

# Crinone® 8%

## Progesterone

### 1. QUALITATIVE AND QUANTITATIVE COMPOSITION

#### Active Ingredient

	mg/dose	% w/w
Progesterone	90	8.0

Excipients with known effect: Contains sorbic acid 0.08% w/w (0.9 mg/1.125 g dose).

For the full list of excipients, see section 5.1 List of excipients.

### 2. PHARMACEUTICAL FORM

Vaginal gel

### 3. CLINICAL PARTICULARS

#### 3.1 Therapeutic Indications

- Treatment of infertility due to inadequate luteal phase.
- For use during in-vitro fertilisation, where infertility is mainly due to tubal, idiopathic or endometriosis linked sterility associated with normal ovulatory cycles.

#### 3.2 Posology and Method of Administration

##### Posology

Intravaginal application.

##### Treatment of infertility due to inadequate luteal phase

One application (1.125 g 8% gel) every day, starting after documented ovulation or arbitrarily on the 18<sup>th</sup> - 21<sup>st</sup> day of the cycle.

##### Use during in-vitro fertilisation

Daily application of Crinone 8% gel should be continued for 30 days if there is laboratory evidence of pregnancy.

##### Paediatric population

Not applicable.

##### Elderly

Not applicable.

##### Method of Administration

Crinone is applied directly from the specially designed sealed applicator into the vagina. The applicator should be removed from the sealed wrapper. The twist-off cap should not be removed at this time.

1. The applicator should be gripped firmly by the thick end. It should be shaken down like a thermometer to ensure that the contents are at the thin end.
2. The tab should be twisted off and discarded.
3. The applicator may be inserted while patient is in a sitting position or when lying on her back with the knees bent. The thin end of applicator should be gently inserted well into the vagina.
4. The thick end of the applicator should be pressed firmly to deposit gel. The applicator should be removed and discarded in a waste container.

### 3.3 Contraindications

1. Hypersensitivity to progesterone or to any of the excipients listed in section 5.1 List of excipients
2. Undiagnosed vaginal bleeding
3. Known or suspected progesterone-sensitive malignant tumours
4. Porphyria
5. Thrombophlebitis, thromboembolic disorder, cerebral apoplexy, or patients with an history of these conditions
6. Missed abortion

### 3.4 Special Warnings and Precautions for Use

The pre-treatment physical examination should include special reference to breast and pelvic organs, as well as Papanicolaou smear.

Cautious use in severe hepatic insufficiency.

In cases of breakthrough bleeding, as in all cases of irregular vaginal bleeding, non-functional causes should be considered. In cases of undiagnosed vaginal bleeding, adequate diagnostic measures should be undertaken.

Crinone is not indicated in threatened abortion. Treatment should be discontinued in the event of a missed abortion.

The physician should be alert to the early manifestations of thrombotic disorders (thrombophlebitis, cerebrovascular disorder, pulmonary embolism and retinal thrombosis). Should any of these symptoms occur or be suspected, the drug should be discontinued immediately. Patients who have risk factors for thrombotic disorders should be kept under careful observation.

Although risk of thromboembolism has been associated with estrogens, a link with progestins remains questionable. Therefore, in women with generally recognised risk factors for thromboembolic events, such as personal or family history, treatment with Crinone may further increase the risk. In these women, the benefits of Crinone administration need to be weighed against the risks. It should be noted however, that pregnancy itself carries an increased risk of thromboembolic events.

Because progestogens may cause some degree of fluid retention, conditions that might be influenced by this factor (e.g. epilepsy, migraine, asthma, cardiac or renal dysfunction) require careful observation.

Patients who have a history of depression should be carefully observed and the drug discontinued if the depression recurs to a serious degree.

A decrease in glucose tolerance has been observed in a small number of patients on oestrogenprogestin combination drugs. The mechanism of this decrease is not known. For this reason, diabetic patients should be carefully observed while receiving progestin therapy.

The excipient sorbic acid may cause local skin reactions (e.g. contact dermatitis) or vaginal irritation.

### 3.5 Interaction with Other Medicinal Products and Other Forms of Interactions

Crinone is not recommended for use concurrently with other vaginal preparations.

### 3.6 Pregnancy and Lactation

#### Pregnancy

In case of corpus luteum deficiency, Crinone can be used during the first month of pregnancy.

#### Breast-feeding

Do not use during lactation.

### 3.7 Effects on Ability to Drive and Use Machines

Drivers and users of machines are warned that risk of somnolence may occur.

### 3.8 Undesirable effects

The adverse reactions reported below are classified according to frequency of occurrence as follows:

Very common	: ( $\geq 1/10$ )
Common	: ( $\geq 1/100$ to $< 1/10$ )
Uncommon	: ( $\geq 1/1,000$ to $< 1/100$ )
Rare	: ( $\geq 1/10,000$ to $< 1/1,000$ )
Very rare	: ( $< 1/10,000$ )

Crinone is generally well-tolerated. In clinical studies, the following adverse events have been reported during Crinone therapy. Most adverse events observed in clinical studies cannot be distinguished from the symptoms common in early pregnancy.

#### Common

Headache, Somnolence, Breast Tenderness, Vaginal irritation, Itching or Burning

#### Post Marketing Reports

For adverse reactions identified during post-marketing surveillance, the frequency is not known (cannot be estimated from the available data).

In addition, intermenstrual bleeding (spotting), hypersensitivity reactions usually manifesting as skin rash, and other mild application site reactions have been reported post-marketing.

Rare events of urticaria and pruritis were noted.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system.

### 3.9 Overdose

Not applicable

## 4. PHARMACOLOGICAL PROPERTIES

### 4.1 Pharmacological Properties

Pharmacotherapeutic group: Sex hormones, ATC code: G03DA04

The pharmacological particulars of the product are those of the naturally occurring progesterone with induction of a full secretory endometrium.

### 4.2 Pharmacokinetic Properties

The progesterone vaginal gel is based on a polycarbophil delivery system which attaches to the vaginal mucosa and provides a prolonged release of progesterone for at least three days.

### 4.3 Preclinical Safety Data

In rabbits, Crinone was an eye irritant categorised class IV (minimal effects clearing in less than 24 hours), but not a dermal irritant.

A moderate vaginal irritation was found in rabbits after application of 2.0 ml/day of 8% gel for 5 days.

## 5. PHARMACEUTICAL PARTICULARS

### 5.1 List of Excipients

Glycerin, Light Paraffin, Hydrogenated Palm Oil Glyceride, Carbopol 974P, Sorbic acid, Polycarbophil, Sodium hydroxide, Purified water.

### 5.2 Incompatibilities

No incompatibilities were found with the usual contraceptive devices.

### 5.3 Shelf-life

The expiry date is indicated on the packaging.

### 5.4 Special Precautions for Storage

Store below 30°C.

### 5.5 Nature and Contents of Container

A single use, one piece, white polyethylene applicator with a twist-off top, designed for intravaginal application.

Each applicator contains 1.45 g of gel and delivers 1.125 g of gel. Each one is wrapped up and sealed in a paper/aluminium/polyethylene foil overwrap.

The applicators are packed in cardboard boxes containing 15 units of Crinone 8% progesterone vaginal gel.

### 5.6 Package Quantities and Registration Number

**Crinone® 8%, Box, 15 single use pre-filled applicators @ 1.125 g**

Reg. No. DKI1953600152A1

### HARUS DENGAN RESEP DOKTER

On Medical Prescription Only

Manufactured by

Dendron Brands Ltd, Watford, UK

Primary packed by

Maropack AG, Zell, Switzerland

Secondary packed by

Central Pharma (Contract Packing) Ltd., Bedford, UK

For

Merck Serono Ltd, Feltham, UK

Imported by

PT Merck Tbk, Jakarta, Indonesia

PI based on CCDS ver 1.0

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Update approval xxxx