BIOPREXUM®
PLUS 5 mg / 1.25 mg
perindopril arginine / indapamide

COMPOSITION

One film-coated tablet contains 3.395 mg perindopril corresponding to 5 mg perindopril arginine and 1.25 mg indapamide.

INDICATIONS

Treatment of essential hypertension in adults, BIOPREXUM *Plus* 5mg/1.25mg film-coated tablet is indicated in patients whose blood pressure is not adequately controlled on perindopril alone.

POSOLOGY AND METHOD OF ADMINISTRATION

Posology

One BIOPREXUM *Plus* 5mg/1.25mg film-coated tablet per day as a single dose, preferably to be taken in the morning, and before a meal.
When possible individual dose titration with the components is recommended. BIOPREXUM *Plus* 5mg/1.25mg film-coated tablet should be used when blood pressure is not adequately controlled on BIOPREXUM *Plus* 2.5mg/0.625mg film-coated tablet (where available). When clinically appropriate, direct change from monotherapy to BIOPREXUM *Plus* 5mg/1.25mg film-coated tablet may be considered.

Special populations

Elderly (see "Special warnings and precautions for use ")
Treatment should be initiated after considering blood pressure response and renal function.

Renal impairment (see "Special warnings and precautions for use ")
In severe renal impairment (creatinine clearance below 30 ml/min), treatment is contraindicated.
In patients with moderate renal impairment (creatinine clearance 30-60 ml/min), it is recommended to start treatment with the adequate dosage of the free combination.
In patients with creatinine clearance greater than or equal to 60 ml/min, no dose modification is required.
Usual medical follow-up will include frequent monitoring of creatinine and potassium.

Hepatic impairment (see "Contraindications", "Warning and Precautions" and "Pharmacokinetic properties")
In severe hepatic impairment, treatment is contraindicated.
In patients with moderate hepatic impairment, no dose modification is required.

Paediatric population

The safety and efficacy of perindopril arginine/indapamide in the paediatric population have not yet been established. No data are available.

BIOPREXUM Plus 5 mg/1.25 mg should not be used in children and adolescents.

Method of administration

Oral use

CONTRAINDICATIONS

Linked to perindopril:

- Hypersensitivity to the active substance or to any other ACE inhibitor
- History of angioedema (Quincke's oedema) associated with previous ACE inhibitor therapy (see "Special warnings and precautions for use")
- Hereditary/idiopathic angioedema
- Second and third trimesters of pregnancy (see "Special warnings and precautions for use", "Pregnancy and Lactation")
- Concomitant use of BIOPREXUM Plus 5mg/1.25mg with aliskiren-containing products in patients with diabetes mellitus or renal impairment (GFR < 60 ml/min/1.73 m^2) (see "Interaction with other medicinal products and other forms of interaction" and "Pharmacodynamic properties").
- Concomitant use with sacubitril/valsartan therapy. BIOPREXUM *Plus* 5mg/1.25mg must not be initiated earlier than 36 hours after the last dose of sacubitril/valsartan (see sections "Special warnings and precautions for use" and "Interaction with other medicinal products and other forms of interaction").

- Extracorporeal treatments leading to contact of blood with negatively charged surfaces (see section "Interaction with other medicinal products and other forms of interaction").
- Significant bilateral renal artery stenosis or stenosis of the artery to a single functioning kidney (see section "Special warnings and precautions for use").

Linked to indapamide:

- Hypersensitivity to the active substance or to any other sulphonamides
- Severe renal impairment (creatinine clearance below 30 ml/min)
- Hepatic encephalopathy
- Severe hepatic impairment
- Hypokalaemia

Linked to BIOPREXUM Plus 5mg/1.25mg:

- Hypersensitivity to any of the excipients

Due to the lack of sufficient therapeutic experience, BIOPREXUM *Plus* 5mg/1.25mg should not be used in :
- Dialysis patients
- Patients with untreated decompensated heart failure.

SPECIAL WARNINGS AND PRECAUTIONS FOR USE

Special Warnings

COMMON TO PERINDOPRIL AND INDAPAMIDE

Lithium:
The combination of lithium and the combination of perindopril and indapamide is usually not recommended (see "Drug Interactions").

Linked to perindopril:
Dual blockade of the renin-angiotensin-aldosterone system (RAAS)
There is evidence that the concomitant use of ACE-inhibitors, angiotensin II receptor blockers or aliskiren increases the risk of hypotension, hyperkalaemia and decreased renal function (including acute renal failure). Dual blockade of RAAS through the combined use of ACE-inhibitors, angiotensin II receptor blockers or aliskiren is therefore not recommended (see sections Interaction with other medicinal products and other forms of interaction and Pharnacodynamic properties).
If dual blockade therapy is considered absolutely necessary, this should only occur under specialist supervision and subject to frequent close monitoring of renal function, electrolytes and blood pressure.
ACE-inhibitors and angiotensin II receptor blockers should not be used concomitantly in patients with diabetic nephropathy.

Potassium-sparing drugs, potassium supplements or potassium-containing salt substitutes
The combination of perindopril and potassium-sparing drugs, potassium supplements or potassium-containing salt substitutes is usually not recommended (see sections "Interaction with other medicinal products and other forms of interaction").

Neutropenia/agranulocytosis/thrombocytopenia/anaemia
Neutropenia/agranulocytosis, thrombocytopenia and anaemia have been reported in patients receiving ACE inhibitors. In patients with normal renal function and no other complicating factors, neutropenia occurs rarely. Perindopril should be used with extreme caution in patients with collagen vascular disease, immunosuppressant therapy, treatment with allopurinol or procainamide, or a combination of these complicating factors, especially if there is pre-existing impaired renal function. Some of these patients developed serious infections which in a few instances did not respond to intensive antibiotic therapy. If perindopril is used in such patients, periodical monitoring of white blood cell counts is advised and patients should be instructed to report any sign of infection (e.g. sore throat, fever) (see sections "Interaction with other medicinal products and other forms of interaction" and "Undesirable Effects").

Renovascular hypertension:
There is an increased risk of hypotension and renal insufficiency when patient with bilateral renal artery stenosis or stenosis of the artery to a single functioning kidney are treated with ACE inhibitors (see section "Contraindications"). Treatment with diuretics may be a contributory factor. Loss of renal function may occur with only minor changes in serum creatinine even in patients with unilateral renal artery stenosis.

Hypersensitivity/angioedema

Angioedema of the face, extremities, lips, tongue, glottis and/or larynx has been reported rarely in patients treated with angiotensin converting enzyme inhibitors, including perindopril (see section "Undesirable Effects"). This may occur at any time during treatment.

In such cases perindopril should be discontinued promptly and appropriate monitoring should be instituted to ensure complete resolution of symptoms prior to dismissing the patient. In those instances where swelling has

been confined to the face and lips the condition generally resolved without treatment, although antihistamines have been useful in relieving symptoms.
Angioedema associated with laryngeal oedema may be fatal. Where there is involvement of the tongue, glottis or larynx, likely to cause airway obstruction, appropriate therapy, which may include subcutaneous epinephrine solution 1:1000 (0.3 ml to 0.5 ml) and/or measures to ensure a patent airway, should be administered promptly.

Black patients receiving ACE inhibitors have been reported to have a higher incidence of angioedema compared to non-blacks.

Patients with a history of angioedema unrelated to ACE inhibitor therapy may be at increased risk of angioedema while receiving an ACE inhibitor (see section contraindications).

Intestinal angioedema has been reported rarely in patients treated with ACE inhibitors. These patients presented with abdominal pain (with or without nausea or vomiting); in some cases there was no prior facial angioedema and C-1 esterase levels were normal. The angioedema was diagnosed by procedures including abdominal CT scan, or ultrasound or at surgery and symptoms resolved after stopping the ACE inhibitor. Intestinal angioedema should be included in the differential diagnosis of patients on ACE inhibitors presenting with abdominal pain.

The combination of perindopril with sacubitril/valsartan is contraindicated due to the increased risk of angioedema (see section "Contraindications"). Sacubitril/valsartan must not be initiated until 36 hours after taking the last dose of perindopril therapy. If treatment with sacubitril/valsartan is stopped, perindopril therapy must not be initiated until 36 hours after the last dose of sacubitril/valsartan (see sections "Contraindications" and "Interaction with other medicinal products and other forms of interaction"). Concomitant use of ACE inhibitors with NEP inhibitors (e.g. racecadotril), mTOR inhibitors (e.g. sirolimus, everolimus, temsirolimus) and gliptins (e.g. linagliptin, saxagliptin, sitagliptin, vildagliptin) may lead to an increased risk of angioedema (e.g. swelling of the airways or tongue, with or without respiratory impairment) (see section "Interaction with other medicinal products and other forms of interaction"). Caution should be used when starting racecadotril, mTOR inhibitors (e.g. sirolimus, everolimus, temsirolimus) and gliptins (e.g. linagliptin, saxagliptin, sitagliptin, vildagliptin) in a patient already taking an ACE inhibitor.

Anaphylactoid reactions during desensitisation
There have been isolated reports of patients experiencing sustained, life-threatening anaphylactoid reactions while receiving ACE inhibitors during desensitisation treatment with hymenoptera (bees, wasps) venom. ACE inhibitors should be used with caution in allergic patients treated with desensitisation, and avoided in those undergoing venom immunotherapy. However these reactions could be prevented by temporary withdrawal of ACE inhibitor for at least 24 hours before treatment in patients who require both ACE inhibitors and desensitisation.

Anaphylactoid reactions during LDL apheresis

Rarely, patients receiving ACE inhibitors during low density lipoprotein (LDL)-apheresis with dextran sulphate have experienced life-threatening anaphylactoid reactions. These reactions were avoided by temporarily withholding ACE-inhibitor therapy prior to each apheresis.

Haemodialysis patients
Anaphylactoid reactions have been reported in patients dialysed with high-flux membranes (e.g., AN 69®) and treated concomitantly with an ACE inhibitor. In these patients consideration should be given to using a different type of dialysis membrane or a different class of antihypertensive agent.

Primary aldosteronism:
Patients with primary hyperaldosteronism generally will not respond to anti-hypertensive drugs acting through inhibition of the renin-angiotensin system. Therefore, the use of this product is not recommended.

Pregnancy

ACE inhibitors should not be initiated during pregnancy. Unless continued ACE inhibitor therapy is considered essential, patients planning pregnancy should be changed to alternative anti-hypertensive treatments which have an established safety profile for use in pregnancy. When pregnancy is diagnosed, treatment with ACE inhibitors should be stopped immediately, and, if appropriate, alternative therapy should be started (see sections "Contraindications" and "Fertility, pregnancy and lactation").

Linked to indapamide:

Hepatic encephalopathy
When liver function is impaired, thiazide diuretics and thiazide-related diuretics may cause, particularly in case of electrolyte imbalance, hepatic encephalopathy which can progress to hepatic coma. Administration of the diuretic should be stopped immediately if this occurs.

Photosensitivity

Cases of photosensitivity reactions have been reported with thiazides and related thiazides diuretics (see section undesirable effects). If photosensitivity reaction occurs during treatment, it is recommended to stop the treatment.
If a re-administration of the diuretic is deemed necessary, it is recommended to protect exposed areas to the sun or to artificial UVA.

Precautions for use

COMMON TO PERINDOPRIL AND INDAPAMIDE:

Renal impairment:
In cases of severe renal impairment (creatinine clearance < 30 ml/min), treatment is contraindicated.
In certain hypertensive patients without pre-existing apparent renal lesions and for whom renal blood tests show functional renal insufficiency, treatment should be stopped and possibly restarted either at a low dose or with one constituent only.
In these patients usual medical follow-up will include frequent monitoring of potassium and creatinine, after two weeks of treatment and then every two months during therapeutic stability period. Renal failure has been reported mainly in patients with severe heart failure or underlying renal failure including renal artery stenosis. The drug is usually not recommended in case of bilateral renal artery stenosis or a single functioning kidney.

Hypotension and water and electrolyte depletion:
There is a risk of sudden hypotension in the presence of pre-existing sodium depletion (in particular in individuals with renal artery stenosis). Therefore systematic testing should be carried out for clinical signs of water and electrolyte depletion, which may occur with an intercurrent episode of diarrhoea or vomiting. Regular monitoring of plasma electrolytes should be carried out in such patients.

Marked hypotension may require the implementation of an intravenous infusion of isotonic saline.
Transient hypotension is not a contraindication to continuation of treatment. After re-establishment of a satisfactory blood volume and blood pressure, treatment can be started again either at a reduced dose or with only one of the constituents.

Potassium levels:
The combination of perindopril and indapamide does not prevent the onset of hypokalaemia particularly in diabetic patients or in patients with renal failure. As with any antihypertensive agent containing a diuretic, regular monitoring of plasma potassium levels should be carried out.

Excipients
BIOPREXUM *Plus* 5mg/1.25mg should not be administered to patients with rare hereditary problems of galactose intolerance, total lactase deficiency or glucose-galactose malabsorption.

Level of sodium
BIOPREXUM *Plus* 5mg/1.25mg contains less than 1 mmol sodium (23 mg) per tablet, i.e. essentially 'sodium-free'.

Linked to perindopril:

Cough
A dry cough has been reported with the use of angiotensin converting enzyme inhibitors. It is characterised by its persistence and by its disappearance when treatment is withdrawn. An iatrogenic aetiology should be considered in the event of this symptom. If the prescription of an angiotensin converting enzyme inhibitor is still preferred, continuation of treatment may be considered.

Paediatric population
The efficacy and tolerability of perindopril in children and adolescents, alone or in combination, have not been established.

Risk of arterial hypotension and/or renal insufficiency (in cases of cardiac insufficiency, water and electrolyte depletion, etc...)

Marked stimulation of the renin-angiotensin-aldosterone system has been observed particularly during marked water and electrolyte depletions (strict sodium-free diet or prolonged diuretic treatment), in patients whose blood pressure was initially low, in cases of renal artery stenosis, congestive heart failure or cirrhosis with oedema and ascites.
The blocking of this system with an angiotensin converting enzyme inhibitor may therefore cause, particularly at the time of the first administration and during the first two weeks of treatment, a sudden drop in blood pressure and/or an increase in plasma levels of creatinine, showing a functional renal insufficiency. Occasionally this can be acute in onset, although rare, and with a variable time to onset.
In such cases, the treatment should then be initiated at a lower dose and increased progressively.

Elderly

Renal function and potassium levels should be tested before the start of treatment. The initial dose is subsequently adjusted according to blood pressure response, especially in cases of water and electrolyte depletion, in order to avoid sudden onset of hypotension.

Atherosclerosis
The risk of hypotension exists in all patients but particular care should be taken in patients with ischaemic heart disease or cerebral circulatory insufficiency, with treatment being started at a low dose.

Renovascular hypertension
The treatment for renovascular hypertension is revascularisation. Nonetheless, angiotensin converting enzyme inhibitors can be beneficial in patients presenting with renovascular hypertension who are awaiting corrective surgery or when such a surgery is not possible.
If BIOPREXUM *Plus* 5mg/1.25mg is prescribed to patients with known or suspected renal artery stenosis, treatment should be started in a hospital setting at a low dose and renal function and potassium levels should be monitored, since some patients have developed a functional renal insufficiency which was reversed when treatment was stopped.

Cardiac failure/severe cardiac insufficiency
In patients with severe cardiac insufficiency (grade IV), treatment should be started under medical supervision with a reduced initial dose. Treatment with beta-blockers in hypertensive patients with coronary insufficiency should not be stopped : the ACE inhibitor should be added to the beta-blocker.

Diabetic patients
In patients with insulin dependent diabetes mellitus (spontaneous tendency to increased levels of potassium), treatment should be started under medical supervision with a reduced initial dose.
The glycaemia levels should be closely monitored in diabetic patients previously treated with oral antidiabetic drugs or insulin, namely during the first month of treatment with an ACE inhibitor (see section “Interaction with other medicinal products and other forms of interaction”).

Ethnic differences
As with other angiotensin converting enzyme inhibitors, perindopril is apparently less effective in lowering blood pressure in black people than in non-blacks, possibly because of a higher prevalence of low-renin states in the black hypertensive population.

Surgery / anaesthesia
Angiotensin converting enzyme inhibitors can cause hypotension in cases of anaesthesia, especially when the anaesthetic administered is an agent with hypotensive potential.
It is therefore recommended that treatment with long-acting angiotensin converting enzyme inhibitors such as perindopril should be discontinued where possible one day before surgery.

Aortic or mitral valve stenosis / hypertrophic cardiomyopathy
ACE inhibitors should be used with caution in patient with an obstruction in the outflow tract of the left ventricle.

Hepatic failure
Rarely, ACE inhibitors have been associated with a syndrome that starts with cholestatic jaundice and progresses to fulminant hepatic necrosis and (sometimes) death. The mechanism of this syndrome is not understood. Patients receiving ACE inhibitors who develop jaundice or marked elevations of hepatic enzymes should discontinue the ACE inhibitor and receive appropriate medical follow-up (see “Undesirable Effects”).

Hyperkalaemia
Elevations in serum potassium have been observed in some patients treated with ACE inhibitors, including perindopril, ACE inhibitors can cause hyperkalaemia because they inhibit the release of aldosterone. The effect is usually not significant in patients with normal renal function. Risk factors for the development of hyperkalaemia include those with renal insufficiency, worsening of renal function, age (> 70 years), diabetes mellitus, intercurrent events, in particular dehydration, acute cardiac decompensation, metabolic acidosis and concomitant use of potassium-sparing diuretics (e.g., spironolactone, eplerenone, triamterene, amiloride…), potassium supplements or potassium-containing salt substitutes; or those patients taking other drugs associated with increases in serum potassium (e.g. heparins, co-trimoxazole also known as trimethoprim/sulfamethoxazole, other ACE inhibitors, angiotensin-II receptor antagonists, acetylsalicylic acid ≥ 3 g/day, COX-2 inhibitors and non-selective NSAIDs, immunosuppressant agents such as ciclosporin or tacrolimus, trimethoprim) and especially aldosterone antagonists or angiotensin-receptor blockers. The use of potassium supplements, potassium-sparing diuretics, or potassium-containing salt substitutes particularly in patients with impaired renal function may lead to a significant increase in serum potassium. Hyperkalaemia can cause serious, sometimes fatal arrhythmias. Potassium-sparing diuretics and angiotensin-receptor blockers should be used with caution in patients receiving ACE inhibitors, and serum potassium and renal function should be monitored. If concomitant use of the above-mentioned agents is deemed appropriate, they should be used with caution and with frequent monitoring of serum potassium (see section “interaction with other medicinal products and other forms of interaction”).

Linked to indapamide:

Water and electrolyte balance

Sodium levels
These should be tested before treatment is started, then at regular intervals. Reduction in sodium levels can be initially asymptomatic and regular testing is therefore essential. Testing should be more frequent in elderly and cirrhotic patients (see sections "Undesirable Effects" and "Overdose"). Any diuretic treatment may cause hyponatraemia, sometimes with very serious consequences. Hyponatraemia with hypovolaemia may be responsible of dehydration and orthostatic hypotension. Concomitant loss of chloride ions may lead to secondary compensatory metabolic alkalosis: the incidence and degree of this effect are slight.

Potassium levels
Potassium depletion with hypokalaemia is a major risk with thiazide diuretics and thiazide-related diuretics.
Hypokalaemia may cause muscle disorders. Cases of Rhabdomyolysis have been reported, mainly in the context of severe hypokalaemia. The risk of onset of lowered potassium levels (< 3.4 mmol/l) should be prevented in some high risk populations such as elderly and/or malnourished subjects, whether or not they are taking multiple medications, cirrhotic patients with oedema and ascites, coronary patients and patients with heart failure.
In such cases hypokalaemia increases the cardiac toxicity of cardiac glycosides and the risk of rhythm disorders.
Subjects presenting with a long QT interval are also at risk, whether the origin is congenital or iatrogenic.
Hypokalaemia, as with bradycardia, acts as a factor which favours the onset of severe rhythm disorders, in particular torsades de pointes, which may be fatal.
In all cases more frequent testing of potassium levels is necessary. The first measurement of plasma potassium levels should be carried out during the first week following the start of treatment.
If low potassium levels are detected, correction is required. Hypokalaemia found in association with low serum magnesium concentration can be refractory to treatment unless serum magnesium is corrected.

Calcium levels
Thiazide diuretics and thiazide-related diuretics may reduce urinary excretion of calcium and cause a mild and transient increase in plasma calcium levels. Markedly raised levels of calcium may be related to undiagnosed hyperparathyroidism. In such cases the treatment should be stopped before investigating the parathyroid function.

Plasma magnesium:
Thiazides and related diuretics including indapamide have been shown to increase the urinary excretion of magnesium, which may result in hypomagnesaemia (see section 4.5 and 4.8).

Blood glucose
Monitoring of blood glucose is important in diabetic patients, particularly when potassium levels are low.

Uric acid
Tendency to gout attacks may be increased in hyperuricaemic patients.

Renal function and diuretics
Thiazide diuretics and thiazide-related diuretics are only fully effective when renal function is normal or only slightly impaired (creatinine levels lower than approximately 25 mg/l, i.e. 220 µmol/l for an adult).
In the elderly the value of plasma creatinine levels should be adjusted to take account of the age, weight and sex of the patient, according to the Cockroft formula:
cl_{cr} = (140 - age) x body weight / 0.814 x plasma creatinine level
with: age expressed in years
body weight in kg
plasma creatinine level in micromol/l
This formula is suitable for an elderly male and should be adapted for women by multiplying the result by 0.85.
Hypovolaemia, resulting from the loss of water and sodium caused by the diuretic at the start of treatment, causes a reduction in glomerular filtration. It may result in an increase in blood urea and creatinine levels. This transitory functional renal insufficiency is of no adverse consequence in patients with normal renal function but may however worsen a pre-existing renal impairment.

Athletes
Athletes should note that this product contains an active substance which may cause a positive reaction in doping tests.

Choroidal effusion, acute myopia and secondary angle-closure glaucoma
Sulfonamide, or sulfonamide derivative, drugs can cause an idiosyncratic reaction resulting in choroidal effusion with visual field defect, transient myopia and acute angle-closure glaucoma. Symptoms include acute onset of decreased visual acuity or ocular pain and typically occur within hours to weeks of drug initiation. Untreated acute angle-closure glaucoma can lead to permanent vision loss. The primary treatment is to discontinue drug intake as rapidly as possible. Prompt medical or surgical treatments may need to be considered if the intraocular pressure remains uncontrolled. Risk factors for developing acute angle-closure glaucoma may include a history of sulfonamide or penicillin allergy.

INTERACTION WITH OTHER MEDICINAL PRODUCTS AND OTHER FORMS OF INTERACTION

COMMON TO PERINDOPRIL AND INDAPAMIDE:

Concomitant use not recommended:
Lithium: reversible increases in serum lithium concentrations and toxicity have been reported during concomitant administration of lithium with ACE inhibitors. Use of perindopril combined with indapamide with lithium is not recommended, but if the combination proves necessary, careful monitoring of serum lithium levels should be performed (see section "Special warnings and precautions for use").

Concomitant use which requires special care:
- **Baclofen:** Increased antihypertensive effect. Monitor blood pressure and adapt antihypertensive dosage if necessary.

Non-steroidal anti-inflammatory medicinal products (NSAIDs) (including acetylsalicylic acid ≥ 3g/day): when ACE-inhibitors are administered simultaneously with non-steroidal anti-inflammatory drugs (i.e. acetylsalicylic acid at anti-inflammatory dosage regimens, COX-2 inhibitors and non-selective NSAIDs), attenuation of the antihypertensive effect may occur. Concomitant use of ACE-inhibitors and NSAIDs may lead to an increased risk of worsening of renal function, including possible acute renal failure, and an increase in serum potassium, especially in patients with poor pre-existing renal function. The combination should be administered with caution, especially in the elderly. Patients should be adequately hydrated and consideration should be given to monitoring renal function after initiation of concomitant therapy, and periodically thereafter.

Concomitant use which requires some care:
- **Imipramine-like antidepressants (tricyclics), neuroleptics:** Increased antihypertensive effect and increased risk of orthostatic hypotension (additive effect).

Linked to perindopril:

Clinical trial data has shown that dual blockade of the renin-angiotensin-aldosterone-system (RAAS) through the combined use of ACE-inhibitors, angiotensin II receptor blockers or aliskiren is associated with a higher frequency of adverse events such as hypotension, hyperkalaemia and decreased renal function (including acute renal failure) compared to the use of a single RAAS-acting agent (see sections "Contraindications", "Special warnings and precautions for use" and "Pharmacodynamic properties").

Drugs increasing the risk of angioedema
Concomitant use of ACE inhibitors with sacubitril/valsartan is contraindicated as this increases the risk of angioedema (see "Contraindications" and "Special warnings and precaution for use"). Sacubitril/valsartan must not be started until 36 hours after taking the last dose of perindopril therapy. Perindopril therapy must not be started until 36 hours after the last dose of sacubitril/valsartan (see "Contraindications" and "Special warnings and precaution for use").
Concomitant use of ACE inhibitors with racecadotril, mTOR inhibitors (e.g. sirolimus, everolimus, temsirolimus) and gliptins (e.g. linagliptin, saxagliptin, sitagliptin, vildagliptin) may lead to an increased risk for angioedema (see "Special warnings and precaution for use").

Drugs inducing hyperkalaemia
Although serum potassium usually remains within normal limits, hyperkalaemia may occur in some patients treated with BIOPREXUM *Plus* 5mg/1.25mg. Some drugs or therapeutic classes may increase the occurrence of hyperkalaemia: aliskiren, potassium salts, potassium-sparing diuretics (e.g. spironolactone, triamterene or amiloride), ACE inhibitors, angiotensin-II receptor antagonists, NSAIDs, heparins, immunosuppressant agents such as ciclosporin or tacrolimus, trimethoprim and cotrimoxazole (trimethoprim/sulfamethoxazole), as trimethoprim is known to act as a potassium-sparing diuretic like amiloride. The combination of these drugs increases the risk of hyperkalaemia. Therefore, the combination of BIOPREXUM *Plus* 5mg/1.25mg with the above-mentioned drugs is not recommended. If concomitant use is indicated, they should be used with caution and with frequent monitoring of serum potassium.

Concomitant use contra-indicated (see section "Contraindication")
Aliskiren: In diabetic or impaired renal patients, risk of hyperkalaemia, worsening of renal function and cardiovascular morbidity and mortality increase.
Extracorporeal treatments: Extracorporeal treatments leading to contact of blood with negatively charged surfaces such as dialysis or haemofiltration with certain high-flux membranes (e.g. polyacrylonitril membranes) and low density lipoprotein apheresis with dextran sulphate due to increased risk of severe anaphylactoid reactions (see section "Contraindications"). If such treatment is required, consideration should be given to using a different type of dialysis membrane or a different class of antihypertensive agent.

Concomitant use not recommended:
Aliskiren: In patients other than diabetic or impaired renal patients, risk of hyperkalaemia, worsening of renal function and cardiovascular morbidity and mortality increase (see section "Special warnings and precautions for Use").

Concomitant therapy with ACE inhibitor and angiotensin-receptor blocker: It has been reported in the literature that in patients with established atherosclerotic disease, heart failure, or with diabetes with end organ damage, concomitant therapy with an ACE inhibitor and an angiotensin-receptor blocker is associated with a higher

frequency of hypotension, syncope, hyperkalaemia, and worsening renal function (including acute renal failure) as compared to use of a single renin-angiotensin-aldosterone system agent. Dual blockade (e.g, by combining an ACE-inhibitor with an angiotensin II receptor antagonist) should be limited to individually defined cases with close monitoring of renal function, potassium levels, and blood pressure (see section "Special warnings and precautions for use").

- **Estramustine:** Risk of increased adverse effects such as angioneurotic oedema (angioedema).
- **Potassium-sparing diuretics (e.g. triamterene, amiloride…), potassium (salts*):*** Hyperkalaemia (potentially lethal), especially in conjunction with renal impairment (additive hyperkalaemic effects). The combination of perindopril with the above-mentioned drugs is not recommended (see section "Special warnings and precautions for Use"). If concomitant use is nonetheless indicated, they should be used with caution and with frequent monitoring of serum potassium. For use of spironolactone in heart failure, see section "Concomitant use which requires special care".

Concomitant use which requires special care:
- **Antidiabetic agents (insulin, oral hypoglycaemic agents):** Epidemiological studies have suggested that concomitant administration of ACE inhibitors and antidiabetic medicines (insulins, oral hypoglycaemic agents) may cause an increased blood-glucose lowering effect with risk of hypoglycaemia. This phenomenon appeared to be more likely to occur during the first weeks of combined treatment and in patients with renal impairment.

Non-potassium-sparing diuretics: Patients on diuretics, and especially those who are volume and/or salt depleted, may experience excessive reduction in blood pressure after initiation of therapy with an ACE inhibitor. The possibility of hypotensive effects can be reduced by discontinuation of the diuretic, by increasing volume or salt intake prior to initiating therapy with low and progressive doses of perindopril.
In arterial hypertension, when prior diuretic therapy can have caused salt/volume depletion, either the diuretic must be discontinued before initiating the ACE inhibitor, in which case a non-potassium-sparing diuretic can be thereafter reintroduced or the ACE inhibitor must be initiated with a low dosage and progressively increased.
In diuretic-treated congestive heart failure, the ACE inhibitor should be initiated at a very low dosage, possibly after reducing the dosage of the associated non-potassium-sparing diuretic.
In all cases, renal function (creatinine levels) must be monitored during the first few weeks of ACE inhibitor therapy.
Potassium-sparing diuretics (eplerenone, spironolactone): With eplerenone or spironolactone at doses between 12.5 mg to 50 mg per day and with low doses of ACE inhibitors:
In the treatment of class II-IV heart failure (NYHA) with an ejection fraction <40%, and previously treated with ACE inhibitors and loop diuretics, risk of hyperkalaemia, potentially lethal, especially in case of non-observance of the prescription recommendations about this combination.
Before initiating the combination, check the absence of hyperkalaemia and renal impairment.
Close monitoring of the kalaemia and creatininemia is recommended in the first month of the treatment once a week at the beginning and, monthly thereafter.

Concomitant use which requires some care:
Antihypertensive agents and vasodilatators: Concomitant use of these agents may increase the hypotensive effects of perindopril. Concomitant use with nitroglycerin and other nitrates, or other vasodilatators, may further reduce blood pressure.
+ **Allopurinol, cytostatic or immunosuppressive agents, systemic corticosteroids or procainamide**
Concomitant administration with ACE inhibitors may lead to an increased risk for leucopenia (see section "Special warnings and precautions for use").
+ **Anaesthetic drugs**
ACE inhibitors may enhance the hypotensive effects of certain anaesthetic drugs (see section "Special warnings and precautions for use").
Sympathomimetics: Sympathomimetics may reduce the antihypertensive effects of ACE inhibitors.
Gold: Nitritoid reactions (symptoms include facial flushing, nausea, vomiting and hypotension) have been reported rarely in patients on therapy with injectable gold (sodium aurothiomalate) and concomitant ACE inhibitor therapy including perindopril.

Linked to indapamide:

Concomitant use which requires special care*:*
- **Torsades de pointes inducing drugs:** Due to the risk of hypokalaemia, indapamide should be administered with caution when associated with medicinal products that induced torsades de pointes such as but not limited to:
  - class Ia antiarrhythmic agents (e.g quinidine, hydroquinidine, disopyramide),
  - class III antiarrhythmic agents (e.g amiodarone, dofetilide, ibutilide, bretylium, sotalol),
  - some antipsychotics

  phenothiazines (e.g chlorpromazine, cyamemazine, levomepromazine, thioridazine, trifluoperazine), benzamides (e.g amisulpride, sulpiride, sultopride, tiapride),
  butyrophenones (e.g droperidol, haloperidol),
  other antipsychotic (e.g pimozide),
  other substances (e.g bepridil, cisapride, diphemanil, erythromycin IV, halofantrine, mizolastine, moxifloxacin, pentamidine, sparfloxacin, vincamine IV, methadone, astemizole, terfenadine).

Prevention of low potassium levels and correction if necessary: monitoring of the QT interval.
- **Potassium-lowering drugs**: amphotericin B (IV route), glucocorticoids and mineralocorticoids (systemic route), tetracosactide, stimulant laxatives: Increased risk of low potassium levels (additive effect). Monitoring of potassium levels, and correction if necessary ; particular consideration required in cases of treatment with digitalis. Non stimulant laxatives should be used.
- **Digitalis preparations**: Hypokalaemia and/or hypomagnesaemia predispose to the toxic effects of digitalis. Monitoring of plasma potassium, magnesium and ECG is recommended and, if necessary, adjusting the treatment.

Allopurinol: concomitant treatment with indapamide may increase the incidence of hypersensitivity reactions to allopurinol.

Concomitant use which requires some care:

Potassium-sparing diuretics (amiloride, spironolactone, triamterene): Whilst rational combinations are useful in some patients, hypokalaemia or hyperkalaemia (particularly in patients with renal failure or diabetes) may still occur. Plasma potassium and ECG should be monitored and, if necessary, treatment reviewed.
- **Metformin**: Lactic acidosis due to metformin caused by possible functional renal insufficiency linked to diuretics and in particular to loop diuretics. Do not use metformin when plasma creatinine levels exceed 15 mg/l (135 micromol/l) in men and 12 mg/l (110 micromol/l) in women.
- **Iodinated contrast media**: In cases of dehydration caused by diuretics, there is an increased risk of acute renal insufficiency, particularly when high doses of iodinated contrast media are used. Rehydration should be carried out before the iodinated compound is administered.
- **Calcium (salts)**: Risk of increased levels of calcium due to reduced elimination of calcium in the urine.
- **Ciclosporin, tacrolimus**: Risk of increased creatinine levels with no change in circulating levels of ciclosporin, even when there is no salt and water depletion.
- **Corticosteroids, tetracosactide (systemic route)**: Reduction in antihypertensive effect (salt and water retention due to corticosteroids).

FERTILITY, PREGNANCY AND LACTATION

Given the effects of the individual components in this combination product on pregnancy and lactation, BIOPREXUM *Plus* 5mg/1.25mg is not recommended during the first trimester of pregnancy. BIOPREXUM *Plus* 5mg/1.25mg is contraindicated during the second and third trimesters of pregnancy.
BIOPREXUM *Plus* 5mg/1.25mg is not recommended during lactation. A decision should therefore be made whether to discontinue nursing or to discontinue BIOPREXUM *Plus* 5mg/1.25mg taking account the importance of this therapy for the mother.

Pregnancy

Linked to perindopril:

The use of ACE inhibitors is not recommended during the first trimester of **pregnancy** (see section "Special Warning dan Precautions For Use"). The use of ACE inhibitors is contra-indicated during the second and third trimesters of **pregnancy** (see sections "Contraindication" and "Special Warning dan Precautions For Use").

Epidemiological evidence regarding the risk of teratogenicity following exposure to ACE inhibitors during the first trimester of pregnancy has not been conclusive ; however a small increase in risk cannot be excluded. Unless continued ACE inhibitor therapy is considered essential, patients planning pregnancy should be changed to alternative anti-hypertensive treatments which have an established safety profile for use in pregnancy. When pregnancy is diagnosed, treatment with ACE inhibitors should be stopped immediately, and, if appropriate, alternative therapy should be started.
Exposure to ACE inhibitor therapy during the second and third trimesters is known to induce human foetotoxicity (decreased renal function, oligohydramnios, skull ossification retardation) and neonatal toxicity (renal failure, hypotension, hyperkalaemia) (see section Preclinical safety data).
Should exposure to ACE inhibitors have occurred from the second trimester of pregnancy, ultrasound check of renal function and skull is recommended.
Infants whose mothers have taken ACE inhibitors should be closely observed for hypotension (see sections "contraindications" and "Special warnings and precautions for use").

Linked to indapamide:

There are no or limited amount of data (less than 300 pregnancy outcomes) from the use of indapamide in pregnant women. Prolonged exposure to thiazide during the third trimester of pregnancy can reduce maternal plasma volume as well as uteroplacental blood flow, which may cause a feto-placental ischemia and growth retardation.

Animal studies do not indicate direct or indirect harmful effects with respect to reproductive toxicity (see section "Preclinical Safety Data").

As a precautionary measure, it is preferable to avoid the use of Indapamide during pregnancy.

Breast-feeding
BIOPREXUM *Plus* 5mg/1.25mg is not recommended during lactation.

Linked to perindopril:
Because no information is available regarding the use of perindopril during breast-feeding, perindopril is not recommended and alternative treatments with better established safety profiles during breast-feeding are preferable, especially while nursing a newborn or preterm infant.

Linked to indapamide:
There is insufficient information on the excretion of indapamide/metabolites in human milk. Hypersensitivity to sulfonamide-derived drugs and hypokalaemia might occur. A risk to the newborns/infants cannot be excluded.

Indapamide is closely related to thiazide diuretics which have been associated, during breast-feeding, with decrease or even suppression of milk lactation.
Indapamide is not recommended during breast-feeding.

Fertility

Common to perindopril and indapamide
Reproductive toxicity studies showed no effect on fertility in female and male rats (see section "Preclinical Safety Data"). No effects on human fertility are anticipated.

EFFECTS ON ABILITY TO DRIVE AND USE MACHINES

Neither the two active substances nor BIOPREXUM *Plus* 5mg/1.25mg affect alertness but individual reactions related to low blood pressure may occur in some patients, particularly at the start of treatment or in combination with another antihypertensive medication.
As a result the ability to drive or operate machinery may be impaired.

UNDESIRABLE EFFECTS

a. Summary of safety profile

The administration of perindopril inhibits the renin-angiotensin-aldosterone axis and tends to reduce the potassium loss caused by indapamide.
Four percent of the patients on treatment with BIOPREXUM *Plus* 5mg/1.25mg experience hypokalaemia (potassium level < 3.4 mmol/l).

The most commonly reported adverse reactions observed are:

- with perindopril : dizziness, headache, paraesthesia, dysgeusia, visual impairment, vertigo, tinnitus, hypotension, cough, dyspnoea, abdominal pain, constipation, dyspepsia, diarrhoea, nausea, vomiting, pruritus, rash, muscle spasms and asthenia.
- with indapamide : hypersensitivity reactions, mainly dermatological, in subjects with a predisposition to allergic and asthmatic reactions and maculopapular rashes

b. Tabulated list of adverse reactions

The following undesirable effects have been observed during clinical trials and/or post-marketing use and ranked under the following frequency:
Very common (≥1/10); common (≥1/100, <1/10); uncommon (≥1/1000, <1/100); rare (≥1/10000, <1/1000), very rare (<1/10000), not known (cannot be estimated from the available data).

MedDRA System Organ Class	**Undesirable Effects**	**Frequency**	
		Perindopril	**Indapamide**
Infections and infestations	Rhinitis	Very rare	-
Endocrine disorders	Syndrome of inappropriate antidiuretic hormone secretion (SIADH)	Rare	-
Blood and Lymphatic System Disorders	Eosinophilia	Uncommon*	-
	Agranulocytosis (see section "Special warnings and precautions for use")	Very rare	Very rare
	Aplastic anaemia	-	Very rare
	Pancytopenia	Very rare	-

	Leukopenia	Very rare	Very rare
	Neutropenia (see section "Special warnings and precautions for use")	Very rare	-
	Haemolytic anaemia	Very rare	Very rare
	Thrombocytopenia (see section "Special warnings and precautions for use")	Very rare	Very rare
Immune system disorders	Hypersensitivity (reactions, mainly dermatological, in subjects with a predisposition to allergic and asthmatic reactions)	-	Common
Metabolism and Nutrition Disorders	Hypoglycaemia (see sections "Special warnings and precautions for use" and "Interaction with Other Medicinal Products and Other Forms of Interaction")	Uncommon*	-
	Hyperkalaemia, reversible on discontinuation (see section "Special warnings and precautions for use")	Uncommon*	-
	Hyponatraemia (see section "Special warnings and precautions for use")	Uncommon*	Uncommon
	Hypochloraemia	-	Rare
	Hypomagnesaemia	-	Rare
	Hypercalcaemia	-	Very rare
	Hypokalaemia	-	Common
Psychiatric Disorders	Mood altered	Uncommon	-
	Depression	Uncommon*	-
	Sleep disorder	Uncommon	-
	Confusion	Very rare	-
Nervous System Disorders	Dizziness	Common	-
	Headache	Common	Rare
	Paraesthesia	Common	Rare
	Dysgeusia	Common	-
	Somnolence	Uncommon*	-
	Syncope	Uncommon*	Not known
	Stroke possibly secondary to excessive hypotension in high-risk patients (see section "Special warnings and precautions for use")	Very rare	-
	Possibility of onset of hepatic encephalopathy in case of hepatic insufficiency (see sections "Contraindication" and "Special warnings and precautions for use")	-	Not known
Eye Disorders	Visual impairment	Common	Not known
	Myopia (see section "Special warnings and precautions for use")	-	Not known
	Acute angle-closure glaucoma	-	Not known
	Choroidal effusion	-	Not known
	Vision blurred	-	Not known
Ear and Labyrinth Disorders	Vertigo	Common	Rare
	Tinnitus	Common	-
Cardiac Disorders	Palpitations	Uncommon*	-
	Tachycardia	Uncommon*	-
	Angina pectoris (see section "Special warnings and precautions for use")	Very rare	-
	Arrhythmia (including bradycardia, ventricular tachycardia, atrial fibrillation)	Very rare	Very rare

	Myocardial infarction possibly secondary to excessive hypotension in high risk patients (see section "Special warnings and precautions for use")	Very rare	-
	Torsade de pointes (potentially fatal) (see sections "Special warnings and precautions for use" and "Interaction with Other Medicinal Products and Other Forms of Interaction")	-	Not known
Vascular Disorders	Hypotension (and effects related to hypotension) (see section "Special warnings and precautions for use")	Common	Very rare
	Vasculitis	Uncommon*	
	Flushing	Rare*	-
	Raynaud's phenomenon	Not known	-
Respiratory, Thoracic and Mediastinal Disorders	Cough (see section "Special warnings and precautions for use")	Common	-
	Dyspnoea	Common	-
	Bronchospasm	Uncommon	-
	Eosinophilic pneumonia	Very rare	-
Gastrointestinal Disorders	Abdominal pain	Common	-
	Constipation	Common	Rare
	Diarrhoea	Common	-
	Dyspepsia	Common	-
	Nausea	Common	Rare
	Vomiting	Common	Uncommon
	Dry mouth	Uncommon	Rare
	Pancreatitis	Very rare	Very rare
Hepatobiliary Disorders	Hepatitis (see section "Special warnings and precautions for use")	Very rare	Not known
	Hepatic function abnormal	-	Very rare
Skin and Subcutaneous Tissue Disorders	Pruritus	Common	-
	Rash	Common	-
	Rash maculo-papular	-	Common
	Urticaria (see section "Special warnings and precautions for use")	Uncommon	Very rare
	Angioedema (see section "Special warnings and precautions for use")	Uncommon	Very rare
	Purpura	-	Uncommon
	Hyperhidrosis	Uncommon	-
	Photosensitivity reaction	Uncommon*	Not known
	Pemphigoid	Uncommon*	-
	Psoriasis aggravation	Rare*	-
	Erythema multiforme	Very rare	-
	Toxic epidermal necrolysis	-	Very rare
	Stevens Johnson syndrome	-	Very rare
Musculoskeletal and Connective Tissue Disorders	Muscle spasms	Common	Not known
	Possible worsening of pre-existing acute disseminated lupus erythematosus	-	Not known
	Arthralgia	Uncommon*	-
	Myalgia	Uncommon*	Not known
	Muscular weakness	-	Not known
	Rhabdomyolysis	-	Not known
	Renal failure	Uncommon	Very rare

Renal and Urinary Disorders	Anuria/oliguria	Rare*	-
	Acute renal failure	Rare	-
Reproductive System and Breast disorders	Erectile dysfunction	Uncommon	Uncommon
General Disorders and Administration Site Conditions	Asthenia	Common	-
	Chest pain	Uncommon*	-
	Malaise	Uncommon*	-
	Oedema peripheral	Uncommon*	-
	Pyrexia	Uncommon*	-
	Fatigue	-	Rare
Investigations	Blood urea increased.	Uncommon*	-
	Blood creatinine increased.	Uncommon*	-
	Blood bilirubin increased	Rare	-
	Hepatic enzyme increased	Rare	Not known
	Haemoglobin decreased and haematocrit decreased (see section "Special warnings and precautions for use")	Very rare	-
	Blood glucose increased	-	Not known
	Blood uric acid increased	-	Not known
	Electrocardiogram QT prolonged (see sections "Special warnings and precautions for use" and "Interaction with Other Medicinal Products and Other Forms of Interaction")	-	Not known
Injury, Poisoning and Procedural Complications	Fall	Uncommon*	-

** Frequency calculated from clinical trials for adverse events detected from spontaneous report.*

Description of selected adverse reactions:
During phase II and III studies comparing indapamide 1.5mg and 2.5mg, plasma potassium analysis showed a dose-dependent effect of indapamide:
- Indapamide 1.5mg: Plasma potassium <3.4 mmol/l was seen in 10 % of patients and < 3.2 mmol/l in 4 % of patients after 4 to 6 weeks treatment. After 12 weeks treatment, the mean fall in plasma potassium was 0.23 mmol/l.
- Indapamide 2.5 mg: Plasma potassium <3.4 mmol/l was seen in 25 % of patients and < 3.2 mmol/l in 10 % of patients after 4 to 6 weeks treatment. After 12 weeks treatment, the mean fall in plasma potassium was 0.41 mmol/l.

Reporting of suspected adverse reactions:
Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via PUSAT FARMAKOVIGILANS-BPOM: Tlp. 021-4245459, 021-4244755 Ext. 111, Fax. 021-4243605, 021-42885404; Email: pv-center@pom.go.id and/or Indonesia-MESO-BadanPOM@hotmail.com.

OVERDOSE

Symptoms
The most likely adverse reaction in cases of overdose is hypotension, sometimes associated with nausea, vomiting, cramps, dizziness, sleepiness, mental confusion, oliguria which may progress to anuria (due to hypovolaemia). Salt and water disturbances (low sodium levels, low potassium levels) may occur.

Management
The first measures to be taken consist of rapidly eliminating the product(s) ingested by gastric lavage and/or administration of activated charcoal, then restoring fluid and electrolyte balance in a specialised centre until they return to normal.
If marked hypotension occurs, this can be treated by placing the patient in a supine position with the head lowered. If necessary an intravenous infusion of isotonic saline may be given, or any other method of volaemic expansion may be used.
Perindoprilat, the active form of perindopril, can be dialysed (see section "Pharmacokinetic properties").

PHARMACOLOGICAL PROPERTIES

Pharmacodynamic properties

Pharmacotherapeutic group: perindopril and diuretics, ATC code: C09BA04
BIOPREXUM *Plus* 5mg/1.25mg is a combination of perindopril arginine salt, an angiotensin converting enzyme inhibitor, and indapamide, a chlorosulphamoyl diuretic. Its pharmacological properties are derived from those of each of the components taken separately, in addition to those due to the additive synergic action of the two products when combined.

Mechanism of action
Linked to BIOPREXUM Plus 5mg/1.25mg:
BIOPREXUM *Plus* 5mg/1.25mg produces an additive synergy of the antihypertensive effects of the two components.

Linked to perindopril:
Perindopril is an inhibitor of the angiotensin converting enzyme (ACE inhibitor) which converts angiotensin I to angiotensin II, a vasoconstricting substance ; in addition the enzyme stimulates the secretion of aldosterone by the adrenal cortex and stimulates the degradation of bradykinin, a vasodilatory substance, into inactive heptapeptides.
This results in:
- a reduction in aldosterone secretion,
- an increase in plasma renin activity, since aldosterone no longer exercises negative feedback,
- a reduction in total peripheral resistance with a preferential action on the vascular bed in muscle and the kidney, with no accompanying salt and water retention or reflex tachycardia, with chronic treatment.

The antihypertensive action of perindopril also occurs in patients with low or normal renin concentrations.

Perindopril acts through its active metabolite, perindoprilat. The other metabolites are inactive.
Perindopril reduces the work of the heart:
- by a vasodilatory effect on veins, probably caused by changes in the metabolism of prostaglandins: reduction in pre-load,
- by reduction of the total peripheral resistance: reduction in afterload.

Studies carried out on patients with cardiac insufficiency have shown:
- a reduction in left and right ventricular filling pressures,
- a reduction in total peripheral vascular resistance,
- an increase in cardiac output and an improvement in the cardiac index,
- an increase in regional blood flow in muscle.

Exercise test results also showed improvement.

Linked to indapamide:

Indapamide is a sulphonamide derivative with an indole ring, pharmacologically related to the thiazide group of diuretics. Indapamide inhibits the reabsorption of sodium in the cortical dilution segment. It increases the urinary excretion of sodium and chlorides and, to a lesser extent, the excretion of potassium and magnesium, thereby increasing urine output and having an antihypertensive action.

Pharmacodynamic effects

Linked to BIOPREXUM Plus 5mg/1.25mg:
In hypertensive patients regardless of age, BIOPREXUM *Plus* 5mg/1.25mg exerts a dose-dependent antihypertensive effect on diastolic and systolic arterial pressure whilst supine or standing. This antihypertensive effect lasts for 24 hours. The reduction in blood pressure is obtained in less than one month without tachyphylaxis ; stopping treatment has no rebound effect. During clinical trials, the concomitant administration of perindopril and indapamide produced antihypertensive effects of a synergic nature in relation to each of the products administered alone.

PICXEL, a multicenter, randomised, double blind active controlled study has assessed on echocardiography the effect of perindopril/indapamide combination on LVH versus enalapril monotherapy.

In PICXEL, hypertensive patients with LVH (defined as left ventricular mass index (LVMI) > 120 g/m^2 in male and > 100 g/m^2 in female) were randomised either to perindopril tert-butylamine 2 mg (equivalent to 2.5 mg perindopril arginine)/indapamide 0.625 mg or to enalapril 10 mg once a day for a one-year treatment. The dose was adapted according to blood pressure control, up to perindopril tert-butylamine 8 mg (equivalent to 10 mg perindopril arginine) and indapamide 2.5 mg or enalapril 40 mg once a day. Only 34% of the subjects remained treated with perindopril tert-butylamine 2 mg (equivalent to 2.5 mg perindopril arginine)/indapamide 0.625mg (versus 20% with Enalapril 10mg).

At the end of treatment, LVMI had decreased significantly more in the perindopril/indapamide group (-10.1 g/m^2) than in the enalapril group (-1.1 g/m^2) in the all randomised patients population. The between group difference in LVMI change was -8.3 (95% CI (-11.5,-5.0), p < 0.0001).

A better effect on LVMI was reached with higher perindopril/indapamide doses than those licensed for BIOPREXUM *Plus* 5mg/1.25mg.

Regarding blood pressure, the estimated mean between-group differences in the randomised population were -5.8 mmHg (95% CI (-7.9, -3.7), p < 0.0001) for systolic blood pressure and -2.3 mmHg (95% CI (-3.6,-0.9), p = 0.0004) for diastolic blood pressure respectively, in favour of the perindopril/indapamide group.

Linked to perindopril:

Perindopril is active in all grades of hypertension: mild to moderate or severe. A reduction in systolic and diastolic arterial pressure is observed in the lying and standing position.

The antihypertensive activity after a single dose is maximal at between 4 and 6 hours and is maintained over 24 hours.

There is a high degree of residual blocking of angiotensin converting enzyme at 24 hours, approximately 80%.

In patients who respond, normalised blood pressure is reached after one month and is maintained without tachyphylaxis.

Withdrawal of treatment has no rebound effect on hypertension.

Perindopril has vasodilatory properties and restores elasticity of the main arterial trunks, corrects histomorphometric changes in resistance arteries and produces a reduction in left ventricular hypertrophy.

If necessary, the addition of a thiazide diuretic leads to an additive synergy.

The combination of an angiotensin converting enzyme inhibitor with a thiazide diuretic decreases the hypokalaemia risk associated with the diuretic alone.

Linked to indapamide:

Indapamide, as monotherapy, has an antihypertensive effect which lasts for 24 hours. This effect occurs at doses at which the diuretic properties are minimal.

Its antihypertensive action is proportional to an improvement in arterial compliance and a reduction in total and arteriolar peripheral vascular resistance.

Indapamide reduces left ventricular hypertrophy.

When a dose of thiazide diuretic and thiazide-related diuretics is exceeded, the antihypertensive effect reaches a plateau, whereas the adverse effects continue to increase. If the treatment is ineffective, the dose should not be increased.

Furthermore, it has been shown that in the short-term, mid-term and long-term in hypertensive patients, indapamide:

- - has no effect on lipid metabolism: triglycerides, LDL-cholesterol and HDL-cholesterol,
- - has no effect on carbohydrate metabolism, even in diabetic hypertensive patients.

Dual blockade of the renin-angiotensin-aldosterone system (RAAS) clinical trial data:
There is evidence that the concomitant use of ACE inhibitors and Angiotensin II receptor blockers have shown no significant beneficial effect on renal and/or cardiovascular outcomes and mortality, while an increased risk of hyperkalaemia, acute kidney injury and/or hypotension as compared to monotherapy was observed. Given their similar pharmacodynamic properties, these results are also relevant for other ACE-inhibitors and angiotensin II receptor blockers.
ACE-inhibitors and angiotensin II receptor blockers should therefore not be used concomitantly in patients with diabetic nephropathy.

There is evidence designed to test the benefit of adding aliskiren to a standard therapy of an ACE-inhibitor or an angiotensin II receptor blocker in patients with type 2 diabetes mellitus and chronic kidney disease, cardiovascular disease, or both. The study was terminated early because of an increased risk of adverse outcomes. Cardiovascular death and stroke were both numerically more frequent in the aliskiren group than in the placebo group and adverse events and serious adverse events of interest (hyperkalaemia, hypotension and renal dysfunction) were more frequently reported in the aliskiren group than in the placebo group".

Paediatric use
No data are available with BIOPREXUM *Plus* in children.

Pharmacokinetic properties

Linked to BIOPREXUM Plus 5 mg/1.25 mg:

The co-administration of perindopril and indapamide does not change their pharmacokinetic properties by comparison to separate administration.

Linked to perindopril:

Absorption and bioavailability
After oral administration, the absorption of perindopril is rapid and the peak concentration is achieved within 1 hour. The plasma half-life of perindopril is equal to 1 hour.
As ingestion of food decreases conversion to perindoprilat, hence bioavailability, perindopril arginine should be administered orally in a single daily dose in the morning before a meal.

Distribution
The volume of distribution is approximately 0.2 l/kg for unbound perindoprilat. Protein binding of perindoprilat to plasma proteins is 20%, principally to angiotensin converting enzyme, but is concentration-dependent.

Biotransformation
Perindopril is a prodrug. Twenty seven percent of the administered perindopril dose reaches the bloodstream as the active metabolite perindoprilat. In addition to active perindoprilat, perindopril yields five metabolites, all inactive. The peak plasma concentration of perindoprilat is achieved within 3 to 4 hours.

Elimination
Perindoprilat is eliminated in the urine and the terminal half-life of the unbound fraction is approximately 17 hours, resulting in steady-state within 4 days.

Linearity/non-linearity
It has been demonstrated a linear relationship between the dose of perindopril and its plasma exposure.

Special populations
Elderly*:*
Elimination of perindoprilat is decreased in the elderly, and also in patients with heart or renal failure.

Renal impairment:
Dosage adjustment in renal insufficiency is desirable depending on the degree of impairment (creatinine clearance).

In case of dialysis:
Dialysis clearance of perindoprilat is equal to 70 ml/min.

Cirrhosis:
Perindopril kinetics are modified in patients with cirrhosis: hepatic clearance of the parent molecule is reduced by half. However, the quantity of perindoprilat formed is not reduced and therefore no dosage adjustment is required (see sections “Posology” and “Special warnings and precautions for use”).

Linked to indapamide:

Absorption
Indapamide is rapidly and completely absorbed from the digestive tract.
The peak plasma level is reached in humans approximately one hour after oral administration of the product.

Distribution
Plasma protein binding is 79 %.

Biotransformation and Elimination
The elimination half-life is between 14 and 24 hours (average 18 hours). Repeated administration does not produce accumulation. Elimination is mainly in the urine (70 % of the dose) and faeces (22 %) in the form of inactive metabolites.

Special populations

Renal impairment:
The pharmacokinetics are unchanged in patients with renal insufficiency.

Preclinical safety data
BIOPREXUM *Plus* 5mg/1.25mg has slightly increased toxicity than that of its components. Renal manifestations do not seem to be potentiated in the rat. However, the combination produces gastro-intestinal toxicity in the dog and the toxic effects on the mother seem to be increased in the rat (compared to perindopril).
Nonetheless, these adverse effects are shown at dose levels corresponding to a very marked safety margin by comparison to the therapeutic doses used.
Preclinical studies performed separately with perindopril and indapamide did not show genotoxic or carcinogenic potential. Reproduction toxicology studies showed no embryotoxicity or teratogenicity and fertility was not impaired.

List of excipients
Lactose monohydrate, Magnesium stearate (E470B), Maltodextrin, Silica colloidal anhydrous (E551), Sodium starch glycolate (type A), Glycerol (E422), Hypromellose (E464), Macrogol 6000, Magnesium stearate (E470B), Titanium dioxide (E171)

STORAGE CONDITION

Store at below 30°C. Keep the container tightly closed in order to protect from moisture.
Shelf life : 3 years.

PACKING

Box of 1 plastic bottle of 30 tablets.

Reg. No. : DKI1631600517A1

ON PRESCRIPTION ONLY

HARUS DENGAN RESEP DOKTER

Les Laboratoires Servier, France

Manufactured by:
Servier (Ireland) Industries Ltd.,
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311024

Informasi untuk pasien

BIOPREXUM PLUS 5mg/1,25mg Tablet Salut Selaput
Perindopril arginin/indapamide

Baca seluruh leaflet ini dengan seksama sebelum Anda mulai mengonsumsi obat ini karena leaflet ini berisi informasi yang penting bagi Anda.
- Simpan lembaran informasi obat ini. Anda mungkin perlu membacanya lagi.
- Jika Anda memiliki pertanyaan lebih lanjut, tanyakan kepada dokter atau apoteker Anda.
- Obat ini telah diresepkan hanya untuk Anda. Jangan menyebarkannya kepada orang lain. Itu dapat membahayakan mereka, bahkan jika tanda-tanda penyakit mereka sama dengan Anda.
- Jika Anda mendapatkan efek samping, bicarakan dengan dokter atau apoteker Anda. Ini termasuk kemungkinan efek samping yang tidak tercantum dalam selebaran ini. Lihat bagian 4.

Apa yang ada di selebaran ini:

1. APAKAH BIOPREXUM PLUS 5MG/1,25mg ITU DAN UNTUK APAKAH KEGUNAANNYA

BIOPREXUM PLUS 5mg/1,25mg adalah kombinasi dari dua bahan aktif, perindopril dan indapamide. Ini adalah anti-hipertensi dan digunakan dalam pengobatan tekanan darah tinggi (hipertensi) pada orang dewasa.

Perindopril termasuk dalam kelas obat yang disebut ACE inhibitor. Ini bekerja dengan memperlebar pembuluh darah, yang memudahkan jantung Anda untuk memompa darah melaluinya. Indapamide adalah diuretik. Diuretik meningkatkan jumlah urin yang diproduksi oleh ginjal. Namun, indapamide berbeda dari diuretik lainnya, karena hanya menyebabkan sedikit peningkatan jumlah urin yang diproduksi. Masing-masing zat aktif mengurangi tekanan darah dan mereka bekerja sama untuk mengontrol tekanan darah Anda.

2. APA YANG PERLU ANDA KETAHUI SEBELUM MENGONSUMSI BIOPREXUM PLUS 5MG/1,25mg

Jangan menggunakan BIOPREXUM PLUS 5mg/1,25mg
- jika Anda alergi terhadap perindopril atau penghambat ACE lainnya, atau indapamide atau sulfonamide lainnya atau bahan lain obat ini (tercantum di bagian 6),
- jika Anda telah mengalami gejala seperti mengi, pembengkakan pada wajah atau lidah, gatal hebat atau ruam kulit parah dengan pengobatan ACE inhibitor sebelumnya atau jika Anda atau anggota keluarga Anda memiliki gejala ini dalam keadaan lain (kondisi yang disebut angioedema),
- Jika Anda menderita diabetes atau gangguan fungsi ginjal dan Anda diobati dengan obat penurun tekanan darah yang mengandung aliskiren,
- jika Anda memiliki penyakit hati yang parah atau menderita kondisi yang disebut ensefalopati hati (penyakit degeneratif otak),
- jika Anda memiliki penyakit ginjal yang parah di mana suplai darah ke ginjal Anda berkurang (stenosis arteri ginjal),
- jika Anda menerima dialisis, atau jenis penyaringan darah lainnya. Tergantung pada mesin yang digunakan, BIOPREXUM PLUS mungkin tidak cocok untuk Anda.
- jika Anda memiliki kalium darah rendah (hipokalaemia),
- jika Anda dicurigai menderita gagal jantung dekompensasi yang tidak diobati (retensi air parah, kesulitan bernapas),
- jika Anda hamil lebih dari 3 bulan (Juga lebih baik menghindari BIOPREXUM PLUS 5mg/1,25mg pada awal kehamilan - lihat bagian "Kehamilan"),

- Jika Anda telah mengonsumsi atau sedang mengonsumsi sacubitril/valsartan, obat untuk gagal jantung, karena risiko angioedema (pembengkakan cepat di bawah kulit di area seperti tenggorokan) meningkat (lihat "Peringatan dan Tindakan Pencegahan" dan "Obat lain dan BIOPREXUM PLUS 5mg/1,25mg),
- Jika Anda mengalami pembengkakan mendadak pada kulit atau jaringan dibawah kulit yang bisa terjadi karena factor keturunan atau tanpa sebab yang jelas,
- Jika Anda menerima perawatan medis di mana darah Anda bersentuhan dengan alat atau perangkat yang memiliki permukaan bermuatan negatif, seperti mesin dialysis,
- Jika Anda mengonsumsi obat antipsikotik yang dapat berinteraksi dengan BIOPREXUM PLUS 5mg/1,25mg.

Peringatan dan tindakan pencegahan
Beritahukan pada dokter, apoteker atau perawat Anda sebelum mengonsumsi BIOPREXUM PLUS 5mg/1,25mg:
- jika Anda memiliki stenosis aorta (penyempitan pembuluh darah utama yang mengarah dari jantung) atau kardiomiopati hipertrofik (penyakit otot jantung) atau stenosis arteri ginjal (penyempitan arteri yang memasok ginjal dengan darah),
- jika Anda menderita gagal jantung atau masalah jantung lainnya,
- jika Anda memiliki masalah ginjal, atau jika Anda menerima dialisis,
- Jika Anda mengalami penurunan penglihatan atau nyeri mata. Ini bisa berupa gejala akumulasi cairan di lapisan pembuluh darah mata (efusi koroidal) atau peningkatan tekanan di mata Anda dan dapat terjadi dalam beberapa jam hingga minggu setelah mengonsumsi BIOPREXUM PLUS 5mg / 1,25mg. Hal ini dapat menyebabkan kehilangan penglihatan permanen, jika tidak diobati. Jika Anda sebelumnya memiliki alergi penisilin atau sulfonamida, Anda bisa berisiko lebih tinggi terkena ini,
- jika Anda memiliki gangguan otot termasuk nyeri otot, nyeri tekan, kelemahan atau kram,
- Jika Anda mengalami peningkatan kadar hormon yang disebut aldosteron dalam darah Anda secara tidak normal (aldosteronisme primer),
- jika Anda memiliki masalah hati,
- Jika Anda menderita penyakit kolagen (penyakit kulit) seperti lupus eritematosus sistemik atau scleroderma,
- jika Anda menderita aterosklerosis (penyumbatan pembuluh darah),
- jika Anda menderita hiperparatiroidisme (kelenjar paratiroid yang terlalu aktif),
- jika Anda menderita asam urat,
- jika Anda menderita diabetes,
- jika Anda menjalani diet terbatas garam atau menggunakan pengganti garam yang mengandung kalium,
- jika Anda mengonsumsi obat hemat lithium atau kalium (spironolactone, triamterene) atau suplemen kalium karena penggunaannya dengan BIOPREXUM PLUS 5mg/1,25mg harus dihindari (lihat "Mengonsumsi obat lain"),
- jika Anda lanjut usia,
- jika Anda memiliki reaksi fotosensitivitas,
- Jika Anda memiliki reaksi alergi yang parah dengan pembengkakan pada wajah, bibir, mulut, lidah atau tenggorokan yang dapat menyebabkan kesulitan menelan atau bernapas (angioedema). Ini dapat terjadi kapan saja selama perawatan. Jika Anda mengalami gejala seperti itu, Anda harus berhenti melakukan pengobatan dan segera menemui dokter.
- Jika Anda mengonsumsi salah satu obat berikut yang digunakan untuk mengobati tekanan darah tinggi:
  - "penghambat reseptor angiotensin II" (ARB) (juga dikenal sebagai sartan - misalnya valsartan, telmisartan, irbesartan), khususnya jika Anda memiliki masalah ginjal terkait diabetes.
  - aliskiren.

  Dokter Anda mungkin memeriksa fungsi ginjal Anda, tekanan darah , dan jumlah elektrolit (misalnya kalium) dalam darah Anda secara berkala.
  Lihat juga informasi di bawah judul "Jangan mengonsumsi BIOPREXUM PLUS 5mg/1,25mg",
- jika Anda berasal dari kulit hitam karena Anda mungkin memiliki risiko angioedema yang lebih tinggi dan obat ini mungkin kurang efektif dalam menurunkan tekanan darah Anda dibandingkan pada pasien non-kulit hitam,
- Jika Anda adalah pasien hemodialisis yang dialisis dengan membran fluks tinggi
- Jika Anda mengonsumsi salah satu obat berikut, risiko angioedema meningkat:
  - racecadotril (digunakan untuk mengobati diare),

- sirolimus, everolimus, temsirolimus dan obat-obatan lain yang termasuk dalam kelas yang disebut inhibitor mTor (digunakan untuk menghindari penolakan organ yang ditransplantasikan dan untuk kanker),
- sacubitril (tersedia sebagai kombinasi dosis tetap dengan valsartan), digunakan untuk mengobati gagal jantung jangka panjang,
- linagliptin, saxagliptin, sitagliptin, vildagliptin dan obat-obatan lain yang termasuk dalam kelas yang juga disebut gliptin (digunakan untuk mengobati diabetes).

Angioedema
Angioedema (reaksi alergi parah dengan pembengkakan wajah, bibir, lidah atau tenggorokan dengan kesulitan menelan atau bernapas) telah dilaporkan pada pasien yang diobati dengan penghambat ACE, termasuk BIOPREXUM PLUS . Ini dapat terjadi kapan saja selama perawatan. Jika Anda mengalami gejala seperti itu, Anda harus berhenti mengonsumsi BIOPREXUM PLUS dan segera menemui dokter. Lihat juga bagian 4.

Anda harus memberi tahu dokter Anda jika Anda berpikir bahwa Anda (atau mungkin menjadi) hamil. BIOPREXUM PLUS 5mg/1,25mg tidak dianjurkan pada awal kehamilan, dan tidak boleh dikonsumsi jika Anda hamil lebih dari 3 bulan, karena dapat menyebabkan kerusakan serius pada bayi Anda jika digunakan pada tahap tersebut (lihat "Kehamilan dan menyusui").

Saat Anda mengonsumsi BIOPREXUM PLUS 5mg/1,25mg, Anda juga harus memberi tahu dokter Anda atau staf medis:
- jika Anda akan menjalani anestesi dan/atau operasi,
- jika Anda baru-baru ini menderita diare atau muntah, atau mengalami dehidrasi,
- jika Anda akan menjalani dialisis atau apheresis LDL (yaitu pengangkatan kolesterol dari darah Anda dengan mesin),
- jika Anda akan menjalani perawatan desensitisasi untuk mengurangi efek alergi terhadap sengatan lebah atau tawon,
- jika Anda akan menjalani tes medis yang memerlukan injeksi zat kontras beryodium (zat yang membuat organ seperti ginjal atau perut terlihat pada sinar-X),
- jika Anda memiliki perubahan penglihatan atau nyeri di salah satu atau kedua mata Anda saat mengonsumsi Bioprexum Plus. Ini bisa menjadi tanda bahwa Anda sedang mengembangkan glaukoma, peningkatan tekanan di mata Anda. Anda harus menghentikan pengobatan Bioprexum Plus dan mencari pertolongan medis.

Atlet harus menyadari bahwa BIOPREXUM PLUS 5mg/1,25mg mengandung bahan aktif (indapamide) yang dapat memberikan reaksi positif dalam tes narkoba.

Anak-anak dan remaja
Bioprexum Plus 5mg/1,25mg tidak boleh diberikan kepada anak-anak dan remaja.

Obat-obatan lain dan BIOPREXUM PLUS 5mg/1,25mg
Beri tahu dokter atau apoteker Anda jika Anda sedang meminum, baru saja mengonsumsi atau mungkin mengonsumsi obat lain.

Anda harus menghindari BIOPREXUM PLUS 5mg/1,25mg dengan:
- lithium (digunakan untuk mengobati mania atau depresi),
- aliskiren (obat yang digunakan untuk mengobati hipertensi) jika Anda tidak memiliki diabetes mellitus atau masalah ginjal,
- diuretik hemat kalium (misalnya triamterene, amiloride), garam kalium obat lain yang dapat meningkatkan kalium dalam tubuh Anda (seperti heparin, obat yang digunakan untuk mengencerkan darah untuk mencegah pembekuan; trimethoprim dan co-trimoxazole juga dikenal sebagai trimethoprim/sulfamethoxazole untuk infeksi yang disebabkan oleh bakteri).
- estramustine (digunakan dalam terapi kanker),
- Obat-obatan lain yang digunakan untuk mengobati tekanan darah tinggi: inhibitor enzim pengubah angiotensin dan penghambat reseptor angiotensin.

Pengobatan dengan Bioprexum Plus 5mg / 1,25mg dapat dipengaruhi oleh obat-obatan lain. Dokter Anda mungkin perlu mengubah dosis Anda dan/atau mengambil tindakan pencegahan lainnya. Pastikan untuk memberi tahu dokter Anda jika Anda mengonsumsi salah satu obat berikut karena perawatan khusus mungkin diperlukan:

- obat lain untuk mengobati tekanan darah tinggi, termasuk angiotensin II receptor blocker (ARB) atau aliskiren (lihat juga informasi di bawah judul "Jangan minum BIOPREXUM PLUS 5mg/1,25mg" dan "Berhati-hatilah dengan BIOPREXUM PLUS 5mg/1,25mg") atau diuretik (obat-obatan yang meningkatkan jumlah urin yang diproduksi oleh ginjal),
- obat hemat kalium yang digunakan dalam pengobatan gagal jantung: eplerenone dan spironolactone pada dosis antara 12,5 mg hingga 50 mg per hari,
- obat-obatan, yang paling sering digunakan untuk mengobati diare (racecadotril) atau menghindari penolakan organ yang ditransplantasikan (sirolimus, everolimus, temsirolimus dan obat-obatan lain yang termasuk dalam kelas yang disebut penghambat mTor). Lihat bagian "Peringatan dan tindakan pencegahan".
- sacubitril/valsartan (digunakan untuk mengobati gagal jantung jangka panjang). Lihat bagian "Jangan mengonsumsi BIOPREXUM PLUS 5mg/1,25mg" dan "Peringatan dan tindakan pencegahan".
- obat-obatan anestesi,
- agen kontras beryodium,
- antibiotik yang digunakan untuk mengobati infeksi bakteri (misalnya moxifloxacin, sparfloxacin, eritromisin dengan injeksi),
- metadon (digunakan untuk mengobati kecanduan),
- procainamide (untuk pengobatan detak jantung yang tidak teratur),
- allopurinol (untuk pengobatan asam urat),
- antihistamin yang digunakan untuk mengobati reaksi alergi, seperti demam (misalnya mizolastine, terfenadine, astemizole),
- kortikosteroid digunakan untuk mengobati berbagai kondisi termasuk asma parah dan rheumatoid arthritis,
- imunosupresan yang digunakan untuk pengobatan gangguan auto-imun atau setelah operasi transplantasi untuk mencegah penolakan (misalnya ciclosporin, tacrolimus),
- halofantrine (digunakan untuk mengobati jenis malaria tertentu),
- pentamidine (digunakan untuk mengobati pneumonia),
- emas injeksi (digunakan untuk mengobati rheumatoid polyarthritis),
- vincamine (digunakan untuk mengobati gangguan kognitif simtomatik pada lansia termasuk kehilangan ingatan),
- bepridil (digunakan untuk mengobati angina pektoris),
- obat-obatan yang digunakan untuk masalah irama jantung (misalnya quinidine, hydroquinidine, disopyramide, amiodarone, sotalol, ibutilide, dofetilide, digitalis, bretylium),
- cisapride, diphemanil (digunakan untuk mengobati masalah lambung dan pencernaan),
- digoxin atau glikosida jantung lainnya (untuk pengobatan masalah jantung),
- baclofen (untuk mengobati kekakuan otot yang terjadi pada penyakit seperti multiple sclerosis),
- obat-obatan untuk mengobati diabetes seperti insulin, metformin atau gliptin,
- kalsium termasuk suplemen kalsium,
- obat pencahar stimulan (misalnya senna),
- obat antiinflamasi nonsteroid (misalnya ibuprofen) atau salisilat dosis tinggi (misalnya asam asetilsalisilat (zat yang ada dalam banyak obat yang digunakan untuk menghilangkan rasa sakit dan menurunkan demam, serta untuk mencegah pembekuan darah)),
- amfoterisin B dengan injeksi (untuk mengobati penyakit jamur parah),
- obat-obatan yang digunakan untuk mengobati gangguan mental seperti depresi, kecemasan, skizofrenia... (misalnya antidepresan trisiklik, neuroleptik (seperti amisulpride, sulpiride, sultopride, tiapride, haloperidol, droperidol)),
- tetracosactide (untuk mengobati penyakit Crohn),
- trimethoprim (untuk pengobatan infeksi),
- vasodilator termasuk nitrat (produk yang membuat pembuluh darah menjadi lebih lebar),
- obat-obatan yang digunakan untuk pengobatan tekanan darah rendah, syok atau asma (misalnya efedrin, noradrenalin atau adrenalin).

BIOPREXUM PLUS 5mg/1,25mg dengan makanan dan minuman
Lebih baik mengonsumsi BIOPREXUM PLUS 5mg/1,25mg sebelum makan.

Kehamilan dan menyusui
Jika Anda sedang hamil atau menyusui, berpikir Anda mungkin hamil atau berencana untuk memiliki bayi, mintalah saran dari dokter atau apoteker Anda sebelum minum obat ini.

Kehamilan
Anda harus memberi tahu dokter Anda jika Anda berpikir bahwa Anda (atau mungkin menjadi) hamil.
Dokter Anda biasanya akan menyarankan Anda untuk berhenti mengonsumsi BIOPREXUM PLUS 5mg/1,25mg sebelum Anda hamil atau segera setelah Anda tahu Anda hamil dan akan menyarankan Anda untuk minum obat lain alih-alih BIOPREXUM PLUS 5mg/1,25mg. BIOPREXUM PLUS 5mg/1,25mg tidak dianjurkan pada awal kehamilan, dan tidak boleh dikonsumsi saat hamil lebih dari 3 bulan, karena dapat menyebabkan kerusakan serius pada bayi Anda jika digunakan setelah bulan ketiga kehamilan.

Menyusui
BIOPREXUM PLUS 5mg/1,25mg tidak dianjurkan jika Anda sedang menyusui.
Beri tahu dokter Anda segera jika Anda sedang menyusui atau akan mulai menyusui.
Segera temui dokter Anda.

Mengemudi dan menggunakan mesin
BIOPREXUM PLUS 5mg / 1,25mg biasanya tidak mempengaruhi kewaspadaan tetapi reaksi yang berbeda seperti pusing atau kelemahan dalam kaitannya dengan penurunan tekanan darah dapat terjadi pada pasien tertentu. Jika terpengaruh, kemampuan Anda untuk mengemudi atau mengoperasikan mesin mungkin terganggu.

BIOPREXUM PLUS 5mg/1,25mg mengandung laktosa monohidrat.
Jika Anda telah diberitahu oleh dokter Anda bahwa Anda memiliki intoleransi terhadap beberapa gula, hubungi dokter Anda sebelum mengonsumsi produk obat ini.

BIOPREXUM PLUS 5mg/1,25mg mengandung natrium
BIOPREXUM PLUS 5mg/1,25mg mengandung kurang dari 1 mmol natrium (23 mg) per tablet, artinya pada dasarnya 'bebas natrium'.

3. BAGAIMANA ATURAN MINUM BIOPREXUM PLUS 5MG/1,25mg

Selalu minum obat ini sesuai dengan yang dianjurkan oleh dokter, apoteker atau perawat anda Anda. Periksa dengan dokter atau apoteker Anda jika Anda tidak yakin.
Dosis lazim adalah satu tablet sekali sehari. Dokter Anda mungkin memutuskan untuk mengubah rejimen dosis jika Anda menderita gangguan ginjal. Minum tablet Anda sebaiknya di pagi hari dan sebelum makan. Telan tablet dengan segelas air.

Jika Anda mengonsumsi lebih banyak BIOPREXUM PLUS 5mg/1,25mg dari yang seharusnya
Jika Anda mengonsumsi terlalu banyak tablet, segera hubungi dokter Anda atau korban rumah sakit terdekat. Efek yang paling mungkin terjadi dalam kasus overdosis adalah tekanan darah rendah. Jika tekanan darah rendah yang ditandai terjadi (terkait dengan mual, muntah, kram, pusing, kantuk , kebingungan mental, perubahan jumlah urin yang diproduksi oleh ginjal), berbaring dengan kaki terangkat dapat membantu.

Jika Anda lupa mengonsumsi BIOPREXUM PLUS 5mg/1,25mg
Penting untuk minum obat Anda setiap hari karena pengobatan rutin lebih efektif. Namun, Jika Anda lupa mengonsumsi dosis BIOPREXUM PLUS 5mg/1,25mg, ambil dosis berikutnya pada waktu biasa. Jangan minum dosis ganda untuk menebus dosis yang terlupakan.

Jika Anda berhenti mengonsumsi BIOPREXUM PLUS 5mg/1,25mg
Karena pengobatan untuk tekanan darah tinggi biasanya seumur hidup, Anda harus berdiskusi dengan dokter Anda sebelum menghentikan produk obat ini.

Jika Anda memiliki pertanyaan lebih lanjut tentang penggunaan obat ini, tanyakan kepada dokter atau apoteker Anda.

4. KEMUNGKINAN EFEK SAMPING

Seperti obat pada umumnya, obat ini dapat menyebabkan efek samping, meskipun tidak semua orang mengalaminya.

Hentikan minum produk obat dan segera temui dokter, jika Anda mengalami salah satu efek samping berikut yang bisa serius:

- Pusing parah atau pingsan karena tekanan darah rendah (Umum - dapat mempengaruhi hingga 1 dari 10 orang),
- Bronkospasme (pengencangan dada, mengi dan sesak napas (Tidak umum) (dapat mempengaruhi hingga 1 dari 100 orang),
- Pembengkakan wajah, bibir, mulut, lidah atau tenggorokan, kesulitan bernapas (angioedema) (Lihat bagian 2 "Peringatan dan pencegahan"), (Tidak umum) (dapat mempengaruhi hingga 1 dari 100 orang),
- Reaksi kulit yang parah termasuk eritema multiforme (ruam kulit yang sering dimulai dengan bercak gatal merah di wajah, lengan atau kaki Anda) atau ruam kulit yang intens, gatal-gatal, kemerahan pada kulit di seluruh tubuh Anda, gatal-gatal parah, melepuh, mengelupas dan pembengkakan pada kulit, radang selaput lendir (Sindrom Stevens Johnson) atau reaksi alergi lainnya (Sangat jarang) (dapat mempengaruhi hingga 1 dari 10.000 orang),
- Gangguan kardiovaskular (detak jantung tidak teratur, angina pektoris (nyeri di dada, rahang dan punggung, disebabkan oleh upaya fisik), serangan jantung) (Sangat jarang) (dapat mempengaruhi hingga 1 dari 10.000 orang),
- Kelemahan lengan atau kaki, atau masalah berbicara yang bisa menjadi tanda kemungkinan stroke (Sangat jarang) (dapat mempengaruhi hingga 1 dari 10.000 orang),
- Pankreas yang meradang yang dapat menyebabkan sakit perut dan punggung yang parah disertai dengan perasaan sangat tidak enak badan (Sangat jarang) (dapat mempengaruhi hingga 1 dari 10.000 orang),
- Menguningnya kulit atau mata (penyakit kuning) yang bisa menjadi tanda hepatitis (Sangat Langka) (dapat mempengaruhi hingga 1 dari 10.000 orang),
- Detak tidak teratur yang mengancam jiwa (Tidak diketahui),
- Penyakit otak yang disebabkan oleh penyakit hati (Ensefalopati Hati) (Tidak diketahui).
- Kelemahan otot, kram, nyeri atau nyeri dan khususnya, jika pada saat yang sama, Anda merasa tidak enak badan atau memiliki suhu tinggi itu mungkin disebabkan oleh kerusakan otot yang tidak normal (Tidak diketahui).

Dalam urutan frekuensi yang menurun, efek samping dapat meliputi:

- Umum (dapat mempengaruhi hingga 1 dari 10 orang):
  Kalium rendah dalam darah, reaksi kulit pada subjek yang cenderung mengalami reaksi alergi dan asma , sakit kepala, pusing, vertigo, pin dan jarum, gangguan penglihatan, tinnitus (sensasi suara di telinga), batuk, sesak napas (dispnea), gangguan pencernaan (mual, muntah, sakit perut, gangguan rasa, dispepsia atau kesulitan pencernaan, diare, sembelit), reaksi alergi (seperti ruam kulit, gatal), kram, rasa lelah,

- Tidak umum (dapat mempengaruhi hingga 1 dari 100 orang):
  Perubahan suasana hati, depresi, gangguan tidur, urtikaria, purpura (titik merah pada kulit), kelompok lepuh, masalah ginjal, impotensi (ketidakmampuan untuk mendapatkan atau mempertahankan ereksi), berkeringat, kelebihan eosinofil (sejenis sel darah putih), perubahan parameter laboratorium: kadar kalium darah tinggi yang dapat dibalik pada penghentian, kadar natrium darah rendah yang dapat menyebabkan dehidrasi dan tekanan darah rendah, Mengantuk, pingsan, jantung berdebar-debar (kesadaran akan detak jantung Anda), takikardia (detak jantung cepat), hipoglikemia (kadar gula darah sangat rendah) dalam kasus pasien diabetes, vaskulitis (radang pembuluh darah), mulut kering, reaksi fotosensitivitas (peningkatan sensitivitas kulit terhadap sinar matahari), arthralgia (nyeri sendi), mialgia (nyeri otot), nyeri dada, malaise, edema periferal, demam, peningkatan urea darah, peningkatan kreatinin darah, jatuh.

- Langka (dapat mempengaruhi hingga 1 dari 1000 orang):
  Psoriasis memburuk, perubahan parameter laboratorium: klorida rendah dalam darah, magnesium rendah dalam darah, peningkatan kadar enzim hati, kadar bilirubin serum yang tinggi, kelelahan, penurunan atau tidak adanya keluaran urin, gagal ginjal akut.
  Urin gelap, merasa mual (mual) atau sakit (muntah), kram otot, kebingungan dan kejang. Ini mungkin merupakan gejala dari kondisi yang disebut SIADH (sekresi hormon antidiuretik yang tidak tepat).

- Sangat jarang (dapat mempengaruhi hingga 1 dari 10.000 orang):
  Kebingungan, pneumonia eosinofilik (jenis pneumonia yang langka), rinitis (tersumbat atau pilek), masalah ginjal yang parah, perubahan nilai darah seperti jumlah sel darah putih dan merah yang lebih rendah, hemoglobin yang lebih rendah, jumlah trombosit darah yang lebih rendah, kadar kalsium yang tinggi dalam darah, fungsi hati yang tidak normal, ganguan kelenjar endokrin dimana kondisi di mana tubuh telrlalu banyak hormon antidiuretik.

- Tidak diketahui (frekuensi tidak dapat diperkirakan dari data yang tersedia): Pelacakan jantung EKG abnormal, perubahan parameter laboratorium: kadar asam urat tinggi dan kadar gula tinggi dalam darah, rabun jauh (miopia), penglihatan kabur, gangguan penglihatan, penurunan penglihatan atau nyeri pada mata Anda karena tekanan tinggi (kemungkinan tanda-tanda akumulasi cairan di lapisan pembuluh darah mata (efusi koroidal) atau glaukoma sudut tertutup akut), perubahan warna, mati rasa dan nyeri pada jari tangan atau kaki (fenomena Raynaud). Jika Anda menderita lupus eritematosus sistemik (sejenis penyakit kolagen), ini mungkin menjadi lebih buruk.

Gangguan darah, ginjal, hati atau pankreas dan perubahan parameter laboratorium (tes darah) dapat terjadi. Dokter Anda mungkin perlu memberi Anda tes darah untuk memantau kondisi Anda.

Jika Anda memiliki gejala ini, hubungi dokter Anda sesegera mungkin.

Pelaporan efek samping
Jika Anda mengalami efek samping, konsultasikan dengan dokter atau apoteker Anda. Hal ini termasuk kemungkinan efek samping yang tidak tercantum dalam selebaran ini.
Anda juga dapat melaporkan keluhan efek samping atau kondisi tidak nyaman secara langsung disampaikan berupa tulisan melalui PT. Darya-Varia Laboratoria Tbk pada situs https://www.darya-varia.com/, atau melalui *call center* PT. Servier Indonesia dengan No. Telp. 021-57903940 atau disampaikan berupa tulisan melalui kontak kami di situs www.servier.co.id.

Dengan melaporkan efek samping obat Anda dapat membantu dalam memberikan informasi lebih lanjut tentang keamanan obat ini.

5. BAGAIMANA CARA MENYIMPAN BIOPREXUM PLUS 5MG/1,25mg

Jauhkan obat ini dari pandangan dan jangkauan anak-anak.

Jangan gunakan obat ini setelah tanggal kedaluwarsa yang tertera pada karton dan wadah. Tanggal kedaluwarsa mengacu pada hari terakhir bulan itu.
Tutup wadah dengan rapat untuk melindungi dari kelembaban.

Jangan membuang obat-obatan apa pun melalui air limbah atau limbah rumah tangga. Tanyakan kepada apoteker Anda cara membuang obat yang tidak lagi Anda gunakan. Langkah-langkah ini akan membantu melindungi lingkungan.

6. ISI DARI KEMASAN BIOPREXUM PLUS 5MG/1.5MG DAN INFORMASI LEBIH LANJUT

Apa yang terkandung dalam BIOPREXUM PLUS 5mg/1,25mg

- Zat aktifnya adalah perindopril, arginin, dan indapamide. Satu tablet berlapis film mengandung 5mg perindopril arginin (setara dengan 3,395 mg perindopril) dan 1,25 mg indapamide.
- Bahan lain adalah: laktosa monohidrat, magnesium stearat, maltodekstrin, silika koloid anhidrat, natrium pati glikolat (tipe A), dan dalam lapisan film tablet: gliserol, hipromelosa, makrogol 6000, magnesium stearat titanium dioksida.

Seperti apa bentuk dan isi kemasan BIOPREXUM PLUS 5mg/1,25mg

Tablet BIOPREXUM PLUS 5mg/1,25mg adalah tablet berlapis film berbentuk batang putih. Satu tablet berlapis film mengandung 5 mg perindopril arginin dan 1,25 mg indapamide.

Kemasan
BIOPREXUM PLUS 5mg/1,25mg No. Reg: DKI1631600517A1
Dus, 1 botol plastik @ 30 Tablet Salut Selaput

HARUS DENGAN RESEP DOKTER

Diproduksi oleh:
Servier (Ireland) Industries Ltd
Arklow - Ireland

Didaftarkan oleh:
PT. Darya-Varia Laboratoria Tbk
Bogor – Indonesia

Diimpor dan dipasarkan oleh:
PT. Servier Indonesia
Jakarta - Indonesia

Tanggal persetujuan terakhir leaflet ini
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