, radang pankreas dan asidosis laktat (kelebihan asam laktat dalam darah), yang terkadang menyebabkan kematian, telah dilaporkan saat obat-obatan mengandung Tenofovir Disoproxil Fumarate dan Didanosine dikonsumsi bersamaan.

Tingkat kegagalan virologi yang tinggi dan munculnya resistansi pada tahap awal telah dilaporkan pada pasien HIV ketika Tenofovir Disoproxil Fumarate dan Lamivudine dikombinasikan dengan Didanosine atau Abacavir. Dokter Anda akan mempertimbangkan apakah akan memberikan dengan kombinasi tablet Dolutegravir, Tenofovir Disoproxil Fumarate dan Lamivudine 50mg/300mg/300mg dan Didanosine. Jangan mengonsumsi TELADO jika Anda sudah minum obat lain yang mengandung Dolutegravir, Tenofovir Disoproxil Fumarate, Emtricitabine atau Lamivudine.

Beberapa obat dapat mempengaruhi bagaimana TELADO bekerja, atau lebih mungkin Anda akan mengalami efek samping. TELADO juga dapat mempengaruhi bagaimana beberapa obat lain bekerja.

Beri tahu dokter Anda jika Anda minum obat yang ada dalam daftar berikut :

- Metformin, untuk mengobati diabetes
- Obat-obatan antasida, untuk mengobati gangguan pencernaan dan rasa terbakar di dada.
Jangan minum antasida selama 6 jam sebelum Anda meminum TELADO, atau setidaknya 2 jam setelah Anda meminumnya
- Suplemen kalsium, suplemen zat besi, dan multivitamin. Jangan minum suplemen kalsium, suplemen zat besi atau multivitamin selama 6 jam sebelum Anda menggunakan TELADO atau setidaknya 2 jam setelah Anda meminumnya
- Etravirine, Efavirenz, Fosamprenavir/Ritonavir, Nevirapine atau Tipranavir/Ritonavir, untuk mengobati infeksi HIV
- Rifampicin, untuk mengobati tuberkulosis (TB) dan infeksi bakteri lainnya
- Fenitoin dan Fenobarbital, untuk mengobati epilepsi
- Oxcarbazepine dan Carbamazepine, untuk mengobati epilepsi atau gangguan bipolar
- St. John's wort (*Hypericum perforatum*), obat herbal untuk mengobati depresi

Sangat penting untuk memberi tahu dokter atau penyedia layanan kesehatan jika Anda menggunakan obat yang dapat merusak ginjal, antara lain :

- Aminoglikosida atau Vankomisin (untuk infeksi bakteri)
- Amfoterisin B atau Pentamidin (untuk infeksi jamur)
- Foscarnet, Ganciclovir, atau Cidofovir (untuk infeksi virus)
- Adefovir Dipivoxil (untuk infeksi virus hepatitis B)
- Tacrolimus (untuk penekanan sistem imun, misalnya setelah transplantasi organ)

Beritahu dokter atau apoteker Anda jika Anda memakainya. Dokter Anda mungkin memutuskan untuk menyesuaikan dosis atau perlu pemeriksaan tambahan.

TELADO dapat dikonsumsi dengan atau tanpa makanan

Kehamilan dan Menyusui

Kehamilan

Jika Anda sedang hamil, jika Anda akan hamil, atau jika Anda berencana untuk memiliki bayi :
Bicaralah dengan dokter Anda tentang risiko dan manfaat memakai TELADO. Menggunakan TELADO pada trimester pertama dapat meningkatkan risiko bayi lahir cacat, yang disebut neural tube defect seperti spina bifida (malformasi tulang belakang). Jika Anda tidak hamil atau tidak berencana hamil, Anda direkomendasikan untuk :

- melakukan tes kehamilan
- menggunakan kontrasepsi yang efektif untuk mencegah kehamilan

Jangan menghentikan pengobatan TELADO tanpa berkonsultasi dengan dokter, hal ini dapat membahayakan Anda dan calon bayi Anda.

Menyusui

Jika Anda ingin menyusui bayi Anda, Anda harus mendiskusikan risiko dan manfaatnya dengan dokter atau penyedia layanan kesehatan Anda.

Mengemudi dan menggunakan mesin

TELADO dapat menyebabkan pusing dan membuat Anda kurang fokus. Jika Anda merasa pusing saat menggunakan obat ini, jangan mengemudi dan jangan menggunakan alat berbahaya atau menjalankan mesin sampai Anda yakin efek samping ini hilang.

3. Bagaimana cara minum TELADO

Selalu minum TELADO persis seperti yang dikatakan oleh dokter Anda. Jangan berhenti meminumnya tanpa memeriksakan pada dokter Anda. Tanyakan kepada dokter jika Anda tidak yakin.

Dosis yang biasa adalah satu tablet sekali sehari. Anda dapat minum TELADO setelah makan atau di antara waktu makan.

Antasida, suplemen kalsium, suplemen zat besi, multivitamin

Mintalah saran kepada dokter Anda jika Anda sedang mengonsumsi:

- antasida
- suplemen kalsium
- suplemen zat besi
- multivitamin

Minumlah obat-obat di atas ini setidaknya 6 jam sebelum Anda minum TELADO atau minum TELADO setidaknya 2 jam setelah minum antasida, suplemen kalsium atau zat besi, atau multivitamin.

Anak-anak dan remaja

Dosis TELADO pada remaja usia diatas 12 tahun adalah satu tablet sekali sehari. Anak-anak dan remaja yang infeksi HIV-nya resisten terhadap obat-obatan yang serupa dengan TELADO tidak boleh minum TELADO.

TELADO tidak cocok untuk anak-anak dibawah 12 tahun dan harus menggunakan kombinasi lainnya yang berbeda.

Jika Anda minum TELADO lebih dari yang seharusnya dianjurkan

Jika Anda minum terlalu banyak tablet TELADO, hubungi dokter Anda untuk meminta saran. Jika memungkinkan, perlihatkan kemasan TELADO kepada mereka.

Jika Anda lupa untuk meminum TELADO

Jika Anda melewatkan satu dosis TELADO, gunakan segera setelah Anda ingat. Tetapi jika waktu minum TELADO selanjutnya berada dalam kurun waktu 12 jam, abaikan dosis yang Anda lewatkan dan gunakan dosis berikutnya pada waktu yang biasa. Kemudian lanjutkan perawatan Anda seperti sebelumnya. Anda tidak boleh mengambil dosis ganda untuk mengganti dosis yang terlewat.

4. Kemungkinan efek samping yang terjadi

Seperti semua obat, TELADO dapat menyebabkan efek samping tetapi tidak semua orang mengalaminya. Bicaralah dengan dokter Anda jika kesehatan Anda memburuk. Perubahan bisa disebabkan oleh obat atau kondisi Anda semakin memburuk.

Reaksi alergi

Segera hubungi dokter jika Anda mendapatkan reaksi alergi karena dokter dapat memutuskan bahwa Anda harus berhenti menggunakan TELADO. Tanda-tanda reaksi alergi adalah:

- ruam kulit
- demam
- kelelahan
- pembengkakan di bawah kulit yang bisa melibatkan wajah atau mulut dan kesulitan bernapas
- nyeri otot dan sendi

Lactic acidosis (kelebihan asam laktat dalam darah) jarang terjadi (dapat terjadi pada hingga 1 dalam setiap 1.000 pasien) tetapi ini merupakan efek samping serius yang dapat berakibat fatal.

Efek samping berikut mungkin merupakan tanda lactic acidosis:

- nafas cepat dan dalam
- mengantuk
- merasa mual, muntah, dan sakit perut

Efek samping yang sangat umum (terjadi pada lebih dari 1 dari 10 orang)

- diare
- sakit kepala
- merasa mual
- kesulitan tidur (insomnia)

Hasil pemeriksaan juga dapat menunjukkan : kadar fosfat yang rendah dan abnormal dalam darah

Efek samping umum (mungkin terjadi pada 1 dari 10 orang)

- ruam, gatal (pruritus)
- tidak enak badan, muntah, sakit perut atau perut tidak nyaman, perut kembung
- insomnia, mimpi abnormal, depresi
- pusing, kelelahan

Hasil pemeriksaan juga dapat menunjukkan: gangguan hati, peningkatan enzim yang disebut kreatine kinase

Efek samping yang tidak biasa (mungkin terjadi pada 1 dari 100 orang)

- reaksi alergi (lihat uraian di atas)
- rasa sakit di perut (abdomen) yang disebabkan oleh peradangan pankreas
- kulit atau mata kuning, gatal, atau sakit di perut (abdomen) yang disebabkan oleh peradangan hati dan nyeri otot
- nyeri tulang dan patah tulang yang mungkin disebabkan oleh kerusakan ginjal (lihat Peringatan dan perhatian).
- Keinginan dan perilaku bunuh diri (terutama pada pasien yang mengalami depresi atau masalah kesehatan mental)

Hasil pemeriksaan juga mungkin menunjukkan

- penurunan kalium dalam darah
- masalah pada pankreas
- penurunan jumlah sel yang terlibat dalam pembekuan darah (trombositopenia)
- jumlah sel darah merah yang rendah (anemia) atau jumlah sel darah putih yang rendah (neutropenia)

Efek samping yang jarang (mungkin terjadi pada 1 dari 1000 orang)

- lactic acidosis (kelebihan asam laktat dalam darah)
- timbunan lemak pada organ hati
- radang ginjal, mengeluarkan banyak urin dan merasa haus
- perubahan pada urin dan nyeri punggung yang disebabkan oleh masalah ginjal, termasuk gagal ginjal

Hasil pemeriksaan juga dapat menunjukkan

- kerusakan ginjal
- peningkatan kreatinin dalam darah
- peningkatan enzim yang disebut amilase

Efek samping yang sangat langka (mungkin terjadi pada 1 dari 10.000 orang)

- mati rasa, perasaan geli di kulit (terasa menusuk dan mengganggu)
- kegagalan sumsum tulang untuk menghasilkan sel darah merah baru (aplasia sel darah merah murni)

Efek samping dengan frekuensi yang tidak diketahui

- peningkatan lemak darah (hyperlipidemia) dan peningkatan gula darah yang tidak normal
- munculnya gejala infeksi sebagai bagian dari Immune Reactivation Syndrome (lihat peringatan dan perhatian)

Jika ada efek samping yang serius, atau jika Anda melihat ada efek samping yang tidak tercantum dalam leaflet ini, beri tahu dokter Anda.

Pelaporan efek samping

Jika Anda mendapatkan efek samping, bicarakan dengan dokter Anda. Ini termasuk efek yang tidak diinginkan yang tidak tercantum dalam leaflet ini. Jika tersedia, Anda juga dapat melaporkan efek samping secara langsung melalui sistem pelaporan nasional. Dengan melaporkan efek samping Anda dapat membantu memberikan informasi lebih lanjut tentang keamanan obat ini.

5. Bagaimana cara menyimpan TELADO

Jauhkan obat ini dari jangkauan anak-anak

Simpan di bawah suhu 30 °C. Simpan dalam wadah aslinya.

Gunakan selama 30 hari setelah kemasan dibuka.

Jangan gunakan obat ini setelah tanggal kedaluwarsa yang tertera pada label setelah 'EXP'. Tanggal kedaluwarsa mengacu pada hari terakhir bulan itu.

Jangan membuang obat apa pun dalam air limbah atau limbah rumah tangga. Tanyakan kepada dokter atau apoteker Anda bagaimana membuang obat yang tidak lagi Anda gunakan. Langkah-langkah ini akan membantu melindungi lingkungan.

6. Isi dalam kemasan dan informasi lainnya

Apa isi TELADO?

Bahan aktif dalam obat ini adalah Dolutegravir (sebagai sodium), Lamivudine dan Tenofovir Disoproxil Fumarate. Setiap tablet mengandung 50 mg Dolutegravir (sebagai sodium), 300 mg Lamivudine, dan 300 mg Tenofovir Disoproxil Fumarate.

Bahan lainnya adalah:

Tablet inti: microcrystalline cellulose, pregelatinized starch, povidone, croscarmellose sodium, magnesium stearate, mannitol, ferric oxide yellow, sodium starch glycolate, sodium stearyl fumarate.

Lapisan salut: instacoat universal white yang mengandung bahan hypromellose, triacetin, titanium dioxide.

Seperti apa TELADO dan isi kemasannya

TELADO adalah tablet salut selaput berwarna putih berbentuk kapsul dengan tanda SR2 pada salah satu sisi dan polos pada sisi lainnya. TELADO dikemas dalam botol HDPE berisi 30 tablet salut selaput dengan pengering silica gel.

HARUS DENGAN RESEP DOKTER

No. Reg : DKL2144600117A1

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