

POMALID
Pomalidomide
Capsules 1 mg
Capsules 2 mg
Capsules 3 mg
Capsules 4 mg

1. QUALITATIVE AND QUANTITATIVE COMPOSITION

Pomalid 1 mg capsules	: Each capsule contains 1 mg of pomalidomide.
Pomalid 2 mg capsules	: Each capsule contains 2 mg of pomalidomide.
Pomalid 3 mg capsules	: Each capsule contains 3 mg of pomalidomide.
Pomalid 4 mg capsules	: Each capsule contains 4 mg of pomalidomide.

2. PHARMACEUTICAL FORM

Pomalid 1 mg capsules

Hard gelatin capsule, with a yellow body and red cap, with “PLM 1” printed axial rectified in white in the body. Capsule size 4.

Pomalid 2 mg capsules

Hard gelatin capsule, with an orange body and red cap, with “PLM 2” printed axial rectified in white in the body. Capsule size 2.

Pomalid 3 mg capsules

Hard gelatin capsule, with a turquoise body and red cap, with “PLM 3” printed axial rectified in white in the body. Capsule size 2.

Pomalid 4 mg capsules

Hard gelatin capsule, with a dark blue body and red cap, with “PLM 4” printed axial rectified in white in the body. Capsule size 2.

3. THERAPEUTIC INDICATIONS

Pomalid in combination with bortezomib and dexamethasone is indicated in the treatment of adult patients with multiple myeloma who have received at least one prior treatment regimen including lenalidomide.

Pomalid in combination with dexamethasone is indicated in the treatment of adult patients with relapsed and refractory multiple myeloma who have received at least two prior treatment regimens, including both lenalidomide and bortezomib, and have demonstrated disease progression on the last therapy.

4. POSOLOGY AND METHOD OF ADMINISTRATION

Treatment must be initiated and monitored under the supervision of physicians experienced in the management of multiple myeloma.

Dosing is continued or modified based upon clinical and laboratory findings (see section 6).

Posology

- ***Pomalidomide in combination with bortezomib and dexamethasone***

The recommended starting dose of Pomalidomide is 4 mg orally once daily on Days 1 to 14 of repeated 21-day cycles.

Pomalidomide is administered in combination with bortezomib and dexamethasone, as shown in Table 1. The recommended starting dose of bortezomib is 1.3 mg/m² intravenous or subcutaneous once daily, on the days shown in Table 1. The recommended dose of dexamethasone is 20 mg orally once daily, on the days shown in Table 1.

Treatment with pomalidomide combined with bortezomib and dexamethasone should be given until disease progression or until unacceptable toxicity occurs.

Table 1. Recommended dosing scheme for Pomalidomide in combination with bortezomib and dexamethasone

Cycle 1-8	Day (of 21-day cycle)																				
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
Pomalidomide (4 mg)	•	•	•	•	•	•	•	•	•	•	•	•	•	•							
Bortezomib (1.3 mg/m ²)	•			•				•			•										
Dexamethasone (20 mg) *	•	•		•	•			•	•		•	•									

Cycle 9 onwards	Day (of 21-day cycle)																				
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
Pomalidomide (4 mg)	•	•	•	•	•	•	•	•	•	•	•	•	•	•							
Bortezomib (1.3 mg/m ²)	•							•													
Dexamethasone (20 mg) *	•	•						•	•												

* For patients > 75 years of age, see Special populations.

Pomalidomide dose modification or interruption

To initiate a new cycle of pomalidomide, the neutrophil count must be $\geq 1 \times 10^9/l$ and the platelet count must be $\geq 50 \times 10^9/l$.

Instructions on dose interruptions or reductions for pomalidomide related adverse reactions are outlined in the Table 2 and dose levels are defined in Table 3 below:

Table 2. Pomalidomide dose modification instructions[∞]

Toxicity	Dose modification
Neutropenia* ANC** < 0.5 x 10 ⁹ /l or febrile neutropenia (fever ≥38.5°C and ANC <1 x 10 ⁹ /l)	Interrupt pomalidomide treatment for remainder of cycle. Follow CBC*** weekly.
ANC return to ≥ 1 x 10 ⁹ /l	Resume pomalidomide treatment at one dose level lower than previous dose.
For each subsequent drop < 0.5 x 10 ⁹ /l	Interrupt pomalidomide treatment.
ANC return to ≥ 1 x 10 ⁹ /l	Resume pomalidomide treatment at one dose level lower than the previous dose.
Thrombocytopenia Platelet count < 25 x 10 ⁹ /l	Interrupt pomalidomide treatment for remainder of cycle. Follow CBC*** weekly.
Platelet count return to ≥ 50 x 10 ⁹ /l	Resume pomalidomide treatment at one dose level lower than previous dose.
For each subsequent drop < 25 x 10 ⁹ /l	Interrupt pomalidomide treatment.
Platelet count return to ≥ 50 x 10 ⁹ /l	Resume pomalidomide treatment at one dose level lower than the previous dose.
Rash Rash = Grade 2-3	Consider dose interruption or discontinuation of pomalidomide treatment.
Rash = Grade 4 or blistering (including angioedema, exfoliative or bullous rash or if Stevens-Johnson syndrome (SJS), Toxic Epidermal Necrolysis (TEN) or Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS) is suspected)	Permanently discontinue treatment (see section 6).
Other Other ≥ Grade 3 pomalidomide-related adverse events	Interrupt pomalidomide treatment for remainder of cycle. Resume at one dose level lower than previous dose at next cycle (adverse event must be resolved or improved to ≤ Grade 2 before restarting dosing).

[∞] Dose modification instructions in this table are applicable to pomalidomide in combination with bortezomib and dexamethasone and to pomalidomide in combination with dexamethasone.

*In case of neutropenia, the physician should consider the use of growth factors. **ANC – Absolute Neutrophil Count; ***CBC – Complete Blood Count.

Table 3. Pomalidomide dose reduction[∞]

Dose level	Oral pomalidomide dose
Starting dose	4 mg
Dose level -1	3 mg

Dose level -2	2 mg
Dose level -3	1 mg

*Dose reduction in this table is applicable to pomalidomide in combination with bortezomib and dexamethasone and to pomalidomide in combination with dexamethasone.

If adverse reactions occur after dose reductions to 1 mg, then the medicinal product should be discontinued.

Strong CYP1A2 inhibitors

If strong inhibitors of CYP1A2 (e.g. ciprofloxacin, enoxacin and fluvoxamine) are co-administered with pomalidomide, reduce the dose of pomalidomide by 50% (see sections 7 and 13b).

Bortezomib dose modification or interruption

For instructions on dose interruptions or reductions for bortezomib related adverse reactions, physicians should refer to bortezomib brochure/leaflet.

Dexamethasone dose modification or interruption

Instructions on dose interruptions or reductions for low-dose dexamethasone related adverse reactions are outlined in Tables 4 and 5 below. However, dose interruption or resumption decisions are at the physician's discretion per brochure/leaflet.

Table 4. Dexamethasone dose modification instructions

Toxicity	Dose Modification
Dyspepsia = Grade 1-2	Maintain dose and treat with histamine (H ₂) blockers or equivalent. Decrease by one dose level if symptoms persist.
Dyspepsia ≥ Grade 3	Interrupt dose until symptoms are controlled. Add H ₂ blocker or equivalent and resume at one dose level lower than previous dose.
Oedema ≥ Grade 3	Use diuretics as needed and decrease dose by one dose level.
Confusion or mood alteration ≥ Grade 2	Interrupt dose until symptoms resolve. Resume at one dose level lower than previous dose.
Muscle weakness ≥ Grade 2	Interrupt dose until muscle weakness ≤ Grade 1. Resume at one dose level lower than previous dose.
Hyperglycaemia ≥ Grade 3	Decrease dose by one dose level. Treat with insulin or oral hypoglycaemic agents as needed.
Acute pancreatitis	Discontinue dexamethasone from treatment regimen.

Other \geq Grade 3 dexamethasone-related adverse events	Stop dexamethasone dosing until the adverse event resolves to \leq Grade 2. Resume at one dose level lower than previous dose.
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If recovery from toxicities is prolonged beyond 14 days, then the dose of dexamethasone will be resumed at one dose level lower than the previous dose.

Table 5. Dexamethasone dose reduction

Dose Level	≤ 75 years old	> 75 years old
	Dose (Cycle 1-8: Days 1, 2, 4, 5, 8, 9, 11, 12 of a 21-day cycle Cycle ≥ 9 : Days 1, 2, 8, 9 of a 21-day cycle)	Dose (Cycle 1-8: Days 1, 2, 4, 5, 8, 9, 11, 12 of a 21-day cycle Cycle ≥ 9 : Days 1, 2, 8, 9 of a 21-day cycle)
Starting Dose	20 mg	10 mg
Dose Level -1	12 mg	6 mg
Dose Level -2	8 mg	4 mg

Dexamethasone should be discontinued if the patient is unable to tolerate 8 mg if ≤ 75 years old or 4 mg if > 75 years old.

In case of permanent discontinuation of any component of the treatment regimen, continuation of the remaining medicinal products is at the physician's discretion.

- ***Pomalidomide in combination with dexamethasone***

The recommended starting dose of Pomalidomide is 4 mg orally once daily on Days 1 to 21 of repeated 28-day cycles.

The recommended dose of dexamethasone is 40 mg orally once daily on Days 1, 8, 15 and 22 of each 28-day treatment cycle.

Treatment with pomalidomide combined with dexamethasone should be given until disease progression or until unacceptable toxicity occurs.

Pomalidomide dose modification or interruption

Instructions for dose interruptions or reductions for pomalidomide related adverse reactions are outlined in Table 2 and 3.

Dexamethasone dose modification or interruption

Instructions for dose modification for dexamethasone related adverse reactions are outlined in Table 4. Instructions for dose reduction for dexamethasone related adverse reactions are outlined in Table 6 below. However, dose interruption / resumption decisions are at physician's discretion per the current brochure/leaflet.

Table 6. Dexamethasone dose reduction

Dose Level	≤ 75 years old Days 1, 8, 15 and 22 of each 28-day treatment cycle	> 75 years old Days 1, 8, 15 and 22 of each 28-day treatment cycle
Starting Dose	40 mg	20 mg
Dose Level -1	20 mg	12 mg
Dose Level -2	10mg	8 mg

Dexamethasone should be discontinued if the patient is unable to tolerate 10 mg if ≤ 75 years old or 8 mg if > 75 years old.

Special populations

Elderly

- ***Pomalidomide in combination with bortezomib and dexamethasone***

No dose adjustment is required for pomalidomide.

For information on bortezomib given in combination with pomalidomide, refer to the respective current leaflet.

For patients >75 years of age, the starting dose of dexamethasone is:

- For Cycles 1 to 8: 10 mg once daily on Days 1, 2, 4, 5, 8, 9, 11 and 12 of each 21-day cycle
- For Cycles 9 and onwards: 10 mg once daily on Days 1, 2, 8 and 9 of each 21-day cycle.

- ***Pomalidomide in combination with dexamethasone***

No dose adjustment is required for pomalidomide.

For patients > 75 years of age, the starting dose of dexamethasone is:

- 20 mg once daily on days 1, 8, 15 and 22 of each 28-day treatment cycle.

Hepatic impairment

Patients with serum total bilirubin > 1.5 x ULN (upper limit of normal range) were excluded from clinical studies. Hepatic impairment has a modest effect on the pharmacokinetics of pomalidomide (see section 13b). No adjustment of the starting dose of pomalidomide is required for patients with hepatic impairment as defined by the Child-Pugh criteria. However, patients with hepatic impairment should be carefully monitored for adverse reactions and dose reduction or interruption of pomalidomide should be used as needed.

Renal impairment

No dose adjustment of pomalidomide is required for patients with renal impairment. On haemodialysis days, patients should take their pomalidomide dose following haemodialysis.

Paediatric population

There is no relevant use of pomalidomide in children aged 0-17 years for the indication of multiple myeloma.

Method of administration

Oral use.

Pomalid capsules should be taken orally at the same time each day. The capsules should not be

opened, broken or chewed (see section 14e). The capsules should be swallowed whole, preferably with water, with or without food. If the patient forgets to take a dose of pomalidomide on one day, then the patient should take the normal prescribed dose as scheduled on the next day. Patients should not adjust the dose to make up for a missing dose on previous days.

It is recommended to press only on one end of the capsule to remove it from the blister thereby reducing the risk of capsule deformation or breakage.

For information on other medicinal products given in combination with Pomalid, refer to the respective current leaflet/brochure.

5. CONTRAINDICATIONS

- Pregnancy.
- Women of childbearing potential, unless all the conditions of the pregnancy prevention programme are met (see sections 6 and 8).
- Male patients unable to follow or comply with the required contraceptive measures (see section 6).
- Hypersensitivity to the active substance or to any of the excipients listed in section 14a.

For information on other medicinal products given in combination with Pomalid, refer to the respective current brochure/leaflet.

6. SPECIAL WARNINGS AND PRECAUTIONS FOR USE

Teratogenicity

Pomalidomide must not be taken during pregnancy, since a teratogenic effect is expected. Pomalidomide is structurally related to thalidomide. Thalidomide is a known human teratogen that causes severe life-threatening birth defects. Pomalidomide was found to be teratogenic in both rats and rabbits when administered during the period of major organogenesis (see section 13a).

The conditions of the Pregnancy Prevention Programme must be fulfilled for all patients unless there is reliable evidence that the patient does not have childbearing potential.

Criteria for women of non-childbearing potential

A female patient or a female partner of a male patient is considered of non-childbearing potential if she meets at least one of the following criteria:

- Age \geq 50 years and naturally amenorrhoeic for \geq 1 year (amenorrhoea following cancer therapy or during breast-feeding does not rule out childbearing potential)
- Premature ovarian failure confirmed by a specialist gynaecologist
- Previous bilateral salpingo-oophorectomy, or hysterectomy
- XY genotype, Turner syndrome, uterine agenesis.

Counselling

For women of childbearing potential, pomalidomide is contraindicated unless all of the following are met:

- She understands the expected teratogenic risk to the unborn child
- She understands the need for effective contraception, without interruption, at least 4 weeks before starting treatment, throughout the entire duration of treatment, and at least 4 weeks after the end of

treatment

- Even if a woman of childbearing potential has amenorrhoea she must follow all the advice on effective contraception
- She should be capable of complying with effective contraceptive measures
- She is informed and understands the potential consequences of pregnancy and the need to rapidly consult if there is a risk of pregnancy
- She understands the need to commence the treatment as soon as pomalidomide is dispensed following a negative pregnancy test
- She understands the need and accepts to undergo pregnancy testing at least every 4 weeks except in case of confirmed tubal sterilisation
- She acknowledges that she understands the hazards and necessary precautions associated with the use of pomalidomide.

The prescriber must ensure that for women of childbearing potential:

- The patient complies with the conditions of the Pregnancy Prevention Programme, including confirmation that she has an adequate level of understanding
- The patient has acknowledged the aforementioned conditions.

For male patients taking pomalidomide, pharmacokinetic data has demonstrated that pomalidomide is present in human semen during treatment. As a precaution, and taking into account special populations with potentially prolonged elimination time such as hepatic impairment, all male patients taking pomalidomide must meet the following conditions:

- He understands the expected teratogenic risk if engaged in sexual activity with a pregnant woman or a woman of childbearing potential
- He understands the need for the use of a condom if engaged in sexual activity with a pregnant woman or a woman of childbearing potential not using effective contraception, throughout treatment duration, during dose interruption and for 7 days after dose interruptions and/or cessation of treatment. This includes vasectomised males who should wear a condom if engaged in sexual activity with a pregnant woman or a woman of childbearing potential as seminal fluid may still contain pomalidomide in the absence of spermatozoa.
- He understands that if his female partner becomes pregnant whilst he is taking pomalidomide or 7 days after he has stopped taking pomalidomide, he should inform his treating physician immediately and that it is recommended to refer the female partner to a physician specialised or experienced in teratology for evaluation and advice.

Contraception

Women of childbearing potential must use at least one effective method of contraception for at least 4 weeks before therapy, during therapy, and until at least 4 weeks after pomalidomide therapy and even in case of dose interruption unless the patient commits to absolute and continuous abstinence confirmed on a monthly basis. If not established on effective contraception, the patient must be referred to an appropriately trained health care professional for contraceptive advice in order that contraception can be initiated.

The following can be considered to be examples of suitable methods of contraception:

- Implant
- Levonorgestrel-releasing intrauterine system
- Medroxyprogesterone acetate depot
- Tubal sterilisation
- Sexual intercourse with a vasectomised male partner only; vasectomy must be confirmed by two negative semen analyses
- Ovulation inhibitory progesterone-only pills (i.e. desogestrel)

Because of the increased risk of venous thromboembolism in patients with multiple myeloma taking pomalidomide and dexamethasone, combined oral contraceptive pills are not recommended (see also section 7). If a patient is currently using combined oral contraception the patient should switch to one of the effective methods listed above. The risk of venous thromboembolism continues for 4-6 weeks after discontinuing combined oral contraception. The efficacy of contraceptive steroids may be reduced during cotreatment with dexamethasone (see section 7).

Implants and levonorgestrel-releasing intrauterine systems are associated with an increased risk of infection at the time of insertion and irregular vaginal bleeding. Prophylactic antibiotics should be considered particularly in patients with neutropenia.

Insertion of copper-releasing intrauterine devices is not recommended due to the potential risks of infection at the time of insertion and menstrual blood loss which may compromise patients with severe neutropenia or severe thrombocytopenia.

Pregnancy testing

According to local practice, medically supervised pregnancy tests with a minimum sensitivity of 25 mIU/mL must be performed for women of childbearing potential as outlined below. This requirement includes women of childbearing potential who practice absolute and continuous abstinence. Ideally, pregnancy testing, issuing a prescription and dispensing should occur on the same day. Dispensing of pomalidomide to women of childbearing potential should occur within 7 days of the prescription.

Prior to starting treatment

A medically supervised pregnancy test should be performed during the consultation, when pomalidomide is prescribed, or in the 3 days prior to the visit to the prescriber once the patient had been using effective contraception for at least 4 weeks. The test should ensure the patient is not pregnant when she starts treatment with pomalidomide.

Follow-up and end of treatment

A medically supervised pregnancy test should be repeated at least every 4 weeks, including at least 4 weeks after the end of treatment, except in the case of confirmed tubal sterilisation. These pregnancy tests should be performed on the day of the prescribing visit or in the 3 days prior to the visit to the prescriber.

Additional precautions

Patients should be instructed never to give this medicinal product to another person and to return any unused capsules to their pharmacist at the end of treatment.

Patients should not donate blood, semen or sperm during treatment (including during dose interruptions) and for 7 days following discontinuation of pomalidomide.

Healthcare professionals and caregivers should wear disposable gloves when handling the blister or capsule. Women who are pregnant or suspect they may be pregnant should not handle the blister or capsule.

Educational materials, prescribing and dispensing restrictions

In order to assist patients in avoiding foetal exposure to pomalidomide, the Marketing Authorisation Holder will provide educational material to health care professionals to reinforce the warnings about the expected teratogenicity of pomalidomide, to provide advice on contraception before therapy is started,

and to provide guidance on the need for pregnancy testing. The prescriber must inform the patient about the expected teratogenic risk and the strict pregnancy prevention measures as specified in the Pregnancy Prevention Programme and provide patients with appropriate patient educational brochure, patient card and/or equivalent tool in accordance with the national implemented patient card system. Ideally, pregnancy testing, issuing a prescription and dispensing should occur on the same day. Dispensing of pomalidomide to women of childbearing potential should occur within 7 days of the prescription and following a medically supervised negative pregnancy test result. Prescriptions for women of childbearing potential can be for a maximum duration of 4 weeks, and prescriptions for all other patients can be for a maximum duration of 12 weeks.

Haematological events

Neutropenia was the most frequently reported Grade 3 or 4 haematological adverse reaction in patients with relapsed/refractory multiple myeloma, followed by anaemia and thrombocytopenia. Patients should be monitored for haematological adverse reactions, especially neutropenia. Patients should be advised to report febrile episodes promptly. Physicians should observe patients for signs of bleeding including epistaxes, especially with use of concomitant medicinal products known to increase the risk of bleeding (see section 10). Complete blood counts should be monitored at baseline, weekly for the first 8 weeks and monthly thereafter. A dose modification may be required (see section 4). Patients may require use of blood product support and /or growth factors.

Thromboembolic events

Patients receiving pomalidomide either in combination with bortezomib and dexamethasone or in combination with dexamethasone have developed venous thromboembolic events (predominantly deep vein thrombosis and pulmonary embolism) and arterial thrombotic events (myocardial infarction and cerebrovascular accident). Patients with known risk factors for thromboembolism – including prior thrombosis – should be closely monitored. Action should be taken to try to minimise all modifiable risk factors (e.g. smoking, hypertension, and hyperlipidaemia). Patients and physicians are advised to be observant for the signs and symptoms of thromboembolism. Patients should be instructed to seek medical care if they develop symptoms such as shortness of breath, chest pain, arm or leg swelling. Anti-coagulation therapy (unless contraindicated) is recommended, (such as acetylsalicylic acid, warfarin, heparin or clopidogrel), especially in patients with additional thrombotic risk factors. A decision to take prophylactic measures should be made after a careful assessment of the individual patient's underlying risk factors. In clinical studies, patients received prophylactic acetylsalicylic acid or alternative anti-thrombotic therapy. The use of erythropoietic agents carries a risk of thrombotic events including thromboembolism. Therefore, erythropoietic agents, as well as other agents that may increase the risk of thromboembolic events, should be used with caution.

Peripheral neuropathy

Patients with ongoing \geq Grade 2 peripheral neuropathy were excluded from clinical studies with pomalidomide. Appropriate caution should be exercised when considering the treatment of such patients with pomalidomide.

Significant cardiac dysfunction

Patients with significant cardiac dysfunction (congestive heart failure [NY Heart Association Class III or IV]; myocardial infarction within 12 months of starting study; unstable or poorly controlled angina pectoris) were excluded from clinical studies with pomalidomide. Cardiac events, including congestive cardiac failure, pulmonary oedema and atrial fibrillation (see section 10), have been reported, mainly in patients with pre-existing cardiac disease or cardiac risk factors. Appropriate caution should be exercised when considering the treatment of such patients with pomalidomide, including periodic monitoring for

signs or symptoms of cardiac events.

Tumour lysis syndrome

Patients at greatest risk of tumour lysis syndrome are those with high tumour burden prior to treatment. These patients should be monitored closely and appropriate precautions taken.

Second primary malignancies

Second primary malignancies, such as non-melanoma skin cancer, have been reported in patients receiving pomalidomide (see section 10). Physicians should carefully evaluate patients before and during treatment using standard cancer screening for occurrence of second primary malignancies and institute treatment as indicated.

Allergic reactions and severe skin reactions

Angioedema and severe dermatologic reactions including SJS, TEN and DRESS have been reported with the use of pomalidomide (see section 10). Patients should be advised of the signs and symptoms of these reactions by their prescribers and should be told to seek medical attention immediately if they develop these symptoms. Pomalidomide must be discontinued for exfoliative or bullous rash, or if SJS, TEN or DRESS is suspected, and should not be resumed following discontinuation for these reactions. Patients with a prior history of serious allergic reactions associated with thalidomide or lenalidomide were excluded from clinical studies. Such patients may be at higher risk of hypersensitivity reactions and should not receive pomalidomide. Pomalidomide interruption or discontinuation should be considered for Grade 2-3 skin rash. Pomalidomide must be discontinued permanently for angioedema and anaphylactic reaction.

Dizziness and confusion

Dizziness and confusional state have been reported with pomalidomide. Patients must avoid situations where dizziness or confusion may be a problem and not to take other medicinal products that may cause dizziness or confusion without first seeking medical advice.

Interstitial lung disease (ILD)

ILD and related events, including cases of pneumonitis, have been observed with pomalidomide. Careful assessment of patients with an acute onset or unexplained worsening of pulmonary symptoms should be performed to exclude ILD. Pomalidomide should be interrupted pending investigation of these symptoms and if ILD is confirmed, appropriate treatment should be initiated. Pomalidomide should only be resumed after a thorough evaluation of the benefits and the risks.

Hepatic disorders

Markedly elevated levels of alanine aminotransferase and bilirubin have been observed in patients treated with pomalidomide (see section 10). There have also been cases of hepatitis that resulted in discontinuation of pomalidomide. Regular monitoring of liver function is recommended for the first 6 months of treatment with pomalidomide and as clinically indicated thereafter.

Infections

Reactivation of hepatitis B has been reported rarely in patients receiving pomalidomide in combination with dexamethasone who have previously been infected with the hepatitis B virus (HBV). Some of these cases have progressed to acute hepatic failure, resulting in discontinuation of pomalidomide. Hepatitis B

virus status should be established before initiating treatment with pomalidomide. For patients who test positive for HBV infection, consultation with a physician with expertise in the treatment of hepatitis B is recommended. Caution should be exercised when pomalidomide in combination with dexamethasone is used in patients previously infected with HBV, including patients who are anti-HBc positive but HBsAg negative. These patients should be closely monitored for signs and symptoms of active HBV infection throughout therapy.

Thyroid disorders

Cases of hypothyroidism have been reported. Optimal control of co-morbid conditions influencing thyroid function is recommended before start of treatment. Baseline and ongoing monitoring of thyroid function is recommended.

Progressive multifocal leukoencephalopathy (PML)

Cases of progressive multifocal leukoencephalopathy, including fatal cases, have been reported with pomalidomide. PML was reported several months to several years after starting the treatment with pomalidomide. Cases have generally been reported in patients taking concomitant dexamethasone or prior treatment with other immunosuppressive chemotherapy.

Physicians should monitor patients at regular intervals and should consider PML in the differential diagnosis in patients with new or worsening neurological symptoms, cognitive or behavioural signs or symptoms. Patients should also be advised to inform their partner or caregivers about their treatment, since they may notice symptoms that the patient is not aware of.

The evaluation for PML should be based on neurological examination, magnetic resonance imaging of the brain, and cerebrospinal fluid analysis for JC virus (JCV) DNA by polymerase chain reaction (PCR) or a brain biopsy with testing for JCV. A negative JCV PCR does not exclude PML.

Additional follow-up and evaluation may be warranted if no alternative diagnosis can be established.

If PML is suspected, further dosing must be suspended until PML has been excluded. If PML is confirmed, pomalidomide must be permanently discontinued.

Sodium content

This medicinal product contains less than 1 mmol sodium (23 mg) per capsule, i.e. essentially 'sodium-free'.

For information on other medicinal products given in combination with Pomalid, refer to the respective current leaflet/brochure.

7. INTERACTION WITH OTHER MEDICINAL PRODUCTS AND OTHER FORMS OF INTERACTION

Effect of pomalidomide on other medicinal products

Pomalidomide is not anticipated to cause clinically relevant pharmacokinetic drug-drug interactions due to P450 isoenzyme inhibition or induction or transporter inhibition when co-administered with substrates of these enzymes or transporters. The potential for such drug-drug interactions, including the potential impact of pomalidomide on the pharmacokinetics of combined oral contraceptives, has not been evaluated clinically (see section 6. Teratogenicity).

Effect of other medicinal products on pomalidomide

Pomalidomide is partly metabolised by CYP1A2 and CYP3A4/5. It is also a substrate for P-glycoprotein. Co-administration of pomalidomide with the strong CYP3A4/5 and P-gp inhibitor ketoconazole, or the strong CYP3A4/5 inducer carbamazepine, had no clinically relevant effect on exposure to pomalidomide.

Co-administration of the strong CYP1A2 inhibitor fluvoxamine with pomalidomide in the presence of ketoconazole, increased mean exposure to pomalidomide by 107% with a 90% confidence interval [91% to 124%] compared to pomalidomide plus ketoconazole. In a second study to evaluate the contribution of a CYP1A2 inhibitor alone to metabolism changes, co-administration of fluvoxamine alone with pomalidomide increased mean exposure to pomalidomide by 125% with a 90% confidence interval [98% to 157%] compared to pomalidomide alone. If strong inhibitors of CYP1A2 (e.g. ciprofloxacin, enoxacin and fluvoxamine) are co-administered with pomalidomide, reduce the dose of pomalidomide by 50%.

Dexamethasone

Co-administration of multiple doses of up to 4 mg pomalidomide with 20 mg to 40 mg dexamethasone (a weak to moderate inducer of several CYP enzymes including CYP3A) to patients with multiple myeloma had no effect on the pharmacokinetics of pomalidomide compared with pomalidomide administered alone.

The effect of dexamethasone on warfarin is unknown. Close monitoring of warfarin concentration is advised during treatment.

For information on other medicinal products given in combination with Pomalid, refer to the respective current leaflet/brochure.

8. FERTILITY, PREGNANCY AND LACTATION

Women of childbearing potential / Contraception in males and females

Women of childbearing potential should use effective method of contraception. If pregnancy occurs in a woman treated with pomalidomide, treatment must be stopped and the patient should be referred to a physician specialised or experienced in teratology for evaluation and advice. If pregnancy occurs in a partner of a male patient taking pomalidomide, it is recommended to refer the female partner to a physician specialised or experienced in teratology for evaluation and advice. Pomalidomide is present in human semen. As a precaution, all male patients taking pomalidomide should use condoms throughout treatment duration, during dose interruption and for 7 days after cessation of treatment if their partner is pregnant or of childbearing potential and has no contraception (see sections 5 and 6).

Pregnancy

A teratogenic effect of pomalidomide in humans is expected. Pomalidomide is contraindicated during pregnancy and in women of childbearing potential, except when all the conditions for pregnancy prevention have been met, see section 5 and section 6.

Breast-feeding

It is unknown whether pomalidomide is excreted in human milk. Pomalidomide was detected in milk of lactating rats following administration to the mother. Because of the potential for adverse reactions in breastfed infants from pomalidomide, a decision must be made whether to discontinue breast-feeding or to discontinue the medicinal product, taking into account the benefit of breast-feeding for the child and the benefit of the therapy for the woman.

Fertility

Pomalidomide was found to impact negatively on fertility and be teratogenic in animals. Pomalidomide crossed the placenta and was detected in foetal blood following administration to pregnant rabbits, see section 13a.

9. EFFECTS ON ABILITY TO DRIVE AND USE MACHINES

Pomalidomide has minor or moderate influence on the ability to drive and use machines. Fatigue, depressed level of consciousness, confusion, and dizziness have been reported with the use of pomalidomide. If affected, patients should be instructed not to drive cars, use machines or perform hazardous tasks while being treated with pomalidomide.

10. UNDESIRABLE EFFECTS

Summary of the safety profile

- *Pomalidomide in combination with bortezomib and dexamethasone*

The most commonly reported blood and lymphatic system disorders were neutropenia (46.8%), thrombocytopenia (36.7%) and anaemia (28.4%). The most frequently reported adverse reaction was peripheral sensory neuropathy (47.8%). The most commonly reported Grade 3 or 4 adverse reactions were blood and lymphatic system disorders including neutropenia (41.7%), thrombocytopenia (27.3%) and anaemia (14.0%). The most commonly reported serious adverse reaction was pneumonia (11.5%). Other serious adverse reactions reported included pyrexia (4.0%), lower respiratory tract infection (2.9%), pulmonary embolism (2.9%), influenza (2.9%), and acute kidney injury (2.9%).

- *Pomalidomide in combination with dexamethasone*

The most commonly reported adverse reactions in clinical studies have been blood and lymphatic system disorders including anaemia (45.7%), neutropenia (45.3%) and thrombocytopenia (27%); in general disorders and administration site conditions including fatigue (28.3%), pyrexia (21%) and oedema peripheral (13%); and in infections and infestations including pneumonia (10.7%). Peripheral neuropathy adverse reactions were reported in 12.3% of patients and venous embolic or thrombotic (VTE) adverse reactions were reported in 3.3% of patients. The most commonly reported Grade 3 or 4 adverse reactions were in the blood and lymphatic system disorders including neutropenia (41.7%), anaemia (27%) and thrombocytopenia (20.7%); in infections and infestations including pneumonia (9%); and in general disorders and administration site conditions including fatigue (4.7%), pyrexia (3%) and oedema peripheral (1.3%). The most commonly reported serious adverse reaction was pneumonia (9.3%). Other serious adverse reactions reported included febrile neutropenia (4.0%), neutropenia (2.0%), thrombocytopenia (1.7%) and VTE adverse reactions (1.7%).

Adverse reactions tended to occur more frequently within the first 2 cycles of treatment with pomalidomide.

Tabulated list of adverse reactions

- *Pomalidomide in combination with bortezomib and dexamethasone*

In randomised study CC-4047-MM-007, 278 patients received pomalidomide, bortezomib and dexamethasone (Pom+Btz+Dex arm). See section 4 for dosing information.

The adverse reactions observed in patients treated with pomalidomide in combination with bortezomib and dexamethasone are listed in Table 7 by system organ class (SOC) and frequency for all adverse reactions and for Grade 3 or 4 adverse reactions.

Frequencies for Pom+Btz+Dex (any grade) are defined in accordance with current guidance, as: very common ($\geq 1/10$), common ($\geq 1/100$ to $< 1/10$); and uncommon ($\geq 1/1,000$ to $< 1/100$).

Table 7. All Adverse Reactions (ADRs) reported in clinical trial MM-007 in patients treated with pomalidomide in combination with bortezomib and dexamethasone.

System Organ Class/ Preferred Term	All Adverse Reactions /Frequency	Grade 3–4 Adverse Reactions /Frequency
Infections and infestations	<p><u>Very Common</u> Pneumonia Bronchitis Upper respiratory tract infection Viral upper respiratory tract infection</p> <p><u>Common</u> Sepsis Septic shock <i>Clostridium difficile</i> colitis Respiratory tract infection Lower respiratory tract infection Lung infection Influenza Bronchiolitis Urinary tract infection</p>	<p><u>Very Common</u> Pneumonia</p> <p><u>Common</u> Sepsis Septic shock <i>Clostridium difficile</i> colitis Bronchitis Upper respiratory tract infection Respiratory tract infection Lower respiratory tract infection Lung infection Influenza Bronchiolitis Urinary tract infection</p>
Neoplasms benign, malignant and unspecified (incl cysts and polyps)	<p><u>Common</u> Basal cell carcinoma</p>	
Blood and lymphatic system disorders	<p><u>Very Common</u> Neutropenia Thrombocytopenia Leucopenia Anaemia</p> <p><u>Common</u> Febrile neutropenia Lymphopenia</p>	<p><u>Very Common</u> Neutropenia Thrombocytopenia Anaemia</p> <p><u>Common</u> Febrile neutropenia Leucopenia Lymphopenia</p>
Metabolism and nutrition disorders	<p><u>Very Common</u> Hypokalaemia Hyperglycaemia</p> <p><u>Common</u> Hypomagnesaemia Hypocalcaemia Hypophosphataemia Hyperkalaemia Hypercalcaemia</p>	<p><u>Common</u> Hypokalaemia Hyperglycaemia Hypomagnesaemia Hypocalcaemia Hypophosphataemia Hyperkalaemia Hypercalcaemia</p>

System Organ Class/ Preferred Term	All Adverse Reactions /Frequency	Grade 3–4 Adverse Reactions /Frequency
Psychiatric disorders	<u>Very Common</u> Insomnia <u>Common</u> Depression	<u>Common</u> Depression Insomnia
Nervous system disorders	<u>Very Common</u> Peripheral sensory neuropathy Dizziness Tremor <u>Common</u> Syncope Peripheral sensorimotor neuropathy Paraesthesia Dysgeusia	<u>Common</u> Syncope Peripheral sensory neuropathy Peripheral sensorimotor neuropathy <u>Uncommon</u> Dizziness Tremor
Eye disorders	<u>Common</u> Cataract	<u>Common</u> Cataract
Cardiac disorders	<u>Common</u> Atrial fibrillation	<u>Common</u> Atrial fibrillation
Vascular disorders	<u>Common</u> Deep vein thrombosis Hypotension Hypertension	<u>Common</u> Hypotension Hypertension <u>Uncommon</u> Deep vein thrombosis
Respiratory, thoracic and mediastinal disorders	<u>Very Common</u> Dyspnoea Cough <u>Common</u> Pulmonary embolism	<u>Common</u> Pulmonary embolism Dyspnoea

System Organ Class/ Preferred Term	All Adverse Reactions /Frequency	Grade 3–4 Adverse Reactions /Frequency
Gastrointestinal disorders	<p><u>Very Common</u> Diarrhoea Vomiting Nausea Constipation</p> <p><u>Common</u> Abdominal pain Abdominal pain upper Stomatitis Dry mouth Abdominal distension</p>	<p><u>Common</u> Diarrhoea Vomiting Abdominal pain Constipation</p> <p><u>Uncommon</u> Abdominal pain upper Stomatitis Nausea Abdominal distension</p>
Skin and subcutaneous tissue disorders	<p><u>Common</u> Rash</p>	<p><u>Common</u> Rash</p>
Musculoskeletal and connective tissue disorders	<p><u>Very Common</u> Muscular weakness Back pain</p> <p><u>Common</u> Bone pain Muscle spasms</p>	<p><u>Common</u> Muscular weakness Back pain</p> <p><u>Uncommon</u> Bone pain</p>
Renal and urinary disorders	<p><u>Common</u> Acute kidney injury Chronic kidney injury Urinary retention</p>	<p><u>Common</u> Acute kidney injury Chronic kidney injury Urinary retention</p>
General disorders and administration site conditions	<p><u>Very Common</u> Fatigue Pyrexia Oedema peripheral</p> <p><u>Common</u> Non-cardiac chest pain Oedema</p>	<p><u>Common</u> Fatigue Pyrexia Non-cardiac chest pain Oedema peripheral Oedema</p>

System Organ Class/ Preferred Term	All Adverse Reactions /Frequency	Grade 3–4 Adverse Reactions /Frequency
Investigations	<u>Common</u> Alanine aminotransferase increased Weight decreased	<u>Common</u> Weight decreased <u>Uncommon</u> Alanine aminotransferase increased
Injury, poisoning and procedural complications	<u>Common</u> Fall	<u>Uncommon</u> Fall

Tabulated list of adverse reactions

- *Pomalidomide in combination with dexamethasone*

In randomised study CC-4047-MM-003, 302 patients with relapsed and refractory multiple myeloma were exposed to 4 mg pomalidomide administered once daily for 21 days of each 28-day cycle in combination with a weekly low dose of dexamethasone.

The adverse reactions observed in patients treated with pomalidomide plus dexamethasone are listed below in Table 8 by system organ class (SOC) and frequency for all adverse reactions (ADRs) and for Grade 3 or 4 adverse reactions.

The frequencies of adverse reactions are those reported in the pomalidomide plus dexamethasone arm of study CC-4047-MM-003 (n = 302). Within each SOC and frequency grouping, adverse reactions are presented in order of decreasing seriousness. Frequencies are defined in accordance with current guidance, as: very common ($\geq 1/10$), common ($\geq 1/100$ to $< 1/10$); and uncommon ($\geq 1/1,000$ to $< 1/100$).

Table 8. ADRs reported in clinical study MM-003 in patients treated with pomalidomide in combination with dexamethasone.

System Organ Class/ Preferred Term	All ADRs/Frequency	Grade 3–4 ADRs/Frequency
Infections and infestations	<u>Very Common</u> Pneumonia (bacterial, viral and fungal infections, including opportunistic infections) <u>Common</u> Neutropenic sepsis Bronchopneumonia Bronchitis Respiratory tract infection Upper respiratory tract infection Nasopharyngitis Herpes zoster	<u>Common</u> Neutropenic sepsis Pneumonia (bacterial, viral and fungal infections, including opportunistic infections) Bronchopneumonia Respiratory tract infection Upper respiratory tract infection <u>Uncommon</u> Bronchitis Herpes zoster

System Organ Class/ Preferred Term	All ADRs/Frequency	Grade 3–4 ADRs/Frequency
Neoplasms benign, malignant and unspecified (incl cysts and polyps)	<u>Uncommon</u> Basal cell carcinoma of the skin, Squamous cell carcinoma of the skin	<u>Uncommon</u> Basal cell carcinoma of the skin, Squamous cell carcinoma of the skin
Blood and lymphatic system disorders	<u>Very Common</u> Neutropenia Thrombocytopenia Leucopenia Anaemia <u>Common</u> Febrile neutropenia	<u>Very Common</u> Neutropenia Thrombocytopenia Anaemia <u>Common</u> Febrile neutropenia Leucopenia
Metabolism and nutrition disorders	<u>Very Common</u> Decreased appetite <u>Common</u> Hyperkalaemia Hyponatraemia	<u>Common</u> Hyperkalaemia Hyponatraemia <u>Uncommon</u> Decreased appetite
Psychiatric disorders	<u>Common</u> Confusional state	<u>Common</u> Confusional state
Nervous system disorders	<u>Common</u> Depressed level of consciousness Peripheral sensory neuropathy Dizziness Tremor	<u>Common</u> Depressed level of consciousness <u>Uncommon</u> Peripheral sensory neuropathy Dizziness Tremor
Ear and labyrinth disorders	<u>Common</u> Vertigo	<u>Common</u> Vertigo
Vascular disorders	<u>Common</u> Deep vein thrombosis	<u>Uncommon</u> Deep vein thrombosis
Respiratory, thoracic and mediastinal disorders	<u>Very Common</u> Dyspnoea Cough <u>Common</u> Pulmonary embolism	<u>Common</u> Dyspnoea <u>Uncommon</u> Pulmonary embolism Cough

System Organ Class/ Preferred Term	All ADRs/Frequency	Grade 3–4 ADRs/Frequency
Gastrointestinal disorders	<u>Very Common</u> Diarrhoea Nausea Constipation	<u>Common</u> Diarrhoea Vomiting Constipation
	<u>Common</u> Vomiting Gastrointestinal haemorrhage	<u>Uncommon</u> Nausea Gastrointestinal haemorrhage
Hepatobiliary disorders	<u>Uncommon</u> Hyperbilirubinaemia	<u>Uncommon</u> Hyperbilirubinaemia
Skin and subcutaneous tissue disorders	<u>Common</u> Rash Pruritus	<u>Common</u> Rash
Musculoskeletal and connective tissue disorders	<u>Very Common</u> Bone pain Muscle spasms	<u>Common</u> Bone pain
		<u>Uncommon</u> Muscle spasms
Renal and urinary disorders	<u>Common</u> Renal failure Urinary retention	<u>Common</u> Renal failure
		<u>Uncommon</u> Urinary retention
Reproductive system and breast disorders	<u>Common</u> Pelvic pain	<u>Common</u> Pelvic pain
General disorders and administration site conditions	<u>Very Common</u> Fatigue Pyrexia Oedema peripheral	<u>Common</u> Fatigue Pyrexia Oedema peripheral
Investigations	<u>Common</u> Neutrophil count decreased White blood cell count decreased Platelet count decreased Alanine aminotransferase increased	<u>Common</u> Neutrophil count decreased White blood cell count decreased Platelet count decreased Alanine aminotransferase increased

Tabulated list of post-marketing adverse reactions

In addition to the above adverse reactions identified from the pivotal clinical trials, the following Table 9 is derived from data gathered from post-marketing surveillance.

Table 9. ADRs reported in post-marketing use in patients treated with pomalidomide.

System Organ Class/ Preferred Term	All Adverse Reactions /Frequency	Grade 3–4 Adverse Reactions /Frequency
Infections and infestations	<u>Not Known</u> Hepatitis B reactivation	<u>Not Known</u> Hepatitis B reactivation
Blood and lymphatic system disorders	<u>Common</u> Pancytopenia	<u>Common</u> Pancytopenia
Metabolism and nutrition disorders	<u>Common</u> Hyperuricaemia <u>Uncommon</u> Tumour lysis syndrome	<u>Common</u> Hyperuricaemia <u>Uncommon</u> Tumour lysis syndrome
Nervous system disorders	<u>Common</u> Intracranial haemorrhage <u>Uncommon</u> Cerebrovascular accident	<u>Uncommon</u> Cerebrovascular accident Intracranial haemorrhage
Cardiac disorders	<u>Common</u> Cardiac failure Atrial fibrillation Myocardial infarction	<u>Common</u> Cardiac failure Atrial fibrillation <u>Uncommon</u> Myocardial infarction
Immune system disorders	<u>Common</u> Angioedema Urticaria <u>Not known</u> Anaphylactic reaction	<u>Uncommon</u> Angioedema Urticaria <u>Not known</u> Anaphylactic reaction
Respiratory, thoracic and mediastinal disorders	<u>Common</u> Epistaxis Interstitial lung disease	<u>Uncommon</u> Epistaxis Interstitial lung disease
Hepatobiliary disorders	<u>Uncommon</u> Hepatitis	
Skin and subcutaneous tissue disorders	<u>Not Known</u> Drug Reaction with Eosinophilia and Systemic Symptoms Toxic Epidermal Necrolysis Stevens-Johnson Syndrome	<u>Not Known</u> Drug Reaction with Eosinophilia and Systemic Symptoms Toxic Epidermal Necrolysis Stevens-Johnson Syndrome
Investigations	<u>Common</u> Blood uric acid increased	<u>Uncommon</u> Blood uric acid increased
Endocrine disorders	<u>Uncommon</u> Hypothyroidism	

Description of selected adverse reactions

Teratogenicity

Pomalidomide is structurally related to thalidomide. Thalidomide is a known human teratogenic active substance that causes severe life-threatening birth defects. Pomalidomide was found to be teratogenic in both rats and rabbits when administered during the period of major organogenesis (see sections 8 and 13c). If pomalidomide is taken during pregnancy, a teratogenic effect of pomalidomide in humans is expected (see section 6).

Neutropenia and thrombocytopenia

In patients receiving combination therapy with pomalidomide in clinical studies, neutropenia occurred in up to 46.8% of patients (41.7% Grade 3 or 4). Neutropenia did not lead to pomalidomide discontinuation in any patient and was infrequently serious.

Febrile neutropenia (FN) was reported in 3.2-6.7% of patients and was serious in 1.8-4.0% of patients (see section 4 and 6).

In patients receiving combination therapy with pomalidomide in clinical studies, thrombocytopenia occurred in 27.0-36.7% of patients. Thrombocytopenia was Grade 3 or 4 in 20.7-27.3% of patients, led to pomalidomide discontinuation in 0.7% of patients and was serious in 0.4-1.7% of patients (see sections 4 and 6).

Neutropenia and thrombocytopenia tended to occur more frequently within the first 2 cycles of treatment with pomalidomide.

Infection

Infection was the most common non haematological toxicity.

In patients receiving combination therapy with pomalidomide in clinical studies, infection occurred in 55.0-80.2% of patients (24.0-30.9% Grade 3 or 4). Upper respiratory tract infection and pneumonia were the most frequently occurring infections. Fatal infections (Grade 5) occurred in 2.7-4.0% of patients. Infections led to pomalidomide discontinuation in 2.0-2.9% of patients.

Thromboembolic events

Prophylaxis with acetylsalicylic acid (and other anticoagulants in high risk patients) was mandatory for all patients in clinical studies. Anticoagulation therapy (unless contraindicated) is recommended (see section 6).

In patients receiving combination therapy with pomalidomide in clinical studies, venous thromboembolic events (VTE) occurred in 3.3-11.5% of patients (1.3-5.4% Grade 3 or 4). VTE was reported as serious in 1.7-4.3% of patients, no fatal reactions were reported, and VTE was associated with pomalidomide discontinuation in up to 1.8% of patients.

Peripheral neuropathy

• *Pomalidomide in combination with bortezomib and dexamethasone*

Patients with ongoing peripheral neuropathy \geq Grade 2 with pain within 14 days prior to randomisation were excluded from clinical trials. Peripheral neuropathy occurred in 55.4 % of patients (10.8% Grade 3; 0.7% Grade 4). Exposure-adjusted rates were comparable across treatment arms. Approximately 30% of the patients experiencing peripheral neuropathy had a history of neuropathy at baseline. Peripheral neuropathy led to discontinuation of bortezomib in approximately 12.9% of patients, pomalidomide in 1.8% and dexamethasone in 2.2 - 8.9% of patients, respectively. Refer also to the bortezomib brochure/leaflet.

- *Pomalidomide in combination with dexamethasone*

Patients with ongoing peripheral neuropathy \geq Grade 2 were excluded from clinical studies. Peripheral neuropathy occurred in 12.3% of patients (1.0% Grade 3 or 4). No peripheral neuropathy reactions were reported as serious, and peripheral neuropathy led to dose discontinuation in 0.3% of patients (see section 6).

Haemorrhage

Haemorrhagic disorders have been reported with pomalidomide, especially in patients with risk factors such as concomitant medicinal products that increase susceptibility to bleeding. Haemorrhagic events have included epistaxis, intracranial haemorrhage and gastrointestinal haemorrhage.

Allergic reactions and severe skin reactions

Angioedema and severe cutaneous reactions including SJS, TEN and DRESS has been reported with the use of pomalidomide. Patients with a history of severe rash associated with lenalidomide or thalidomide should not receive pomalidomide (see section 6).

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions.

12. OVERDOSE

Pomalidomide doses as high as 50 mg as a single dose in healthy volunteers, and 10 mg as once-daily multiple doses in multiple myeloma patients have been studied without reported serious adverse reactions related to overdose. In studies, pomalidomide was found to be removed by haemodialysis. In the event of overdose, supportive care is advised.

13. PHARMACOLOGICAL PROPERTIES

a. Pharmacodynamic properties

Pharmacotherapeutic group: Immunosuppressants, Other immunosuppressants, ATC code: L04AX06

Mechanism of action

Pomalidomide has direct anti-myeloma tumoricidal activity, immunomodulatory activities and inhibits stromal cell support for multiple myeloma tumour cell growth. Specifically, pomalidomide inhibits proliferation and induces apoptosis of haematopoietic tumour cells. Additionally, pomalidomide inhibits the proliferation of lenalidomide-resistant multiple myeloma cell lines and synergises with dexamethasone in both lenalidomide-sensitive and lenalidomide-resistant cell lines to induce tumour cell apoptosis. Pomalidomide enhances T cell- and natural killer (NK) cell-mediated immunity and inhibits production of pro-inflammatory cytokines (e.g., TNF- α and IL-6) by monocytes. Pomalidomide also inhibits angiogenesis by blocking the migration and adhesion of endothelial cells.

Pomalidomide binds directly to the protein cereblon (CRBN), which is part of an E3 ligase complex that includes deoxyribonucleic acid (DNA) damage-binding protein 1 (DDB1), cullin 4 (CUL4), and regulator of cullins-1 (Roc1), and can inhibit the auto-ubiquitination of CRBN within the complex. E3 ubiquitin

ligases are responsible for the poly-ubiquitination of a variety of substrate proteins, and may partially explain the pleiotropic cellular effects observed with pomalidomide treatment.

In the presence of pomalidomide *in vitro*, substrate proteins Aiolos and Ikaros are targeted for ubiquitination and subsequent degradation leading to direct cytotoxic and immunomodulatory effects. *In vivo*, pomalidomide therapy led to reduction in the levels of Ikaros in patients with relapsed lenalidomide-refractory multiple myeloma.

Clinical efficacy and safety

i. Pomalidomide in combination with bortezomib and dexamethasone

The efficacy and safety of pomalidomide in combination with bortezomib and low-dose dexamethasone (Pom+Btz+LD-Dex) was compared with bortezomib and low-dose dexamethasone (Btz+LD-Dex) in a Phase III multi-centre, randomised, open-label study (CC-4047-MM-007), in previously treated adult patients with multiple myeloma, who had received at least one prior regimen, including lenalidomide and have demonstrated disease progression on or after the last therapy. A total of 559 patients were enrolled and randomised in the study: 281 in the Pom+Btz+LD-Dex arm and 278 in the Btz+LD-Dex arm. 54% of patients were male with median age for the overall population of 68 years (min, max: 27, 89 years). Approximately 70% of patients were refractory to lenalidomide (71.2% in Pom+Btz+LD-Dex, 68.7% in Btz+LD-Dex). Approximately 40% of patients were in 1st relapse and approximately 73% of patients received bortezomib as prior treatment.

Patients in the Pom+Btz+LD-Dex arm were administered 4 mg pomalidomide orally on Days 1 to 14 of each 21-day cycle. Bortezomib (1.3 mg/m²/dose) was administered to patients in both study arms on Days 1, 4, 8 and 11 of a 21-day cycle for Cycles 1 to 8; and on Days 1 and 8 of a 21-day cycle for Cycles 9 and onwards. Low-dose dexamethasone (20 mg/day [\leq 75 years old] or 10 mg/day [$>$ 75 years old]) was administered to patients in both study arms on Days 1, 2, 4, 5, 8, 9, 11 and 12 of a 21-day cycle for Cycles 1 to 8; and on Days 1, 2, 8 and 9 of each subsequent 21-day cycle from Cycles 9 onwards. Doses were reduced and treatment was temporarily interrupted or stopped as needed to manage toxicity (see section 4).

The primary efficacy endpoint was Progression Free Survival (PFS) assessed by an Independent Response Adjudication Committee (IRAC) according to the IMWG criteria using the intent to treat population (ITT). After a median follow-up of 15.9 months, median PFS time was 11.20 months (95% CI: 9.66, 13.73) in the Pom+Btz+LD-Dex arm. In the Btz+LD-Dex arm, median PFS time was 7.1 months (95% CI: 5.88, 8.48).

Summary of overall efficacy data are presented in Table 10 using a cut-off date of 26 Oct 2017. Kaplan-Meier curve for PFS for the ITT population is provided in Figure 1.

Table 10. Summary of overall efficacy data

	Pom+Btz+LD-Dex (N = 281)	Btz+LD-Dex (N = 278)
PFS (months)		
Median ^a time (95% CI) ^b	11.20 (9.66, 13.73)	7.10 (5.88, 8.48)
HR ^c (95% CI), p-value ^d	0.61 (0.49, 0.77), <0.0001	
ORR, n (%)	82.2 %	50.0%
sCR	9 (3.2)	2 (0.7)

CR	35 (12.5)	9 (3.2)
VGPR	104 (37.0)	40 (14.4)
PR	83 (29.5)	88 (31.7)
OR (95% CI) ^e , p-value ^f	5.02 (3.35, 7.52), <0.001	
DoR (months)		
Median ^a time (95% CI) ^b	13.7 (10.94, 18.10)	10.94 (8.11, 14.78)
HR ^c (95% CI)	0.76 (0.56, 1.02)	

Btz = bortezomib; CI = Confidence interval; CR = Complete response; DoR = Duration of response; HR = Hazard Ratio; LD-Dex = low-dose dexamethasone; OR = Odds ratio; ORR = Overall response rate; PFS = Progression free survival; POM = pomalidomide; PR = Partial Response; sCR = Stringent complete response VGPR = Very good partial response.

^a The median is based on the Kaplan-Meier estimate.

^b 95% CI about the median.

^c Based on Cox proportional hazards model.

^d The p-value is based on a stratified log-rank test.

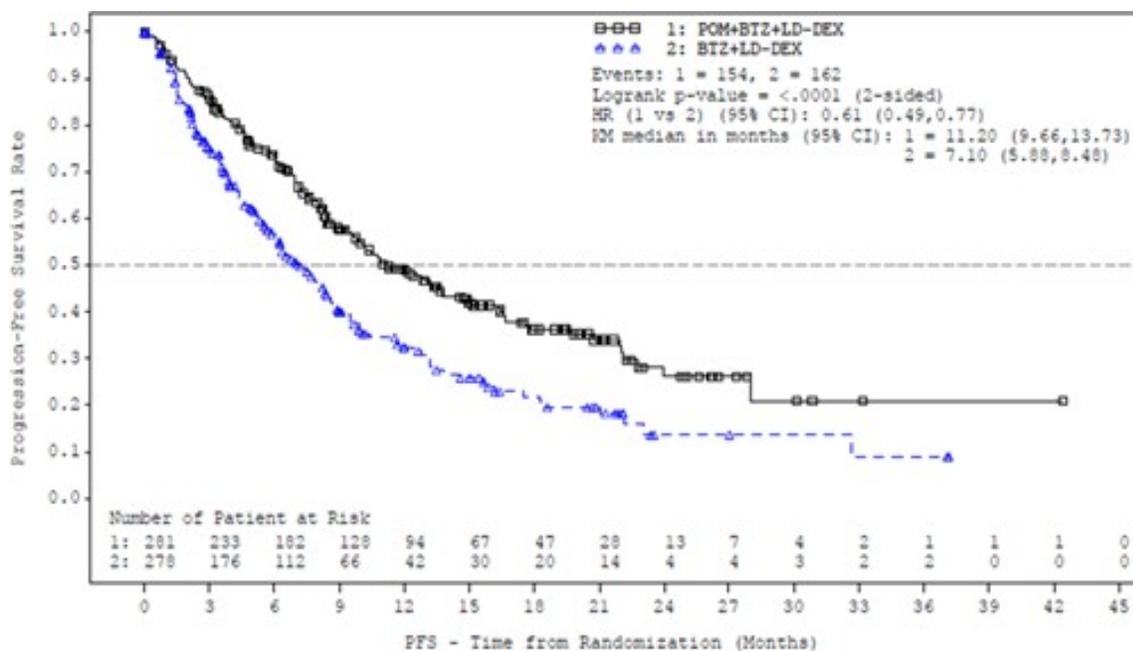
^e Odds ratio is for Pom+Btz+LD-Dex: Btz+LD-Dex.

^f The p-value is based on a CMH test, stratified by age (<=75 vs >75), Prior number of antimyeloma regimens (1 vs >1), and Beta-2 microglobulin at screening (< 3.5 mg/L versus ≥ 3.5 mg/L — ≤ 5.5 mg/L versus > 5.5 mg/L).

The median duration of treatment was 8.8 months (12 treatment cycles) in the Pom+Btz+LD-Dex arm and 4.9 months (7 treatment cycles) in the Btz+LD-Dex arm.

The PFS advantage was more pronounced in patients who received only one prior line of therapy. In patients who received 1 prior antimyeloma line, median PFS time was 20.73 months (95% CI: 15.11, 27.99) in the Pom + Btz + LD-Dex arm and 11.63 months (95% CI: 7.52, 15.74) in the Btz + LD-Dex arm. A 46% risk reduction was observed with Pom + Btz + LD-Dex treatment (HR = 0.54, 95% CI: 0.36, 0.82).

Figure 1. Progression Free Survival Based on IRAC Review of Response by IMWG Criteria (Stratified Log Rank Test) (ITT Population)



As per an interim analysis for Overall Survival (OS), using a cut-off of 15 September 2018 (median follow-up period of 26.2 months), median OS time from Kaplan-Meier estimates was 40.5 months for the Pom + Btz + LD-Dex arm and 30.5 months for the Btz + LD-Dex arm; HR = 0.91, 95% CI: 0.70, 1.18, with an overall event rate of 43.3%.

- *Pomalidomide in combination with dexamethasone*

The efficacy and safety of pomalidomide in combination with dexamethasone were evaluated in a Phase III multi-centre, randomised, open-label study (CC-4047-MM-003), where pomalidomide plus low-dose dexamethasone therapy (Pom+LD-Dex) was compared to high-dose dexamethasone alone (HD-Dex) in previously treated adult patients with relapsed and refractory multiple myeloma, who have received at least two prior treatment regimens, including both lenalidomide and bortezomib, and have demonstrated disease progression on the last therapy. A total of 455 patients were enrolled in the study: 302 in the Pom+LD-Dex arm and 153 in the HD-Dex arm. The majority of patients were male (59%) and white (79%); the median age for the overall population was 64 years (min, max: 35, 87 years).

Patients in the Pom+LD-Dex arm were administered 4 mg pomalidomide orally on days 1 to 21 of each 28-day cycle. LD-Dex (40 mg) was administered once per day on days 1, 8, 15 and 22 of a 28-day cycle. For the HD-Dex arm, dexamethasone (40 mg) was administered once per day on days 1 through 4, 9 through 12, and 17 through 20 of a 28-day cycle. Patients > 75 years of age started treatment with 20 mg dexamethasone. Treatment continued until patients had disease progression.

The primary efficacy endpoint was progression free survival by International Myeloma Working Group (IMWG criteria). For the intention to treat (ITT) population, median PFS time by Independent Review Adjudication Committee (IRAC) review based on IMWG criteria was 15.7 weeks (95% CI: 13.0, 20.1) in the Pom + LD-Dex arm; the estimated 26-week event-free survival rate was 35.99% (±3.46%). In the HD-Dex arm, median PFS time was 8.0 weeks (95% CI: 7.0, 9.0); the estimated 26-week event-free survival rate was 12.15% (±3.63%).

PFS was evaluated in several relevant subgroups: gender, race, ECOG performance status, stratification factors (age, disease population, prior anti-myeloma therapies [2, > 2]), selected parameters of prognostic significance (baseline beta-2 microglobulin level, baseline albumin levels, baseline renal impairment, and cytogenetic risk), and exposure and refractoriness to prior anti-myeloma therapies. Regardless of the subgroup evaluated, PFS was generally consistent with that observed in the ITT population for both treatment groups.

PFS is summarised in Table 11 for the ITT population. Kaplan-Meier curve for PFS for the ITT population is provided in Figure 2.

Table 11. Progression Free Survival Time by IRAC Review Based on IMWG Criteria (Stratified Log Rank Test) (ITT Population)

	Pom+LD-Dex (N=302)	HD-Dex (N=153)
Progression free survival (PFS), N	302 (100.0)	153 (100.0)
Censored, n (%)	138 (45.7)	50 (32.7)
Progressed/Died, n (%)	164 (54.3)	103 (67.3)

Progression Free Survival Time (weeks)		
Median ^a	15.7	8.0
Two sided 95% CI ^b	[13.0, 20.1]	[7.0, 9.0]
Hazard Ratio (Pom+LD-Dex:HD-Dex) 2-Sided 95% CI ^c	0.45 [0.35,0.59]	
Log-Rank Test Two sided P-Value ^d	<0.001	

Note: CI=Confidence interval; IRAC=Independent Review Adjudication Committee; NE = Not Estimable.

^aThe median is based on Kaplan-Meier estimate.

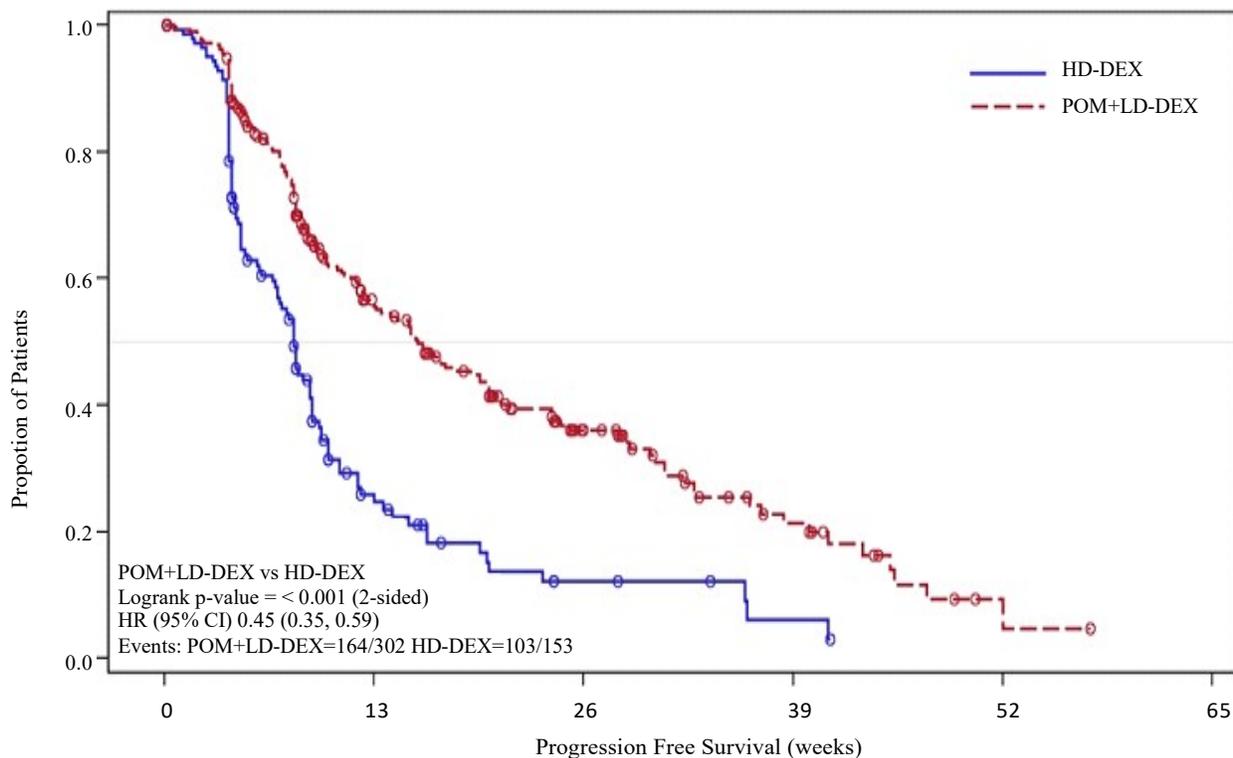
^b95% confidence interval about the median progression free survival time.

^cBased on Cox proportional hazards model comparing the hazard functions associated with treatment groups, stratified by age (≤ 75 vs >75), diseases population (refractory to both lenalidomide and bortezomib vs not refractory to both active substances), and prior number of anti myeloma therapy ($=2$ vs >2).

^dThe p-value is based on a stratified log-rank test with the same stratification factors as the above Cox model.

Data cutoff: 07 Sep 2012

Figure 2. Progression Free Survival Based on IRAC Review of Response by IMWG Criteria (Stratified Log Rank Test) (ITT Population)



Data cutoff: 07 Sep 2012

Overall Survival was the key secondary study endpoint. A total of 226 (74.8%) of the Pom + LD-Dex patients and 95 (62.1%) of the HD-Dex patients were alive as of the cutoff date (07 Sep 2012). Median OS time from Kaplan-Meier estimates has not been reached for the Pom + LD-Dex, but would be expected to be at least 48 weeks, which is the lower boundary of the 95% CI. Median OS time for the HD-Dex arm was 34 weeks (95% CI: 23.4, 39.9). The 1-year event free rate was 52.6% (\pm 5.72%) for the Pom + LD-Dex arm and 28.4% (\pm 7.51%) for the HD-Dex arm. The difference in OS between the two treatment arms was statistically significant ($p < 0.001$).

Overall survival is summarised in Table 12 for the ITT population. Kaplan-Meier curve for OS for the ITT population is provided in Figure 3.

Based on the results of both PFS and OS endpoints, the Data Monitoring Committee established for this study recommended that the study be completed and patients in the HD-Dex arm be crossed over to the Pom + LD-Dex arm.

Table 12. Overall Survival: ITT Population

	Statistics	Pom+LD-Dex (N=302)	HD-Dex (N=153)
	N	302 (100.0)	153 (100.0)
Censored	n (%)	226 (74.8)	95 (62.1)
Died	n (%)	76 (25.2)	58 (37.9)
Survival Time (weeks)	Median ^a	NE	34.0
	Two sided 95% CI ^b	[48.1, NE]	[23.4, 39.9]
Hazard Ratio (Pom+LD-Dex:HD-Dex) [Two sided 95% CI ^c]		0.53[0.37, 0.74]	
Log-Rank Test Two sided P-Value ^d		<0.001	

Note: CI=Confidence interval. NE = Not Estimable.

^a The median is based on Kaplan-Meier estimate.

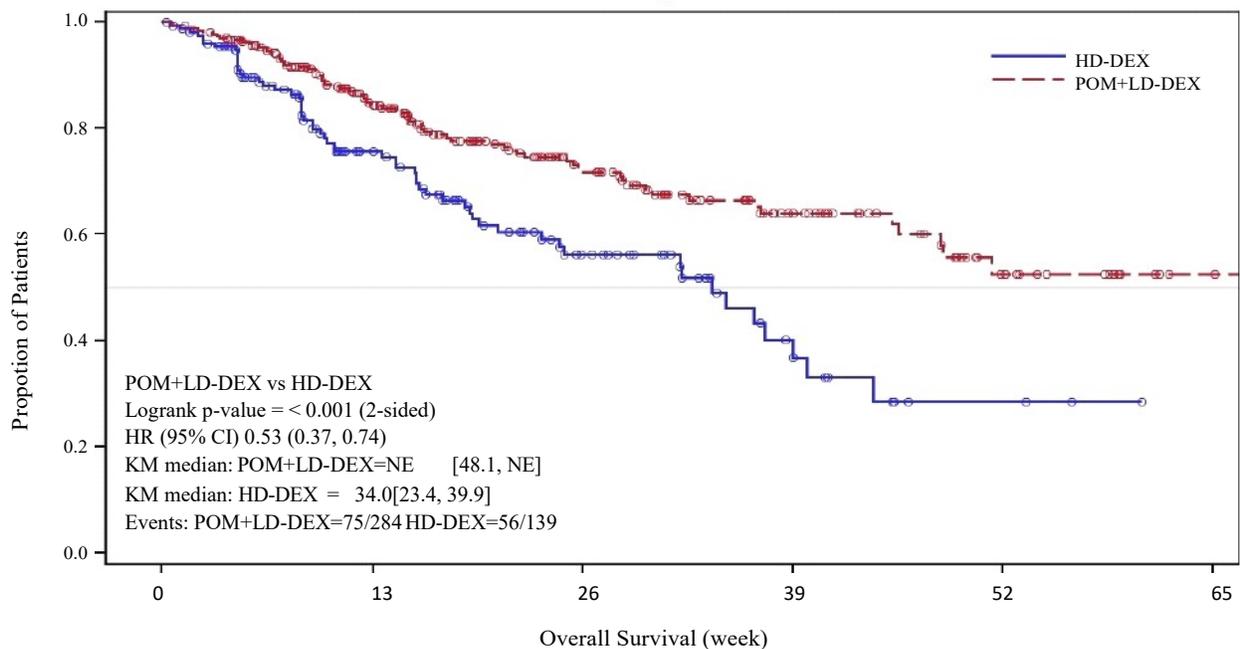
^b 95% confidence interval about the median overall survival time.

^c Based on Cox proportional hazards model comparing the hazard functions associated with treatment groups.

^d The p-value is based on an unstratified log-rank test.

Data cutoff: 07 Sep 2012

Figure 3. Kaplan-Meier Curve of Overall Survival (ITT Population)



cutoff: 07 Sep 2012

b. Pharmacokinetic properties

Absorption

Pomalidomide is absorbed with a maximum plasma concentration (C_{max}) occurring between 2 and 3 hours and is at least 73% absorbed following administration of single oral dose. The systemic exposure (AUC) of pomalidomide increases in an approximately linear and dose proportional manner. Following multiple doses, pomalidomide has an accumulation ratio of 27 to 31% on AUC.

Coadministration with a high-fat and high-calorie meal slows the rate of absorption, decreasing mean plasma C_{max} by approximately 27%, but has minimal effect on the overall extent of absorption with an 8% decrease in mean AUC. Therefore, pomalidomide can be administered without regard to food intake.

Distribution

Pomalidomide has a mean apparent volume of distribution (V_d/F) between 62 and 138 L at steady state. Pomalidomide is distributed in semen of healthy subjects at a concentration of approximately 67% of plasma level at 4 hours post-dose (approximately T_{max}) after 4 days of once daily dosing at 2 mg. *In vitro* binding of pomalidomide enantiomers to proteins in human plasma ranges from 12% to 44% and is not concentration dependent.

Biotransformation

Pomalidomide is the major circulating component (approximately 70% of plasma radioactivity) *in vivo* in healthy subjects who received a single oral dose of [^{14}C]-pomalidomide (2 mg). No metabolites were present at >10% relative to parent or total radioactivity in plasma.

The predominant metabolic pathways of excreted radioactivity are hydroxylation with subsequent glucuronidation, or hydrolysis. *In vitro*, CYP1A2 and CYP3A4 were identified as the primary enzymes involved in the CYP-mediated hydroxylation of pomalidomide, with additional minor contributions from CYP2C19 and CYP2D6. Pomalidomide is also a substrate of P-glycoprotein *in vitro*. Co-administration of pomalidomide with the strong CYP3A4/5 and P-gp inhibitor ketoconazole, or the strong CYP3A4/5 inducer carbamazepine, had no clinically relevant effect on exposure to pomalidomide. Co-administration of the strong CYP1A2 inhibitor fluvoxamine with pomalidomide in the presence of ketoconazole, increased mean exposure to pomalidomide by 107% with a 90% confidence interval [91% to 124%] compared to pomalidomide plus ketoconazole. In a second study to evaluate the contribution of a CYP1A2 inhibitor alone to metabolism changes, co-administration of fluvoxamine alone with pomalidomide increased mean exposure to pomalidomide by 125% with a 90% confidence interval [98% to 157%] compared to pomalidomide alone. If strong inhibitors of CYP1A2 (e.g. ciprofloxacin, enoxacin and fluvoxamine) are co-administered with pomalidomide, reduce the dose of pomalidomide to 50%. Administration of pomalidomide in smokers, with smoking tobacco known to induce the CYP1A2 isoform, had no clinically relevant effect on exposure to pomalidomide compared to that exposure to pomalidomide observed in non-smokers.

Based on *in vitro* data, pomalidomide is not an inhibitor or inducer of cytochrome P-450 isoenzymes, and does not inhibit any drug transporters that were studied. Clinically relevant drug-drug interactions are not anticipated when pomalidomide is coadministered with substrates of these pathways.

Elimination

Pomalidomide is eliminated with a median plasma half-life of approximately 9.5 hours in healthy subjects and approximately 7.5 hours in patients with multiple myeloma. Pomalidomide has a mean total body

clearance (CL/F) of approximately 7-10 L/hr.

Following a single oral administration of [¹⁴C] -pomalidomide (2 mg) to healthy subjects, approximately 73% and 15% of the radioactive dose was eliminated in urine and faeces, respectively, with approximately 2% and 8% of the dosed radiocarbon eliminated as pomalidomide in urine and faeces.

Pomalidomide is extensively metabolised prior to excretion, with the resulting metabolites eliminated primarily in the urine. The 3 predominant metabolites in urine (formed via hydrolysis or hydroxylation with subsequent glucuronidation) account for approximately 23%, 17%, and 12%, respectively, of the dose in the urine.

CYP dependent metabolites account for approximately 43% of the total excreted radioactivity, while non-CYP dependent hydrolytic metabolites account for 25%, and excretion of unchanged pomalidomide accounted for 10% (2% in urine and 8% in faeces).

Population Pharmacokinetics (PK)

Based on population PK analysis using a two-compartment model, healthy subjects and MM patients had comparable apparent clearance (CL/F) and apparent central volume of distribution (V_2/F). In peripheral tissues, pomalidomide was preferentially taken up by tumors with apparent peripheral distribution clearance (Q/F) and apparent peripheral volume of distribution (V_3/F) 3.7-fold and 8-fold higher, respectively, than that of healthy subjects.

Paediatric population

No data are available on administration of pomalidomide to paediatric patients (< 18 years of age).

Elderly

Based on population pharmacokinetic analyses in healthy subjects and multiple myeloma patients, no significant influence of age (19-83 years) on oral clearance of pomalidomide was observed. In clinical studies, no dose adjustment was required in elderly (> 65 years) patients exposed to pomalidomide (see section 4).

Renal impairment

Population pharmacokinetic analyses showed that the pomalidomide pharmacokinetic parameters were not remarkably affected in renally impaired patients (defined by creatinine clearance or estimated glomerular filtration rate [eGFR]) compared to patients with normal renal function (CrCl \geq 60 mL/minute). Mean normalised AUC exposure to pomalidomide was 98.2% with a 90% confidence interval [77.4% to 120.6%] in moderate renal impairment patients (eGFR \geq 30 to \leq 45 mL/minute/1.73 m²) compared to patients with normal renal function. Mean normalised AUC exposure to pomalidomide was 100.2% with a 90% confidence interval [79.7% to 127.0%] in severe renal impairment patients not requiring dialysis (CrCl <30 or eGFR <30 mL/minute/1.73 m²) compared to patients with normal renal function. Mean normalised AUC exposure to pomalidomide increased by 35.8% with a 90% CI [7.5% to 70.0%] in severe renal impairment patients requiring dialysis (CrCl <30mL/minute requiring dialysis) compared to patients with normal renal function. The mean changes in exposure to pomalidomide in each of these renal impairment groups are not of a magnitude that requires dosage adjustments.

Hepatic impairment

The pharmacokinetic parameters were modestly changed in hepatically impaired patients (defined by

Child-Pugh criteria) compared to healthy subjects. Mean exposure to pomalidomide increased by 51% with a 90% confidence interval [9% to 110%] in mildly hepatically impaired patients compared to healthy subjects. Mean exposure to pomalidomide increased by 58% with a 90% confidence interval [13% to 119%] in moderately hepatically impaired patients compared to healthy subjects. Mean exposure to pomalidomide increased by 72% with a 90% confidence interval [24% to 138%] in severely hepatically impaired patients compared to healthy subjects. The mean increases in exposure to pomalidomide in each of these impairment groups are not of a magnitude for which adjustments in schedule or dose are required (see section 4).

c. Preclinical safety data

Repeat-dose toxicology studies

In rats, chronic administration of pomalidomide at doses of 50, 250, and 1000 mg/kg/day for 6 months was well tolerated. No adverse findings were noted up to 1000 mg/kg/day (175-fold exposure ratio relative to a 4 mg clinical dose).

In monkeys, pomalidomide was evaluated in repeat-dose studies of up to 9 months in duration. In these studies, monkeys exhibited greater sensitivity to pomalidomide effects than rats. The primary toxicities observed in monkeys were associated with the haematopoietic/lymphoreticular systems. In the 9-month study in monkeys with doses of 0.05, 0.1, and 1 mg/kg/day, morbidity and early euthanasia of 6 animals were observed at the dose of 1 mg/kg/day and were attributed to immunosuppressive effects (staphylococcal infection, decreased peripheral blood lymphocytes, chronic inflammation of the large intestine, histologic lymphoid depletion, and hypocellularity of bone marrow) at high exposures of pomalidomide (15-fold exposure ratio relative to a 4 mg clinical dose). These immunosuppressive effects resulted in early euthanasia of 4 monkeys due to poor health condition (watery stool, inappetence, reduced food intake, and weight loss); histopathologic evaluation of these animals showed chronic inflammation of the large intestine and villous atrophy of the small intestine. Staphylococcal infection was observed in 4 monkeys; 3 of these animals responded to antibiotic treatment and 1 died without treatment. In addition, findings consistent with acute myelogenous leukemia led to euthanasia of 1 monkey; clinical observations and clinical pathology and/or bone marrow alterations observed in this animal were consistent with immunosuppression. Minimal or mild bile duct proliferation with associated increases in ALP and GGT were also observed at 1 mg/kg/day. Evaluation of recovery animals indicated that all treatment-related findings were reversible after 8 weeks of dosing cessation, except for proliferation of intrahepatic bile ducts observed in 1 animal in the 1 mg/kg/day group. The No Observed Adverse Effect Level (NOAEL) was 0.1 mg/kg/day (0.5-fold exposure ratio relative to a 4 mg clinical dose).

Genotoxicity/carcinogenicity

Pomalidomide was not mutagenic in bacterial and mammalian mutation assays, and did not induce chromosomal aberrations in human peripheral blood lymphocytes or micronuclei formation in polychromatic erythrocytes in bone marrow of rats administered doses up to 2000 mg/kg/day. Carcinogenicity studies have not been conducted.

Fertility and early embryonic development

In a fertility and early embryonic development study in rats, pomalidomide was administered to males and females at dosages of 25, 250, and 1000 mg/kg/day. Uterine examination on Gestation Day 13 showed a decrease in mean number of viable embryos and an increase in postimplantation loss at all dosage levels. Therefore, the NOAEL for these observed effects was < 25 mg/kg/day (AUC_{24h} was 39960 ng•h/mL (nanogram•hour/millilitres) at this lowest dose tested, and the exposure ratio was 99-fold relative to a 4 mg clinical dose). When treated males on this study were mated with untreated females, all

uterine parameters were comparable to the controls. Based on these results, the observed effects were attributed to the treatment of females.

Embryo-foetal development

Pomalidomide was found to be teratogenic in both rats and rabbits when administered during the period of major organogenesis. In the rat embryofoetal developmental toxicity study, malformations of absence of urinary bladder, absence of thyroid gland, and fusion and misalignment of lumbar and thoracic vertebral elements (central and/or neural arches) were observed at all dosage levels (25, 250, and 1000 mg/kg/day).

There was no maternal toxicity observed in this study. Therefore, the maternal NOAEL was 1000 mg/kg/day, and the NOAEL for developmental toxicity was < 25 mg/kg/day (AUC_{24h} was 34340 ng•h/mL on Gestation Day 17 at this lowest dose tested, and the exposure ratio was 85-fold relative to a 4 mg clinical dose). In rabbits, pomalidomide at dosages ranging from 10 to 250 mg/kg produced embryo-foetal developmental malformations. Increased cardiac anomalies were seen at all doses with significant increases at 250 mg/kg/day. At 100 and 250 mg/kg/day, there were slight increases in post-implantation loss and slight decreases in fetal body weights. At 250 mg/kg/day, fetal malformations included limb anomalies (flexed and/or rotated fore- and/or hindlimbs, unattached or absent digit) and associated skeletal malformations (not ossified metacarpal, misaligned phalanx and metacarpal, absent digit, not ossified phalanx, and short not ossified or bent tibia); moderate dilation of the lateral ventricle in the brain; abnormal placement of the right subclavian artery; absent intermediate lobe in the lungs; low-set kidney; altered liver morphology; incompletely or not ossified pelvis; an increased average for supernumerary thoracic ribs and a reduced average for ossified tarsals. Slight reduction in maternal body weight gain, significant reduction in triglycerides, and significant decrease in absolute and relative spleen weights were observed at 100 and 250 mg/kg/day. The maternal NOAEL was 10 mg/kg/day, and the developmental NOAEL was <10 mg/kg/day (AUC_{24h} was 418 ng•h/mL on Gestation Day 19 at this lowest dose tested, which was similar to that obtained from a 4 mg clinical dose).

14. PHARMACEUTICAL PARTICULARS

a. List of excipients

Capsule contents

Microcrystalline cellulose
Maltodextrin
Sodium stearyl fumarate

Capsule shell

Pomalid 1 mg capsules

Gelatin
Titanium dioxide (E171)
Red iron oxide (E172)
Yellow iron oxide (E172)

Pomalid 2 mg capsules

Gelatin
Titanium dioxide (E171)
Red iron oxide (E172)
Yellow iron oxide (E172)

Pomalid 3 mg capsules

Gelatin
Titanium dioxide (E171)
Indigotine (E132)
Red iron oxide (E172)
Yellow iron oxide (E172)

Pomalid 4 mg capsules

Gelatin
Titanium dioxide (E171)
Indigotine (E132)
Red iron oxide (E172)
Yellow iron oxide (E172)
Erythrosin (E127)

b. Incompatibilities

Not applicable.

c. Shelf life

2 years.

d. Storage

Store below 30⁰C.

e. Special precautions for disposal and other handling

Capsules should not be opened or crushed. If powder from pomalidomide makes contact with the skin, the skin should be washed immediately and thoroughly with soap and water. If pomalidomide makes contact with the mucous membranes, they should be thoroughly flushed with water.

Any unused medicinal product or waste material should be disposed of in accordance with local requirements. Unused medicinal product should be returned to the pharmacist at the end of treatment.

Healthcare professionals and caregivers should wear disposable gloves when handling the blister or capsule. Gloves should then be removed carefully to prevent skin exposure, placed in a sealable plastic polyethylene bag and disposed of in accordance with local requirements. Hands should then be washed thoroughly with soap and water. Women who are pregnant or suspect they may be pregnant should not handle the blister or capsule.

15. PRESENTATION

Pomalid 1 mg	: Box, 3 blisters @ 7 capsules	Reg. No.:
Pomalid 2 mg	: Box, 3 blisters @ 7 capsules	Reg. No.:
Pomalid 3 mg	: Box, 3 blisters @ 7 capsules	Reg. No.:
Pomalid 4 mg	: Box, 3 blisters @ 7 capsules	Reg. No.:

HARUS DENGAN RESEP DOKTER

Manufactured by :
Synthon Hispania S.L., Sant Boi de Llobregat – Spain

Imported by :
PT. Pratapa Nirmala, Tangerang - Indonesia

Informasi Produk Untuk Pasien

Pomalid 1 mg capsules
Pomalid 2 mg capsules
Pomalid 3 mg capsules
Pomalid 4 mg capsules
Pomalidomide

Baca seluruh leaflet ini dengan seksama sebelum mulai penggunaan obat ini.

- Simpanlah leaflet ini, agar dapat dibaca kembali jika diperlukan.
- Jika ada pertanyaan lebih lanjut, hubungi dokter atau apoteker.
- Obat ini diresepkan untuk Anda. Jangan diberikan kepada orang lain. Hal tersebut dikarenakan obat ini dapat saja membahayakan orang lain, walaupun gejala yang dialami sama dengan Anda.
- Jika salah satu efek samping dirasakan menjadi serius atau jika terjadi efek samping apapun yang tidak tercantum di leaflet ini, mohon sampaikan kepada dokter atau apoteker.

Pada leaflet ini terdapat informasi berikut:

1. Apakah POMALID dan kegunaannya
2. Hal yang harus diperhatikan sebelum pemberian POMALID
3. Bagaimana cara POMALID diberikan
4. Kemungkinan efek samping yang terjadi
5. Bagaimana cara menyimpan POMALID
6. Informasi lainnya

1. Apakah Pomalid dan kegunaannya

Pomalid mengandung zat aktif 'pomalidomide'. Obat ini terkait dengan Thalidomide dan termasuk dalam kategori obat yang mempengaruhi sistem imun (pertahanan alami tubuh)

Pomalid diberikan untuk orang dewasa dengan tipe kanker yang disebut "multiple myeloma".

Pomalid diberikan bersamaan dengan:

- **2 obat lainnya** – yang disebut 'bortezomib' (jenis obat kemoterapi) dan 'dexamethasone' (jenis obat anti-inflamasi) pada pasien yang sudah menjalani setidaknya 1 terapi yang lain – termasuk lenalidomide.

Atau

- **1 obat lainnya** – yang disebut 'dexamethasone' pada pasien yang myelomanya menjadi semakin memburuk, walaupun memiliki setidaknya dua pengobatan lain - termasuk lenalidomide dan bortezomib.

Apakah multiple myeloma

Multiple myeloma adalah jenis kanker yang mempengaruhi jenis sel darah putih tertentu (disebut 'sel plasma'). Sel-sel ini tumbuh di luar kendali dan menumpuk di sumsum tulang. Ini mengakibatkan kerusakan pada tulang dan ginjal.

Multiple myeloma umumnya tidak dapat disembuhkan. Namun, pengobatan dapat mengurangi tanda dan gejala penyakit, atau menghilangkannya untuk jangka waktu tertentu. Ketika ini terjadi, itu disebut 'respons'.

Bagaimana Pomalid bekerja

Pomalid bekerja pada sejumlah cara berbeda:

- dengan menghentikan perkembangan sel mieloma
- dengan merangsang sistem kekebalan untuk menyerang sel kanker
- dengan menghentikan pembentukan pembuluh darah yang memasok sel kanker.

Manfaat menggunakan Pomalid dengan bortezomib dan deksametason

Ketika Pomalid digunakan bersamaan dengan bortezomib dan deksametason, pada pasien yang telah menjalani setidaknya satu pengobatan lain, ini dapat menghentikan multiple myeloma menjadi lebih buruk:

- Rata-rata, Pomalid ketika digunakan bersamaan dengan bortezomib dan deksametason menghentikan multiple myeloma untuk kembali hingga 11 bulan - dibandingkan dengan 7 bulan untuk pasien yang hanya menggunakan bortezomib dan deksametason.

Manfaat menggunakan Pomalid dengan deksametason

Ketika Pomalid digunakan bersamaan dengan deksametason, pada pasien yang telah menjalani setidaknya dua pengobatan lain, ini dapat menghentikan multiple myeloma menjadi lebih buruk:

- Rata-rata, Pomalid bila digunakan bersamaan dengan deksametason menghentikan multiple myeloma agar tidak kembali hingga 4 bulan - dibandingkan dengan 2 bulan untuk pasien yang hanya menggunakan deksametason.

2. Hal yang harus diperhatikan sebelum pemberian Pomalid

Pomalid tidak boleh diberikan jika:

- jika pasien sedang hamil atau kemungkinan hamil atau berencana untuk hamil - ini karena Pomalid diperkirakan berbahaya bagi bayi yang belum lahir. (Pria dan wanita yang meminum obat ini harus membaca bagian "Kehamilan, kontrasepsi dan menyusui - informasi untuk wanita dan pria" di bawah).
- jika pasien kemungkinan bisa hamil, kecuali pasien mengikuti semua langkah yang diperlukan untuk mencegah pasien hamil (lihat "Kehamilan, kontrasepsi dan menyusui - informasi untuk wanita dan pria"). Jika pasien kemungkinan bisa hamil, dokter akan mencatat pada setiap resep bahwa tindakan yang diperlukan telah diambil dan akan memberi pasien konfirmasi ini.
- Jika pasien alergi terhadap pomalidomid atau bahan lain dari obat ini (tercantum di bagian 6). Jika pasien merasa alergi, mintalah nasihat dokter.

Jika pasien tidak yakin apakah salah satu kondisi di atas dapat terjadi pada pasien, bicaralah dengan dokter, apoteker atau perawat sebelum meminum Pomalid.

Peringatan dan perhatian

Bicaralah dengan dokter, apoteker atau perawat sebelum meminum Pomalid jika:

- Pasien pernah mengalami pembekuan darah di masa lalu. Selama pengobatan dengan Pomalid pasien memiliki peningkatan risiko pembekuan darah di pembuluh darah dan arteri. Dokter mungkin akan menyarankan pasien mengambil pengobatan tambahan (mis. Warfarin) atau menurunkan dosis Pomalid untuk mengurangi kemungkinan pasien mengalami bekuan darah.
- Pasien pernah mengalami reaksi alergi seperti ruam, gatal, bengkak, pusing atau kesulitan bernapas saat meminum obat terkait yang disebut 'thalidomide' atau 'lenalidomide'.
- Pasien pernah mengalami serangan jantung, gagal jantung, kesulitan bernapas, atau jika pasien merokok, memiliki tekanan darah tinggi atau kadar kolesterol tinggi.
- Pasien memiliki jumlah tumor yang tinggi di seluruh tubuh, termasuk pada sumsum tulang. Ini dapat menyebabkan kondisi di mana tumor rusak dan menyebabkan tingkat bahan kimia yang tidak biasa dalam darah yang dapat menyebabkan gagal ginjal. Pasien mungkin juga mengalami detak jantung

yang tidak merata. Kondisi ini disebut sindrom lisis tumor.

- Pasien sedang mengalami atau pernah mengalami neuropati (kerusakan saraf yang menyebabkan kesemutan atau nyeri di tangan atau kaki).
- Pasien sedang mengalami atau pernah mengalami infeksi hepatitis B. Pengobatan dengan Pomalid dapat menyebabkan virus hepatitis B menjadi aktif kembali pada pasien yang membawa virus tersebut, mengakibatkan infeksi kambuh. Dokter harus memeriksa apakah pasien pernah memiliki infeksi hepatitis B.
- Pasien sedang mengalami atau pernah mengalami kombinasi gejala berikut ini: ruam pada wajah atau ruam yang meluas, kulit merah, demam tinggi, gejala mirip flu, pembesaran kelenjar getah bening (tanda reaksi kulit yang parah yang disebut Reaksi Obat dengan Eosinofilia dan Gejala Sistemik (DRESS) atau sindrom hipersensitivitas obat, Toxic Epidermal Necrolysis (TEN) atau Sindrom Stevens-Johnson (SJS). Lihat juga bagian 4 “Kemungkinan efek samping”).

Penting untuk dicatat bahwa pasien dengan multiple myeloma yang diobati dengan pomalidomide dapat mengembangkan jenis kanker tambahan, oleh karena itu dokter harus berhati-hati dalam mengevaluasi manfaat dan risiko ketika pasien diresepkan obat ini.

Di akhir pengobatan, pasien harus mengembalikan semua kapsul yang tidak terpakai ke apoteker.

Kehamilan, kontrasepsi dan menyusui - informasi untuk wanita dan pria

Berikut ini harus diikuti sebagaimana dinyatakan dalam Program Pencegahan Kehamilan Pomalid.

Wanita yang memakai Pomalid tidak boleh hamil dan pria yang memakai pomalid tidak boleh menghamili wanita. Ini karena pomalidomid diperkirakan membahayakan bayi yang belum lahir. Pria dan wanita harus menggunakan metode kontrasepsi yang efektif saat meminum obat ini.

Wanita

Jangan meminum Pomalid jika pasien sedang hamil, jika pasien kemungkinan hamil atau jika berencana untuk hamil. Ini karena obat ini diperkirakan bisa membahayakan bayi yang belum lahir. Sebelum memulai pengobatan, pasien harus memberi tahu dokter jika pasien bisa hamil, bahkan jika pasien berpikir tidak mungkin hamil.

Jika pasien bisa hamil:

- Pasien harus menggunakan metode kontrasepsi yang efektif setidaknya selama 4 minggu sebelum memulai pengobatan, selama menjalani pengobatan, dan hingga setidaknya 4 minggu setelah menghentikan pengobatan. Bicarakan dengan dokter tentang metode kontrasepsi terbaik untuk pasien.
- Setiap kali dokter menulis resep, dokter akan memastikan apakah pasien memahami tindakan yang diperlukan yang harus diambil untuk mencegah kehamilan.
- Dokter akan mengatur tes kehamilan sebelum pengobatan, setidaknya setiap 4 minggu selama pengobatan, dan setidaknya 4 minggu setelah pengobatan selesai.

Jika pasien hamil meskipun telah dilakukan tindakan pencegahan:

- Pasien harus segera menghentikan pengobatan dan berbicara dengan dokter segera.

Menyusui

Tidak diketahui apakah Pomalid masuk ke dalam ASI. Beri tahu dokter jika pasien sedang menyusui atau berniat menyusui. Dokter akan memberi tahu apakah pasien harus berhenti atau melanjutkan menyusui.

Men

Pomalid masuk ke dalam air mani manusia.

- Jika pasangan dari pasien hamil atau bisa hamil, pasien harus menggunakan kondom selama

menjalani pengobatan dan selama 7 hari setelah akhir pengobatan.

- Jika pasangan dari pasien hamil saat pasien menggunakan Pomalid, segera beritahu dokter. Pasangan dari pasien juga harus segera memberi tahu dokternya.

Pasien tidak boleh menyumbangkan air mani atau sperma selama pengobatan dan selama 7 hari setelah akhir pengobatan.

Donor darah dan tes darah

Pasien sebaiknya tidak mendonorkan darah selama pengobatan dan selama 7 hari setelah pengobatan berakhir. Sebelum dan selama pengobatan dengan Pomalid, pasien akan menjalani tes darah secara teratur. Ini karena obat ini dapat menyebabkan penurunan jumlah sel darah yang membantu melawan infeksi (sel darah putih) dan jumlah sel yang membantu menghentikan pendarahan (trombosit).

Dokter harus meminta pasien untuk menjalani tes darah:

- sebelum pengobatan
- setiap minggu selama 8 minggu pertama pengobatan
- setidaknya setiap bulan setelah itu selama pasien meminum Pomalid.

Sebagai hasil dari tes ini, dokter mungkin mengubah dosis Pomalid atau menghentikan pengobatan. Dokter juga dapat mengubah dosis atau menghentikan obat karena kesehatan pasien secara umum.

Anak-anak dan remaja

Pomalid tidak direkomendasikan untuk digunakan pada anak-anak dan remaja di bawah 18 tahun.

Obat lain dan Pomalid

Beri tahu dokter, apoteker atau perawat jika pasien sedang minum, baru saja minum atau mungkin minum obat lain. Ini karena Pomalid dapat mempengaruhi cara kerja beberapa obat lain. Juga beberapa obat lain dapat mempengaruhi cara kerja Pomalid.

Secara khusus, beri tahu dokter, apoteker atau perawat sebelum meminum Pomalid jika pasien menggunakan salah satu obat berikut:

- beberapa antijamur seperti ketaconazole
- beberapa antibiotik (misalnya ciprofloxacin, enoxacin)
- antidepresan tertentu seperti fluvoxamine.

Mengemudi dan menggunakan mesin

Beberapa orang merasa lelah, pusing, pingsan, bingung atau kurang waspada saat mengonsumsi Pomalid. Jika ini terjadi, pasien dilarang mengemudi atau mengoperasikan alat atau mesin.

3. Bagaimana cara Pomalid diberikan

Pomalid harus diberikan oleh dokter yang berpengalaman dalam menangani multiple myeloma.

Selalu minum obat persis seperti yang diberitahukan dokter. Periksa dengan dokter, apoteker atau perawat jika pasien tidak yakin.

Kapan menggunakan Pomalid bersamaan dengan obat lain

Pomalid bersamaan dengan bortezomib dan deksametason

- Lihat brosur/leaflet produk bortezomib dan deksametason untuk informasi lebih lanjut tentang penggunaan dan efeknya.

- Pomalid, bortezomib, dan deksametason diminum dalam 'siklus pengobatan'. Setiap siklus berlangsung selama 21 hari (3 minggu).
- Lihat bagan di bawah untuk melihat apa yang harus dilakukan setiap hari dalam siklus 3 minggu:
 - Setiap hari, lihat grafik dan temukan hari yang tepat untuk melihat obat mana yang harus diminum.
 - Beberapa hari, pasien minum semua 3 obat, beberapa hari hanya 2 atau 1 obat, dan beberapa hari tidak sama sekali.

POM: Pomalid; **BOR:** Bortezomib; **DEX:** Deksametason

Siklus 1 ke 8

Hari	Nama Obat		
	POM	BOR	DEX
1	√	√	√
2	√		√
3	√		
4	√	√	√
5	√		√
6	√		
7	√		
8	√	√	√
9	√		√
10	√		
11	√	√	√
12	√		√
13	√		
14	√		
15			
16			
17			
18			
19			
20			
21			

Siklus 9 dan seterusnya

Hari	Nama Obat		
	POM	BOR	DEX
1	√	√	√
2	√		√
3	√		
4	√		
5	√		
6	√		
7	√		
8	√	√	√
9	√		√
10	√		
11	√		
12	√		
13	√		
14	√		
15			
16			
17			
18			
19			
20			
21			

- Setelah menyelesaikan setiap siklus 3 minggu, mulailah yang baru.

Pomalid hanya dengan deksametason

- Lihat brosur/leaflet produk deksametason untuk informasi lebih lanjut tentang penggunaan dan efeknya.
- Pomalid dan deksametason diminum dalam 'siklus pengobatan'. Setiap siklus berlangsung 28 hari (4 minggu).
- Lihat bagan di bawah untuk mengetahui apa yang harus dilakukan setiap hari dalam siklus 4 minggu:
 - Setiap hari, lihat grafik dan temukan hari yang tepat untuk melihat obat mana yang harus diminum.
 - Beberapa hari, pasien minum dua obat, beberapa hari hanya 1 obat, dan beberapa hari tidak sama sekali.

POM: Pomalid; **DEX:** Dexamethasone

Hari	Nama Obat	
	POM	DEX
1	√	√
2	√	
3	√	
4	√	
5	√	
6	√	
7	√	
8	√	√
9	√	
10	√	
11	√	
12	√	
13	√	
14	√	
15	√	√
16	√	
17	√	
18	√	
19	√	
20	√	
21	√	
22		√
23		
24		
25		
26		
27		
28		

- Setelah menyelesaikan setiap siklus 4 minggu, mulailah yang baru.

Berapa banyak Pomalid untuk diminum dengan obat lain

Pomalid bersamaan dengan bortezomib dan deksametason

- Dosis awal Pomalid yang dianjurkan adalah 4 mg per hari.
- Dosis awal bortezomib yang dianjurkan akan ditentukan oleh dokter dan berdasarkan tinggi dan berat badan pasien ($1,3 \text{ mg/m}^2$ luas permukaan tubuh).
- Dosis awal deksametason yang dianjurkan adalah 20 mg per hari. Namun, jika pasien berusia di atas 75, dosis awal yang disarankan adalah 10 mg per hari.

Pomalid hanya dengan deksametason

- Dosis Pomalid yang dianjurkan adalah 4 mg per hari.
- Dosis awal deksametason yang dianjurkan adalah 40 mg per hari. Namun, jika pasien berusia di atas 75, dosis awal yang disarankan adalah 20 mg per hari.

Berapa banyak yang tidak boleh diambil dengan obat-obatan lain

Pomalid bersamaan dengan bortezomib dan deksametason

- Dosis awal Pomalid yang dianjurkan adalah 4 mg per hari.
- Dosis awal bortezomib yang dianjurkan akan ditentukan oleh dokter dan berdasarkan tinggi dan berat badan pasien (1,3 mg/m² luas permukaan tubuh).
- Dosis awal deksametason yang dianjurkan adalah 20 mg per hari. Namun, jika pasien berusia di atas 75 tahun, dosis awal yang dianjurkan adalah 10 mg per hari.

Pomalid dengan deksametason saja

- Dosis Pomalid yang dianjurkan adalah 4 mg per hari.
- Dosis awal deksametason yang dianjurkan adalah 40 mg per hari. Namun, jika pasien berusia di atas 75, dosis awal yang disarankan adalah 20 mg per hari.

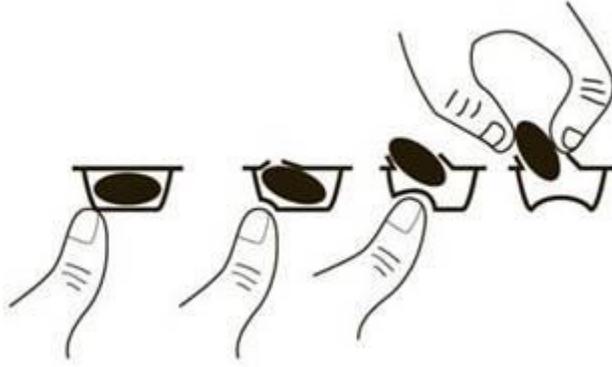
Dokter mungkin perlu mengurangi dosis Pomalid, bortezomib atau deksametason atau menghentikan satu atau lebih dari obat-obatan ini berdasarkan hasil tes darah pasien, kondisi umum pasien, obat-obatan lain yang mungkin pasien gunakan (misalnya ciprofloxacin, enoxacin dan fluvoxamine) dan jika pasien mengalami efek samping (terutama ruam atau bengkak) akibat pengobatan.

Jika pasien menderita masalah hati atau ginjal, dokter akan memeriksa kondisi pasien dengan sangat hati-hati saat pasien diberikan obat ini.

Bagaimana cara meminum Pomalid

- Jangan merusak, membuka atau mengunyah kapsul. Jika bubuk dari kapsul Pomalid yang rusak mengenai kulit, segera cuci kulit dan bersihkan dengan sabun dan air.
- Telan kapsul utuh, sebaiknya dengan air.
- Pasien bisa meminum kapsul dengan atau tanpa makanan.
- Minum Pomalid pada waktu yang hampir sama setiap hari.
- Profesional kesehatan, pengasuh, dan anggota keluarga harus memakai sarung tangan sekali pakai saat menangani blister atau kapsul. Sarung tangan kemudian harus dilepas dengan hati-hati untuk mencegah paparan kulit, ditempatkan dalam kantong plastik polietilen yang dapat ditutup rapat dan dibuang sesuai dengan persyaratan setempat. Tangan kemudian harus dicuci bersih dengan sabun dan air. Wanita yang sedang hamil atau diduga mungkin hamil tidak boleh menangani blister atau kapsul.

Untuk mengeluarkan kapsul dari blister, tekan hanya salah satu ujung kapsul untuk mendorongnya melalui foil. Jangan menekan bagian tengah kapsul karena dapat menyebabkannya pecah.



Dokter akan memberi tahu pasien tentang bagaimana dan kapan meminum Pomalid jika pasien memiliki masalah ginjal dan sedang menerima pengobatan dialisis.

Durasi pengobatan dengan Pomalid

Pasien harus melanjutkan siklus pengobatan sampai dokter meminta pasien untuk berhenti.

Jika pasien meminum lebih banyak Pomalid dari yang seharusnya

Jika pasien meminum Pomalid lebih dari yang seharusnya, bicarakan dengan dokter atau segera pergi ke rumah sakit. Bawalah paket obatnya.

Jika pasien lupa meminum Pomalid

Jika pasien lupa meminum Pomalid pada hari yang seharusnya, minum kapsul berikutnya seperti biasa pada hari berikutnya. Jangan menambah jumlah kapsul yang diminum untuk menebus karena tidak meminum Pomalid pada hari sebelumnya.

Jika pasien memiliki pertanyaan lebih lanjut tentang penggunaan obat ini, tanyakan kepada dokter atau apoteker.

4. Kemungkinan efek samping yang terjadi

Seperti semua obat, obat ini bisa menimbulkan efek samping, walaupun tidak semua orang mengalaminya.

Efek samping yang serius

Berhentilah meminum Pomalid dan temui dokter segera jika terjadi salah satu dari efek samping serius berikut - pasien mungkin memerlukan perawatan medis yang mendesak:

- Demam, menggigil, sakit tenggorokan, batuk, sariawan, atau tanda infeksi lainnya (karena sel darah putih berkurang, yang melawan infeksi).
- Perdarahan atau memar tanpa sebab, termasuk mimisan dan pendarahan dari usus atau perut (karena efek pada sel darah yang disebut 'platelet').
- Nafas cepat, denyut nadi cepat, demam dan menggigil, sangat sedikit buang air kecil hingga tidak ada, mual dan muntah, kebingungan, tidak sadar (karena infeksi darah yang disebut sepsis atau syok septik).
- Diare yang parah, persisten atau berdarah (mungkin disertai sakit perut atau demam) yang

disebabkan oleh bakteri yang disebut *Clostridium difficile*.

- Nyeri dada, atau nyeri dan bengkak pada tungkai, terutama di tungkai bawah atau betis (disebabkan oleh pembekuan darah).
- Sesak napas (karena infeksi dada yang serius, radang paru, gagal jantung atau pembekuan darah).
- Pembengkakan pada wajah, bibir, lidah, dan tenggorokan, yang dapat menyebabkan kesulitan bernapas (karena jenis reaksi alergi yang serius yang disebut angioedema).
- Jenis kanker kulit tertentu (karsinoma sel skuamosa dan karsinoma sel basal), yang dapat menyebabkan perubahan pada penampilan kulit atau pertumbuhan pada kulit pasien. Jika terjadi perubahan pada kulit pasien saat meminum Pomalid, beritahu dokter sesegera mungkin.
- Infeksi hepatitis B yang berulang, yang dapat menyebabkan kulit dan mata menguning, urin berwarna coklat tua, nyeri perut sebelah kanan, demam dan rasa mual atau sakit. Beri tahu dokter segera jika terjadi salah satu dari gejala ini.
- Ruam yang meluas, suhu tubuh tinggi, pembesaran kelenjar getah bening, dan keterlibatan organ tubuh lainnya (Reaksi Obat dengan Eosinofilia dan Gejala Sistemik yang juga dikenal sebagai DRESS atau sindrom hipersensitivitas obat, Toxic Epidermal Necrolysis atau Stevens-Johnson Syndrome). Hentikan penggunaan pomalidomid jika pasien mengalami gejala ini dan hubungi dokter atau segera dapatkan bantuan medis. Lihat juga bagian 2.

Berhentilah meminum Pomalid dan temui dokter segera jika terjadi salah satu efek samping serius yang tercantum di atas - pasien mungkin memerlukan perawatan medis segera.

Efek samping lainnya

Sangat umum (dapat mempengaruhi lebih dari 1 dari 10 orang):

- Sesak napas (dispnea).
- Infeksi paru-paru (pneumonia dan bronkitis).
- Infeksi pada hidung, sinus, dan tenggorokan, yang disebabkan oleh bakteri atau virus.
- Sel darah merah rendah, yang dapat menyebabkan anemia yang menyebabkan kelelahan dan kelemahan.
- Rendahnya kadar kalium dalam darah (hipokalemia), yang dapat menyebabkan kelemahan, kram otot, nyeri otot, jantung berdebar, kesemutan atau mati rasa, dispnea, perubahan suasana hati.
- Kadar gula darah tinggi.
- Kehilangan selera makan.
- Sembelit, diare atau mual.
- Sakit (muntah).
- Kekurangan energi.
- Kesulitan untuk tertidur atau tertidur.
- Pusing, tremor.
- Kejang otot, kelemahan otot.
- Nyeri tulang, sakit punggung.
- Mati rasa, kesemutan atau sensasi terbakar pada kulit, nyeri di tangan atau kaki (neuropati sensoris perifer).
- Pembengkakan pada tubuh, termasuk pembengkakan pada lengan atau tungkai.

Umum (dapat memengaruhi hingga 1 dari 10 orang):

- Jatuh.
- Pendarahan di dalam tengkorak.
- Penurunan kemampuan untuk bergerak atau merasakan (sensasi) di tangan, lengan, kaki, dan tungkai karena kerusakan saraf (neuropati sensorimotor perifer).
- Mati rasa, gatal, dan rasa kesemutan pada kulit (paresthesia).

- Perasaan berputar-putar di kepala, sehingga sulit untuk berdiri dan bergerak secara normal.
- Pembengkakan yang disebabkan oleh cairan.
- Biduran (urtikaria).
- Ruam.
- Kulit yang gatal.
- Herpes zoster.
- Detak jantung yang cepat dan tidak teratur (fibrilasi atrium).
- Serangan jantung (nyeri dada menjalar ke lengan, leher, rahang, berkeringat dan sesak, merasa mual atau muntah).
- Nyeri dada, infeksi dada.
- Meningkatnya tekanan darah.
- Penurunan jumlah sel darah merah dan putih serta trombosit pada saat yang bersamaan (pansitopenia), yang akan membuat pasien lebih rentan mengalami pendarahan dan memar. Pasien mungkin merasa lelah dan lemah, dan sesak napas dan pasien juga lebih mungkin terkena infeksi.
- Penurunan jumlah limfosit (salah satu jenis sel darah putih) yang sering disebabkan oleh infeksi (limfopenia).
- Tingkat magnesium dalam darah yang rendah (hipomagnesemia), yang dapat menyebabkan kelelahan, kelemahan umum, kram otot, mudah tersinggung dan dapat menyebabkan rendahnya kadar kalsium dalam darah (hipokalsemia), yang dapat menyebabkan mati rasa dan, atau kesemutan pada tangan, kaki, atau bibir, kram otot, kelemahan otot, sakit kepala ringan, kebingungan.
- Tingkat fosfat dalam darah yang rendah (hipofosfatemia), yang dapat menyebabkan kelemahan otot dan iritabilitas atau kebingungan.
- Tingkat kalsium darah yang tinggi (hiperkalsemia), yang dapat menyebabkan refleks melambat dan kelemahan otot rangka.
- Kadar kalium darah tinggi, yang dapat menyebabkan irama jantung tidak normal.
- Rendahnya kadar natrium dalam darah, yang dapat menyebabkan kelelahan dan kebingungan, otot berkedut, kejang (kejang epilepsi), atau koma.
- Kadar asam urat dalam darah yang tinggi, yang dapat menyebabkan sejenis artritis yang disebut gout.
- Tekanan darah rendah, yang bisa menyebabkan pusing atau pingsan.
- Gejala mirip flu (influenza).
- Sakit atau mulut kering.
- Perubahan dalam hal rasa.
- Sakit perut, perut bengkak.
- Merasa bingung.
- Merasa down (mood depresi).
- Kehilangan kesadaran, pingsan.
- Mata berkabut (katarak).
- Kerusakan ginjal.
- Ketidakmampuan untuk buang air kecil.
- Tes hati abnormal.
- Infeksi saluran kemih, yang dapat menyebabkan sensasi terbakar saat buang air kecil, atau kebutuhan untuk buang air kecil lebih sering.
- Nyeri di panggul.
- Penurunan berat badan.

Jarang (dapat mempengaruhi hingga 1 dari 100 orang):

- Stroke.
- Radang hati (hepatitis) yang dapat menyebabkan kulit gatal, kulit dan bagian putih mata menguning

- (penyakit kuning), feses berwarna pucat, urine berwarna gelap dan nyeri perut.
- Kerusakan sel kanker yang mengakibatkan pelepasan senyawa toksik ke dalam aliran darah (sindrom lisis tumor). Ini bisa menyebabkan masalah ginjal.
 - Kelenjar tiroid kurang aktif, yang dapat menyebabkan gejala seperti kelelahan, lesu, kelemahan otot, detak jantung lambat, penambahan berat badan.

Pelaporan efek samping

Jika Anda mendapatkan efek samping diatas, hubungi dokter, bidan atau perawat Anda. Hal yang sama berlaku untuk efek samping yang tidak tercantum dalam leaflet ini. Anda juga dapat melaporkan efek samping tersebut ke sistem pelaporan nasional dibawah ini. Dengan melaporkan efek samping, Anda dapat membantu memberikan informasi lebih lanjut tentang keamanan obat ini.

Pusat MESO/Farmakovigilans Nasional

Direktorat Pengawasan Distribusi Produk Terapeutik dan PKRT Badan POM RI Jl. Percetakan Negara 23 Jakarta Pusat, 10560 No Telp: 021-4244 755 ext. 111 Fax: 021-4288 3485

Email: pv-center@pom.go.id dan Indonesia-MESO-BadanPOM@hotmail.com

5. Bagaimana cara menyimpan Pomalid

Jauhkan obat ini dari pandangan dan jangkauan anak-anak.

Jangan gunakan obat ini setelah tanggal kadaluwarsa yang tertera pada blister dan dus setelah EXP.

Jangan gunakan obat ini jika terlihat adanya kerusakan atau tanda-tanda kerusakan pada kemasan obat.

Jangan membuang obat apa pun melalui air limbah atau limbah rumah tangga. Setiap obat yang tidak digunakan harus dikembalikan ke apoteker pada akhir pengobatan. Tindakan ini akan membantu melindungi lingkungan.

Simpan pada suhu dibawah 30⁰C.

6. Informasi lainnya

Zat aktif produk ini adalah pomalidomide.

Bahan lainnya adalah selulose microcrystallin, maltodekstrin dan natrium stearyl fumarate.

Pomalid 1 mg kapsul:

- Tiap kapsul mengandung 1 mg pomalidomide.
- Cangkang kapsul mengandung: gelatin, titanium dioxide (E171), red iron oxide (E172) dan yellow iron oxide (E172).

Pomalid 2 mg kapsul:

- Tiap kapsul mengandung 2 mg pomalidomide.
- Cangkang kapsul mengandung: gelatin, titanium dioxide (E171), red iron oxide (E172) dan yellow iron oxide (E172).

Pomalid 3 mg kapsul:

- Tiap kapsul mengandung 3 mg pomalidomide.
- Cangkang kapsul mengandung: gelatin, titanium dioxide (E171), indigotine (E132), red iron oxide (E172) dan yellow iron oxide (E172).

Pomalid 4 mg kapsul:

- Tiap kapsul mengandung 4 mg pomalidomide.
- Cangkang kapsul mengandung: gelatin, titanium dioxide (E171), indigotine (E132), red iron oxide (E172), yellow iron oxide (E172) dan erythrosine (E127).

Kemasan

Pomalid 1 mg	: Dus, 3 blister @ 7 kapsul	Reg. No.:
Pomalid 2 mg	: Dus, 3 blister @ 7 kapsul	Reg. No.:
Pomalid 3 mg	: Dus, 3 blister @ 7 kapsul	Reg. No.:
Pomalid 4 mg	: Dus, 3 blister @ 7 kapsul	Reg. No.:

HARUS DENGAN RESEP DOKTER

Diproduksi oleh:

Synthon Hispania S.L., Sant Boi de Llobregat – Spanyol

Diimpor oleh:

PT. Pratapa Nirmala, Tangerang - Indonesia